

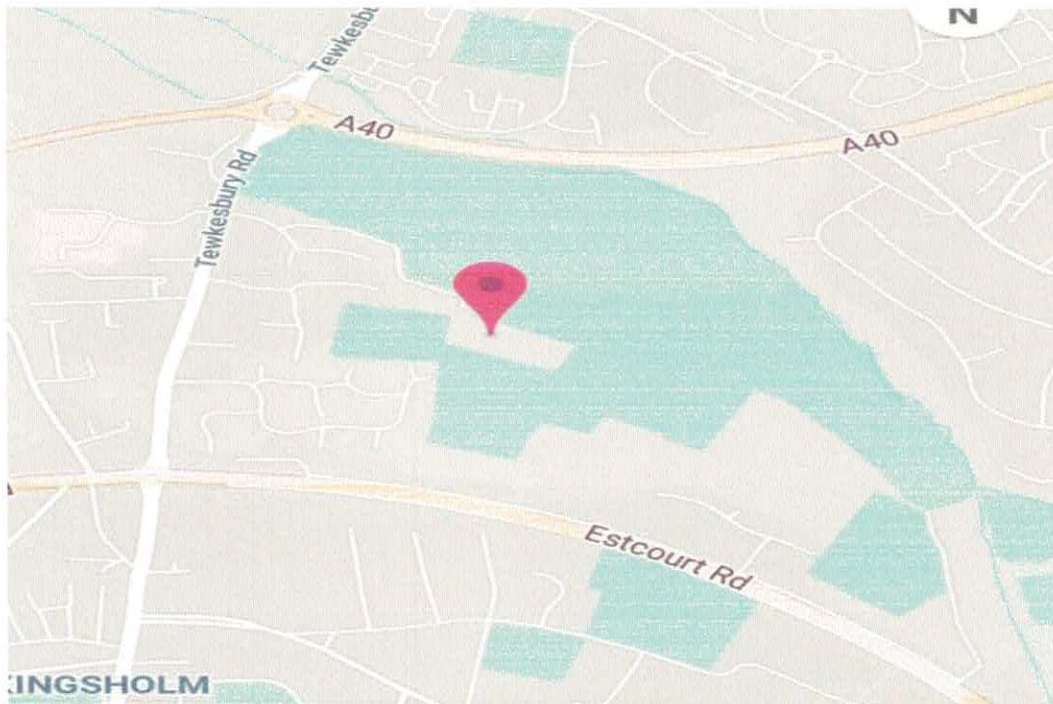
# BIRMINGHAM & DISTRICT INVITATION CROSS COUNTRY LEAGUE

Map & Travel Directions

## Oxstalls Indoor Tennis Centre Plock Court Gloucester

**POSTCODE - GL2 9DW**

\*\*\*\*\*PLEASE ENCOURAGE CAR SHARING AS CAR PARKING SPACE IS LIMITED\*\*\*\*\*



### From M5 Junction 11

1. Take slip road signpost Gloucester (A40). At roundabout take the fourth exit **RIGHT** towards Ross and the Forest of Dean (A40) 2. At the end of the dual carriageway, past the Audi garage on your left, **TURN LEFT** towards Gloucester City

Centre 3. Travel about 200 yards, past the Longford Inn Beefeater pub on your right, and **TURN LEFT** (opposite Winfield Hospital) into **PLOCK COURT**. Travel 20 yards and you will see a signpost for Oxstalls Indoor Tennis Centre. Travel along access road and you will see the Indoor Centre in front of you.

### **From Cheltenham**

Travel along Golden Valley by-pass (A40) towards Gloucester City and at roundabout **TURN RIGHT** (fourth exit) towards Forest of Dean and Ross (A40) and follow the directions as above from point 2.

### **From Stroud – follow directions as M5**

### **From the Forest of Dean**

Take the A40 into Gloucester. At the Over roundabout go **STRAIGHT** on towards Cheltenham. At the next roundabout **TURN RIGHT** towards Gloucester City Centre and follow the direction above from point 3.

### **From Tewkesbury**

Travel along the A38 from Tewkesbury to Gloucester City. At the Longford roundabout go **STRAIGHT ON** towards Gloucester City Centre. And follow the directions above from point 3.

### **From Cirencester**

Travel along the A417 towards Gloucester and Cheltenham. At the Air Balloon Pub on the left **TURN LEFT** towards Gloucester. On dual carriageway, at the bottom of the hill, take the turning **M5 NORTH – WEST MIDLANDS** and then follow directions from M5 Junction 11 as above.

## **VENUE DETAILS**

**For this fixture we will have use of the new cricket pavilion, which is on the field at the end of the tennis courts**

**Registration will take place inside the pavilion**

**Toilets, showers and changing rooms will be available for use in the pavilion**

**Refreshments will be available in the Tennis Centre**

**Tents can be pitched close to the finish**

**BIRMINGHAM & DISTRICT INVITATION CROSS COUNTRY LEAGUE**  
**START TIME - 14:30**  
**COURSE DETAILS**

Plock Court is a 65 acre maintained playing field. The courses used are all flat grassland.

The area around the wildlife area can get flooded. Courses may be adjusted depending on weather/local conditions.

A variety of routes can be used in both directions. The Start/Finish areas may also be adjusted

Course is suitable for spikes but does consist of a small concrete bridge crossing

All courses used here are usually marked/flagged with flexi sheep post fencing and tape

The distance of a complete lap is approximately 2 miles & course is 9.2KM

The course for this race will comprise three laps.

Enquiries to Terry Haines (01452 – 410885)

PARKING .

CLUB TENTS .



REFRESHMENTS .

REGISTRATION / PRESENTATION .  
TOILETS .  
CHANGING ROOMS .