

SENNELEYS PARK, 25 OCTOBER 2008 – TRAVEL & DIRECTION INFORMATION

Refreshments are on sale at the Park at very reasonable prices.

TRAVEL DIRECTIONS TO THE PARKING AT SENNELEYS PARK

Please note that if the Car Park is full, there is an overflow car park at Hillcrest School, Stonehouse Lane. This car park is only five minutes away from the course.

From the South West & North West

- 1) From the M5 come off at Junction 2
- 2) Take the A4123 towards the Birmingham City Centre (Wolverhampton Road.)
- 3) At major junction with the A456 (Hagley Road) go straight across, continuing on the Wolverhampton Road to next roundabout.
- 4) Continue straight across roundabout, into West Boulevard (Dual Carriageway)
- 5) At the third roundabout turn right into Stonehouse Lane.
- 6) Take the first turning left into Mill Lane
- 7) After approximately 20 to 30 metres you will find the entrance to Senneleys Park and car parking on your right hand side.

From the North East & City Centre

- 1) Come off the M6 at Junction 6 (Spaghetti Junction) onto the Aston Express Way A38M into Birmingham City Centre.
- 2) From the City Centre follow the signs for the A38 (South West), which will lead to the Bristol Road A38. Continue on this Road.
- 3) Pass Birmingham University on your right hand side and later the Royal Orthopaedic Hospital on your left.
- 4) Soon after this turn right into Bell Lane (B4121), continue to roundabout.
- 5) At roundabout turn into Bell Hill (Dual Carriageway), still B4121, this leads into Shenley Lane.
- 6) Straight across next roundabout into Barnes Hill B4121
- 7) To the next roundabout, turning left into Stonehouse Lane.
- 8) Take the first turning left into Mill Lane.
- 9) After approximately 20 to 30 metres you will find the entrance to Senneleys Park and car parking on your right hand side.

From the South East / London

- 1) From M40 onto the M42 towards the South West / Bromsgrove.
- 2) Turn off the M42 at Junction 2 for Birmingham City Centre A441.
- 3) At 5th roundabout turn left onto the B4121 (Middleton Hall Road).
- 4) Middleton Hall Road becomes Bunbury Road and then Church Road, still B4121.
- 5) At major junction of Church Road and the Bristol Road (A38) go straight across into Bell Lane and continue to roundabout.
- 6) At roundabout turn into Bell Hill (Dual Carriageway), still B4121, this leads into Shenley Lane.
- 7) Straight across next roundabout into Barnes Hill B4121.
- 8) To the next roundabout, turning left into Stonehouse Lane.
- 9) Take the first turning left into Mill Lane.
- 10) After approximately 20 to 30 metres you will find the entrance to Senneleys Park and car parking on your right hand side.

TRAVELLING BY BUS ?

We suggest bus route No. 21 which runs from the centre of Birmingham to Bartley Green. You can catch the bus by the International Convention Centre in Broad Street. Allow 40 to 50 minutes for journey time **and** ask for Senneleys Park. The bus route approaches the park via Weoley Green; Alight at **Cromwell Lane** for the nearest point to the park. Frequency is approx every 15-20 minutes.

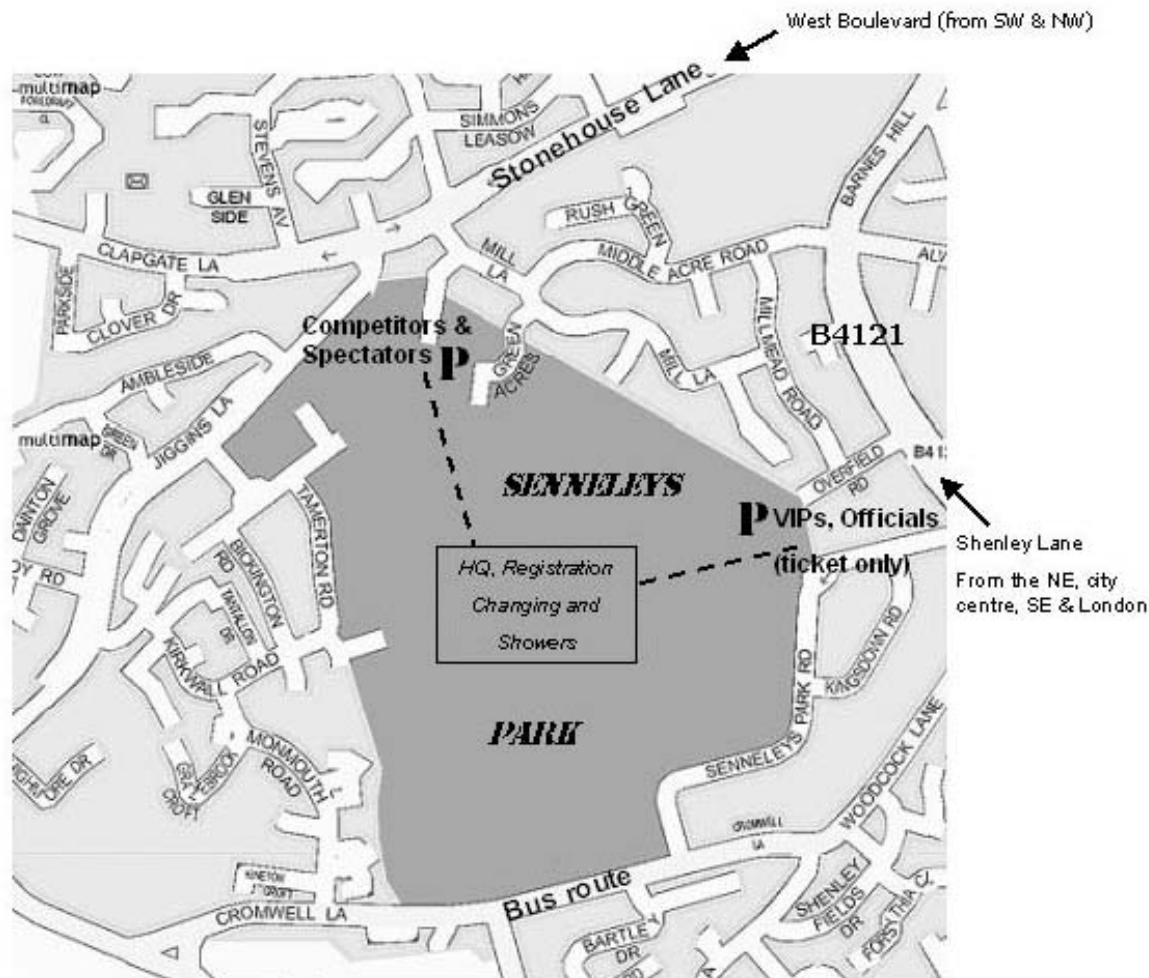
Further details and fare prices from www.travelwm.co.uk

ARRIVING AT BIRMINGHAM INTERNATIONAL AIRPORT ?

We recommend you take a taxi from the airport and direct the driver to the **Stonehouse Lane/ Mill Lane** side of **Senneleys Park, Bartley Green, Birmingham**

We wish you an enjoyable and successful day in Birmingham. – The Organisers

MAP OF SENNELEYS PARK AND THE SURROUNDING AREA



Timetable of races

| | | | |
|---------|----------|--------|-------------------------|
| Race 1 | 11:30hrs | 5.0km | U17 Men (15 & 16 yrs) |
| Race 2 | 11:55hrs | 4.0km | U17 Girls (15 & 16 yrs) |
| Race 2 | 11:55hrs | 4.0km | JW (U20 as at 31.12.08) |
| Race 3 | 12:20hrs | 3.0km | U15 Boys (13 & 14 yrs) |
| Race 4 | 12:35hrs | 3.0km | U15 Girls (13 & 14 yrs) |
| Race 5 | 12:50hrs | 1.5km | U11 Boys (9 & 10 yrs) |
| Race 6 | 13:05hrs | 1.5km | U11 Girls (9 & 10 yrs) |
| Race 7 | 13:20hrs | 3.0km | U13 Boys (11 & 12 yrs) |
| Race 8 | 13:35hrs | 2.5km | U13 Girls (11 & 12 yrs) |
| Race 9 | 13:55hrs | 6.0km | Senior Women |
| Race 10 | 14:30hrs | 10.0km | JM (U20 as at 31.12.08) |
| Race 10 | 14:30hrs | 10.0km | Senior Men |