



Reply to:

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Dear team managers/officials

Rugby&Northampton have the pleasure of inviting you to the third Birmingham league fixture of the season on the 12th January 2019.It will be at our usual course Abington Park Northampton, a permit has been applied for from midland counties and a risk assessment for the course has been completed.

Please find attached a map of course being used for the division 1 Birmingham league fixture. The course is fast undulating parkland for those who have not done it before and is suitable for spikes.The course will be 4 laps of the black and red routes as per attached course map.

The race headquarters will be based at the park as the school changing rooms are closed due to building work, thus there are no changing facilities this year. Please collect your numbers from here and give your declarations to league secretary prior to start of race. The post code is NN3 3AD.

The start is at 2.30. Limited Parking is available around the park so please car share as much as possible. Please be mindful and considerate of other park users.

I look forward to seeing you there and feel free to contact me with any queries,

VINCE CARROLL

Rugby & Northampton A.C.

Affiliated to UK Athletics, AAA of England, MCAA, Warwickshire CAA & Northants CAA