



**Midland Counties Cross Country League**  
**Women's Division 2 and Men's Division 3 - Fixture 1**  
**Saturday November 11<sup>th</sup> 2023 1.30pm (Women's Race) & 2.30pm (Men's Race)**  
**Venue Aldridge Airport, Bosty Lane, Aldridge, WS9 0QQ**

**From M6 Northbound**

Leave the motorway at Junction 7 and follow the A34 sign towards Walsall. As the slip road joins the A34 keep in the right hand lane and go straight across at the Give Way sign into the outside lane, you can then turn right at the traffic lights into Chapel Lane. Follow this lane for approximately 2 miles then turn left at the T junction B4154. Go straight across at the traffic lights and turn left at the next T junction. The entrance for Aldridge Airport will be 1/2 mile on the left.

**From M5 Northbound**

Follow the signs for the M6 Southbound (Airport&NEC). Stay in the left-hand lane of the M6(A34 Junction). Then follow as above.

**From M6 Southbound**

Leave the M6 at Junction 10. Turn left follow the Walsall ring road (A454/A4148) for approximately 1.8 miles (signposted Lichfield A461) At the Walsall Arboretum traffic lights turn left (signposted Aldridge A454). At the next roundabout go straight ahead towards Aldridge A454. After approximately 2 miles you will come to a set of traffic lights by the Whitehouse Pub. Turn right the entrance to Aldridge Airport will be 1/3 mile on the right.

**From A5 South/East**

Turn left at Muckley Corner roundabout Walsall A461s follow this road for approximately 5 miles over 3 sets of traffic lights. At the 4th set of (double) traffic lights in Rushall by McDonalds turn left (signposted Aldridge B4154). After 2 miles go straight across the traffic lights by the Whitehouse Pub. The entrance to Aldridge Airport will be 1/3 mile on the right.

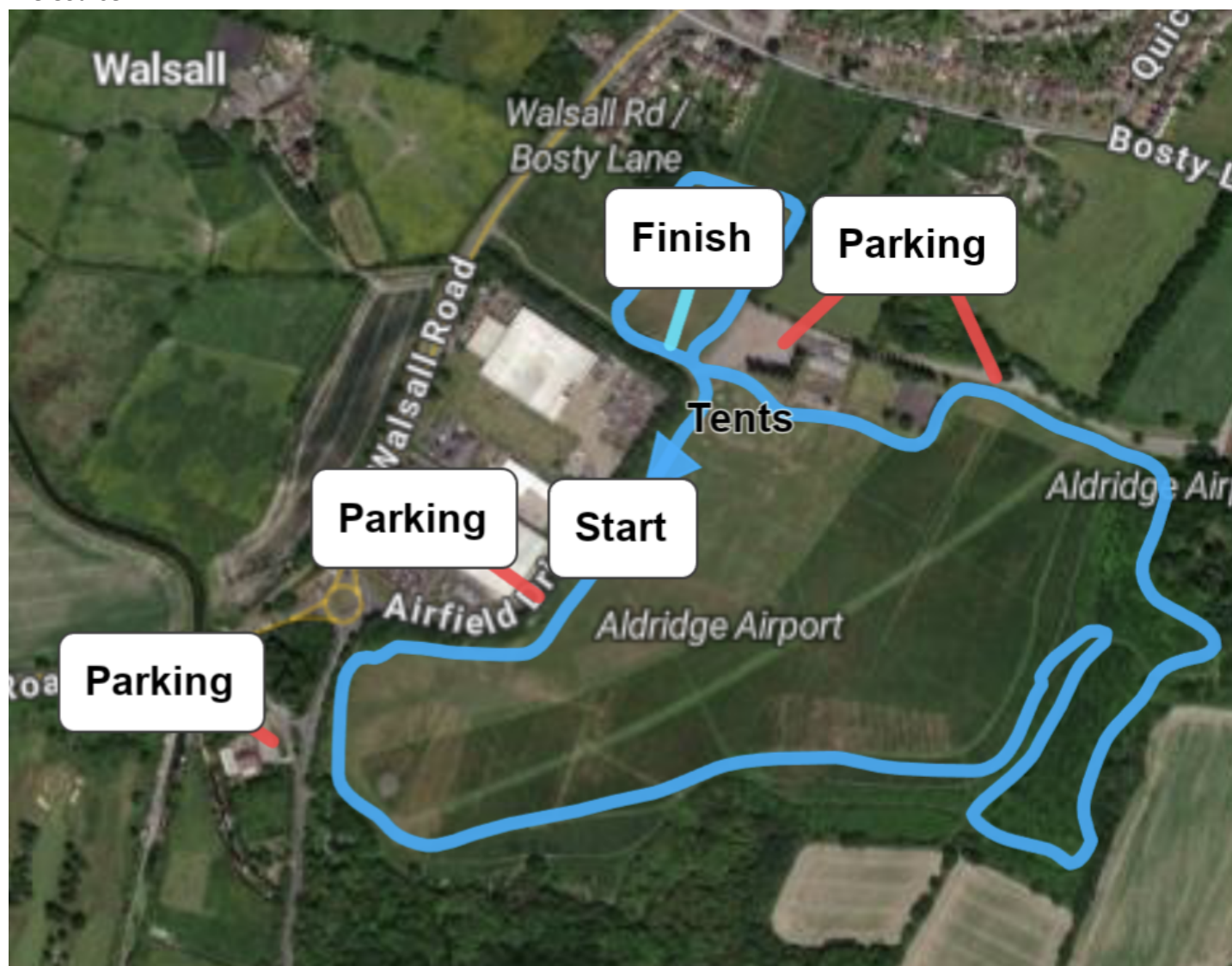
**From A5 West**

Turn right at the A452 go straight through Brownhills up the hill then turn right at the traffic lights towards Walsall A461. At the 3rd set of (double) traffic lights in Rushall by McDonalds turn left (sign posted Aldridge B4154). After 2 miles go straight across the traffic lights by the Whitehouse Pub. The entrance to Aldridge Airport will be 1/3 mile on the right.

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On entering the Airport, drive all the way down to the car park at the bottom. Car parking spaces are limited therefore car sharing is advised. Additional parking areas on the drive itself will be used if the car park is full and there is some street parking available a short distance from the top of the drive – please follow stewards' guidance. Alternative parking can be found on residential roads near to the venue and the Industrial Estate at the bottom of the field. Also Airfield Drive, Walsall

## The Course



The course is anti clockwise, consists of two complete laps of both fields for the Women (approx 3.8 miles) and three for the men (approx 5.8 miles), largely on grass, which can be rather muddy/boggy in some places, with a path through the woods after about 1 mile. This path can be very muddy. The start of the course is downhill, climbing back in the second half with a uphill finish in the smaller field. The course is suitable for spikes. The course start and finish are both adjacent to the car park and you may find a tent unnecessary. Because the car park is Adjacent to the course there are no special area for officials parking.

## Facilities

There are some permanent toilets at the car park with some additional portaloos provided. A food van will be available for refreshments. We do not have the use of the outdoor centre this year.

