

BIRMINGHAM & DISTRICT INVITATION CROSS--COUNTRY LEAGUE.\*\* 1986 \*\*  
Minutes of the 61st. Annual General Meeting, held at the Alexander Stadium,  
Birmingham on Wednesday the 10th. September 1986 at 7:30p.m.

Present.

C. Grant (President), K. Dare, S.A. Wright, E.J. Skidmore, J. Freeman, B. Heatley (Past Presidents) C.B. Franks (Secretary/Treasurer), D. Johnson (Race Referee) P. Lisseman, Mrs. J. Bodsworth, Mrs. M. Johnson (Race Judges), D. Bacon (Solihull & Small Heath), K. Banks, J. Sanderson (Telford), S. Williams (Wenlock), R. Rogers, J. Culshaw, Ms. M. Culshaw (Tamworth) R.J. Lands, J. Love (Northampton Phoenix) J. Thornbury, G. Lock, E. Bradley (Wolverhampton and Bilston), K. Jellyman, J. Heminsley (Rugeley), K. Buckle (Cheltenham), H. Mortimer (Leamington) M. Tunstall, R. Potter (Royal Sutton) P. Gallagher, T. O'Reilly (Centurion R.R.) D. Freer (Droitwich) R. Dunn (Halesowen), K. Westley (West Bromwich), E. Huddleday (Sparkhill), R. Tilling (Birchfield) J. & Murphy, S. Cox, J. Cox (Northbrook), B. Adcocks, P. Miller, P. Ramsden (Coventry Godiva), P. Wright (Stourport), J. Reynolds (Michelin), J. Mountford (City of Stoke), K. Bowley (Worcester) G. Mumford, P. Owen (Sandwell Valley), P. Powell, D. Jones (West Bromwich), J. Kelly (Lozells) P. Jones (Rugby), T. Talbot (Tipton), J. Robinson (Bromsgrove and Redditch), J.S. Andrew, (Rowheath) A. Hemsley, A. Janis, W.F. Cunningham (Masscy Ferguson).

Apologies.

T. Clifford, F. Wood, E. Hutchings, K. Walklate, E. Powner, K. Evans (Past Presidents) D. McNamee (Hon. Auditor), B. Carr (Race Secretary) B. Hussey (Timekeeper), R. Bradley, (Timekeeper) M. Naylor (Royal Sutton Coldfield) G. Heeley (Race Judge), J. Nolan (Newcastle), T. Haines (Gloucester), R. Griffin (Wenlock), B. Ackford (Rugby) E. Trott (Cannock and Stafford)

Minutes of the 60th. A.G.M.

The minutes of this meeting held on Wednesday the 11th. September 1985 had been circulated and were passed as a true record after a proposal by D. Johnson and seconded by P. Lisseman. The Executive minutes were also approved.

Matters Arising.

i) It was noted that the speed with which results appear in "Athletics Weekly" has not improved. Some comment was made as to whether it was worth while sending results to this Publication. However as there was no solid proposal forthcoming the Secretary will continue to send the Leagues Results, and hope that the Magazine would take note of a League that produced three teams in the top six at the 1986 National Championships.

ii) On a proposal from Bill Adcocks, seconded by John Mountford it was agreed to reduce the number of copies of results sent to Clubs to three, One copy of the full results from all four Divisions to be included in this number.

iii) On the progress towards finding a supplier of blanks to make new discs the Executive Committee had not had much success. An appeal was made to delegates to see if they had anyone in their Clubs who may be able to supply the League with blanks in which we could stamp the numbers. These ideally would be 25m.m. to 35m.m. in diameter and be made of Aluminium, preferably with a hole in the centre.

iv) Comment was made that many of the Clubs Team Managers stand on top of the Disc Steward at League Meetings, making this Officials duty much more difficult. Would Clubs ask their Team manager to stand some way back from this important Official, allowing him to do the job with the utmost efficiency.

v) A proposal arising from iv) was that Club should be supplied with a non-scoring envelope. This proposal by Pete Lisseman was defeated.

Accounts.

The Treasurer briefly explained the balance sheet to delegates, it showed that the League had once again made a surplus, this time of £128-57. This figure would have been £256-57 but the numbers for the 1986/87 season had been bought out of the 85/86 balance sheet.

Despite the absence of the Hon. Auditor from the meeting, Dave McNamee had Audited the Accounts and found them to be correct.

Derek Bacon proposed acceptance of the Balance sheet this was seconded by Ken Dare and was duly accepted by the meeting.

Presidents Report.

The President informed the meeting that he had visited Warley Woods for the first fixture in Division One organised by Tipton Harriers. The race was held on a fine dry but cold day. He had the pleasure of starting the races at this fixture. He was very impressed by the organisation of the meeting won by Tony Milsarov and his Club Tipton

For the second fixture he attended a Division three meeting at Apley Park, organised by Wenlock Olympian Society. He was impressed with the old traditional type of Cross-Country course provided by Wenlock, again the organisation by the local Club was excellent. Besides starting the races on a Damp, misty and chilly afternoon he found himself with the additional duty of handing out numbers to Clubs at the beginning. He had a 'really good afternoons Sport in great surroundings' was the way that he summed up his Afternoon at Wenlock.

Sandwell Valley and the fourth Division were his host for the third race held on a dry, bright but cold day. He was most impressed with the way Sandwell Valley organised their first Birmingham League fixture. He thought that the undulating grass-land course was very well marked out and a thoroughly good venue. Cliff found himself acting as Timekeepers recorder for our immediate Past President John Andrews at this fixture.

For the final fixture he found himself at his home course at Halesowen for a Division Two fixture. The course here was a traditional one made more difficult by the frozen conditions, however it was a course with much variety. With an abundance of Officials at this final fixture the President was only called upon to start the races and act as tea-boy for the Officials working out the final result. He did have the pleasure of awarding the winners and runner up plaques to those successful athletes in Division Two.

In concluding his report he thanked all the promoting Clubs for putting on League fixtures and Officials. He congratulated those Clubs that had been successful and commiserated with those who had not been so successful. To all the participating athletes he gave his thanks for providing such good competitive sport. Delegates were then thanked by the President for electing him to Office, giving him a very enjoyable year.

The meeting gave a vote of thanks to Cliff Grant for all the hard work that he has put in for the League not only as President but as a Timekeeper of long standing.

Secretary's Report.

#### Division One.

Tipton Harriers regained the title that they last won six years ago, winning three out of the four League races. Finishing second to Wolverhampton in the second fixture, losing out by just one point. Indeed over the first half of the season it looked as if Wolverhampton would give Tipton a very hard time but their challenge faded slightly after Christmas. This let in the ever consistent Birmingham University who sneaked up on the rails to snatch the runners up spot, for the first time ever picking up the runner-up plaques.

It was a shock to see one of the strongest teams of recent years being relegated to Division two. Staffordshire Moorlands who had a rapid rise through the divisions and then doing so well taking the premier League title on a couple of occasions were relegated with Cannock Chase. Cannock never fielding their undoubted strong team.

On the Individual front Bob Westwood ran very consistently to take the leading athletes plaque with a score of 27 points.

The congratulations of the League go to Tipton Harriers on their superb win in the National Cross-Country Championships at Newcastle. Also to Wolverhampton who finished third and Birchfield who also finished in the top six teams. If you add in Coventrys ninth place and Birmingham University's second place in the Junior Championship, also providing the first individual Chris Sweeney, it all adds up to a very impressive advert for the League.

#### Second Division.

As in Division one Stourport emulated Tipton by winning three out of the four races, finishing runners up to Loughborough in the third fixture. Loughborough Students who apart from the final race, ran very well, gaining the second promotion spot. The students rise through the Divisions has not been as rapid as some thought but they may eventually be a better team for this.

It has been interesting to watch the slow build up of the Stourport Club throughout the past years. They have steadily been moving through the Divisions, consolidating their team as they moved through. The team has improved every year since the inception of the Club, perhaps they have lessons that all Clubs could learn from. Our congratulations to the Stourport Club.

Mark Dalloway is one of their athletes whom we have seen develop over the years, running well to take the leading athletes plaque. A glimpse of what was to come during the summer track season.

#### Third Division.

Relative newcomers Potteries Marathon A.C. continued their rapid rise through the Divisions by winning the Division three title. This was achieved with a promising start in finishing second in the first two races. This was followed up with two excellent performances after the Christmas period, taking them away from the rest of the chasing pack. After a mediocre start Rowheath got their act together to move ahead of Wenlock Olympians in the final fixture, to gain the second promotion spot. It is certainly encouraging to see the birth of new Clubs in the League beginning to make their mark on the sport.

D. Griffin, Stafford, ran exceptionally consistently to win the leading athletes Plaque. Never finishing lower than third in any of the four races.

#### Fourth Division.

Royal Sutton Coldfield finished third in the opening fixture, second in the next and then capped their performance by winning the last two races. This of course was

enough for them to take the Division Championship. Meanwhile a tight competition was being waged for the second spot between Northampton Phoenix and Centurion Road Runners, with the Northampton Club only taking the advantage in the final fixture.

With three second places and one win T.Egan, Northampton, easily won the Leagues Divisional leading athletes placque

#### Young Athletes Races.

Entries in these races were approximately 25% up on previous years - perhaps as a result of the Teachers action? There being a reduction in the number of School fixtures. What-ever the reasons, the additional numbers of youngsters competing certainly improved the competition in this age group. However, there is still much room for improvement if Clubs decided to all support these Young Athletes Races then numbers competing would be increased at least two or three fold.

#### Race Facts.

As will be seen from the figures below the League has once again had record turnouts. Numbers of Senior men turning out for their Clubs on League weekends has gone up on average by about 130 athletes. These figures certainly show that the League is going from strength to strength.

	<u>1st.Race.</u>	<u>2nd.Race.</u>	<u>3rd.Race.</u>	<u>4th.Race.</u>	<u>totals.</u>
1st.Division.	223	218	202	143	786 (730)
2nd.Division.	256	252	230	203	941 (842)
3rd.Division.	182	176	171	150	679 (772)
4th.Division.	268	219	250	224	961 (520)
Totals	929	865	853	720	3367 (2864)
Last Years Totals (773)		(762)	(725)	(604)	

#### Young Athletes.

1st.Division.	46	33	26	21	126
2nd.Division.	51	43	46	32	172
3rd.Division.	28	15	17	12	72
4th.Division.	33	25	27	17	102
Totals	158	116	116	82	472.

#### Executive.

This committee met and minutes have been circulated to Clubs, as will be seen the Executive had a full agenda and a fruitful meeting.

#### Donation to Clubs.

This new scheme of giving hosting Clubs a donation towards the promotion of League fixtures seems to have been well received, with no adverse complaints from any of the member Clubs for having raised the affiliation in order to pay for this scheme.

Finally the Secretary thanked all those Clubs who promoted a League fixture - all the Officials, both Technical and Race Secretaries and finally the President Cliff Grant for his support throughout the year.

Ken Dare proposed a vote of thanks to the President and Secretary for their reports and the work done throughout the year. This was seconded and endorsed by the meeting.

#### Guest Runners.

The recommendation of the Executive Committee that a certain athlete, who competed in a League race last year whilst serving his nine months between clubs, should be banned from competing in League fixtures for the 1986 - 1987 season was fully discussed by the meeting. After which the Club delegates endorsed the Executive Committee's proposal by a very large majority of over fifty votes.

Members asked the Secretary to write to the athlete concerned giving the A.G.M.'s decision on the matter, explaining that he has the right of appeal to the Executive if he so wishes. Delegates once again wished to stress that NO GUEST RUNNERS be allowed to compete in the League.

#### Safety of Courses.

Two letters from Rugby and District A.C. on the safety of courses in Division Two were discussed at length. The meeting was pleased to hear that the athlete Tom Gaynor had now made a complete recovery after breaking a leg on the course at Massey Ferguson and was indeed running well again. However, the meeting heard that this accident had occurred when the athlete ran outside of the bounds of the marked course. Also the Rugby complaint about barbed wire on the course at Halesowen was also outside the bounds of the course marked.

However there was some sympathy with the sentiments in the letters written by Rugby and Peter Lisseman stressed that Clubs should make sure there were no bottle necks on their courses, as this has a tendency to encourage athletes to stray from the laid-out path. This statement found much support from the meeting.

Delegates were also reminded of rule 12 regarding the provision of First-aid cover for League races.

## Fixtures and Venues.

The following Clubs were re-elected to the League on block :- Droitwich A.C.; Lucas Fordhouses; Michelin A.C. and Royal Doulton A.C.

Four new Clubs had made application to join the League. Of these, three were accepted into membership of the League :- Stafford Harriers; Warwick University; and Oak Park Pacers. The fourth Club Milton A.C. are not affiliated to the M.C.C.C.A. and are therefore not eligible for membership of the League.

Some discussion then took place on the make-up of the third and fourth Divisions, finally it was agreed to only relegate one team from Division three and to promote four from Division Four in order to balance up the numbers of Athletes competing in the two lower Divisions. Due to the Amalgamation of Stafford and Cannock Clubs this means the elimination of the Stafford Club from the Third Division.

	<u>1st.Div.</u>	<u>2nd.Div.</u>	<u>3rd.Div.</u>	<u>4th.Div.</u>
Nov.1st.1986.	Wolverhampton	Rugby.	Tamworth.	Burton.
Nov.22nd.1986.	Telford.	Solihull.	Wenlock.	Northbrook.
Jan.17th.1987.	Redditch.	Massey Ferguson.	Centurion.	Sandwell Valley.
Feb.7th.1987.	Coventry.	Halesowen.	Royal Sutton Cold.	Michelin A.C.

## Election of Officers.

Ken Dare proposed and the Secretary seconded that Tom Talbot of Tipton Harriers be elected President. The proposal was carried unanimously by the meeting.

Our new President Tom Talbot has been the Secretary of Tipton Harriers for a great number of years, this is a post that he still holds. He is a Timekeeper and has been associated with the Birmingham League for a long time. Frequently Tom turns up at League meetings and asks what can he do, turning his hand to any of the jobs asked of him although a great Club man he does not just sit back and help and support his Club, he is a selfless worker for the sport of Cross-Country Running. We wish Tom an enjoyable year as President of the League.

Tom's first job as President was to award the Presidents Plaque to Cliff Grant and thank him for the work he had put into his year of Office as President.

Hon. Secretary/Treasurer :- C.B. Franks. proposed D. Johnson seconded D. Bacon.

Auditor :- D. McNamee. proposed D. Johnson seconded K. Dare.

	<u>1st.Div.</u>	<u>2nd.Div.</u>	<u>3rd.Div.</u>	<u>4th.Div.</u>
Race Secretary :-	B. Carr.	D. Bacon.	B. Ewington.	J. Heminsley.
Referee :-	K. Evans.	K. Walklate.	D. Johnson.	E. Hutchings.
Judges :-	P. Lisseman.	J. Mountford.	Mrs. M. Johnson.	Mrs. J. Bodsworth.
	Mrs. B. Downes.		J. Freeman.	
Timekeepers:-			G. Heeley.	
	A. Birt.	E. Powner.	J. Skidmore.	J. Andrews.
	B. Hussey.	C. Grant.	Mrs. R. Bradley.	J. Perkins.
	Mrs. P. Hussey.	E. Clifford.		

Delegates to the M.C.C.C.A. :- D. Bacon; D. Johnson; and R. Tilling.

## Affiliations.

It was agreed to keep the affiliation fee at sixteen pounds for the coming season. To be paid before the first fixture on November the 1st.

## Any Other Business.

i) Basil Heatley reminded the meeting that Jack Freeman a Past President and Official of the Birmingham League has just been elected to the Presidency of the Midland Cross Country Association. The meeting congratulated Jack on his prestigious appointment and wished him every success in his years of President of the M.C.C.C.A.

ii) It was agreed that the make up of the Executive Committee shall remain as last year, consisting of the President, Secretary/Treasurer, Referees and the Race Secretary's. The Secretary was instructed to put the election of this Committee on the agenda for next year under the election of Officers.

iii) Wolverhampton raised the issue of Rule 15 which states that promoting Clubs "MUST inform all Clubs in their Division, The President, Hon Secretary, Race Secretary, Referee, Judges and the Timekeepers as to the venue, travel details and the type and distance of the course at least FOURTEEN DAYS (14) before the race is to be run." Although some Clubs are complying with this rule it would appear that some Clubs do not. After much discussion it was unanimously decided to add the following to Rule 15. "Host Club's will forfeit the League's donation (£20) if they fail to comply with the above instruction.

iv) The Secretary proposed a vote of thanks to Roy Tilling and the Birchfield Harriers for once again allowing the League to use their Club Room for the A.G.M. He further proposed a donation be made of £20 to the Birchfield Club who have allowed us to use the premises free of charge for the past seven years. This proposal was carried unanimously.

## Date of the 62nd A.G.M. and its Venue.

It was agreed that next years A.G.M. be held at the Alexander Stadium on



Wednesday the 16th. September 1987. There being no further business the meeting was concluded.

Make up of the League.

<u>1st. Division.</u>	<u>2nd. Division.</u>	<u>3rd. Division.</u>	<u>4th. Division.</u>
Birchfield Harriers.	Cannock & Stafford.	Centurion R.R.	Alvis R.C.
Bromsgrove & Redditch.	Cheltenham & Cty.	Dudley & Stourbridge.	Aston University.
Birmingham University.	Halesowen A.C.	Luzells Harriers.	B'ham Prison A.C.
Coventry Godiva.	Leamington A.C.	Northampton Phoenix.	Burton A.C.
Gloucester A.C.	Massey Ferguson.	Nunenton Harriers.	Droitwich A.C.
Loughborough Students.	Newcastle A.C.	Royal Sutton Cold.	Dudley Kingswinford.
Stourport A.C.	Potteries Marathon.	Shrewsbury & Dist.	Dunlop Coventry
Telford A.C.	Rowheath Harriers.	Sparkhill Harriers.	Harborne Harriers.
Tipton Harriers.	Rugby & District.	Tamworth A.C.	Michelin A.C.
Wolverhampton & Bil.	Solihull & Small Heath.	Warley A.C.	Lucas Fordhouses.
	Staffordshire Moor.	Wenlock Olympian.	Northbrook A.C.
	City of Stoke A.C.	Worcester A.C.	Oak Park Pacers.
			Royal Doulton A.C.
			Rugeley & District.
			Sandwell Valley.
			Sphinx A.C.
			Stafford Harriers.
			Warwick University.
			West Bromwich Har.
			S.P. Fort R.C.

*Talbot -*  
*16-9-87.*

DON'T FORGET YOU WILL NOT BE ALLOWED TO COMPETE UNLESS YOUR AFFILIATION FEE HAS BEEN PAID BEFORE THE FIRST LEAGUE RACE.

Make your cheques payable to the Birmingham & District Invitation Cross-Country League and send to C.B. Franks, 23 Salisbury Avenue, Cheltenham, Gloucestershire, GL51 5BT.

#### BIRMINGHAM & DISTRICT INVITATION CROSS COUNTRY LEAGUE.

Names and addresses of Club Secretaries and League Officials.

1986 - 1987

President :- Tom Talbot, 100, Aston Street, Tipton, West Midlands, DY4 0JD. (021 557 4501)

Secretary/Treasurer :- C.B. Franks, 23, Salisbury Avenue, Cheltenham, GL51 5BT. (0242 528548)

#### Division One.

Race Secretary:- B. Carr, 28, Newman Rd., Ucker Hill, Tipton, West Mids. (021 556 2366)

Referee :- K. Evans, 27, Langley Rd., Merryhill, Wolverhampton. (0902 765409)

Judges :- P. Lisseman, 3, Len Davies Road, Wednesfield, Wolverhampton

Mrs. B. Downes, 172, Perrywood Rd., Birmingham, B42 2BH. (021 357 5381)

Timekeepers :- A. Birt, 7, Slimbridge Rd., Tuffley, Gloucester

Mr. & Mrs. B. Hussey, 42, Lansdown Rd., Gloucester, GL1 3JD. (Gloucester 21695)

Birchfield Harriers:- J. Gondacre, 35, Atcham Close, Winyates East, Redditch, B98 0NY (0527 21208)

Birmingham University:- Cross Country Captain, Sports Union, Birmingham University, Edgbaston, Birmingham.

Bromsgrove & Redditch:- J. Robinson, 'Chiemsee', 17, Hennalls Ave., Webheath, Redditch (0527 45448)

Coventry Godiva:- P. Ramsden, 26, Shenstone Drive, Balsall Common, Nr. Coventry, CV7 7PH (0676 34412)

Gloucester A.C.:- J. Mitchell, 15, Parry Road, Gloucester. (94 413812)

Loughborough Students:- Cross Country Secretary, Loughborough Students C.C.C., Union Building, Ashby Road, Loughborough, Leics. (0509 217766 Ext. 40)

Stourport A.C.:- P. Darby, 13, Dunley Road, Stourport, Worcs, DY13 0AY. (029 93 4697)

Telford A.C.:- C. Barcroft, 11, Housman Close, Dawley Grange, Telford, Salop, TF3 1NN. (0952 596459)

Tipton Harriers:- B. Cole, 42, Himley Gdns., Seagley, Dudley, West Mids.

Wolverhampton & Bil.:- G. Lock, 19, Wistwood Hayes, Moseley Parklands, Bushbury, Wolverhampton (0902 782987)

#### Division Two.

Race Secretary:- B. Bacon, 86, Baldwins Lane, Hall Green, Birmingham, B28 0QE (021 745 2951)

Referee:- K. Walklate, 31, Werburgh Drive, Trentham, Stoke on Trent, ST4 8SP. (0782 658858)

Judges :- J. Mountford, 5, Arbourfield Drive, Berryhill, Stoke on Trent. (0782 264730)

Timekeepers:- E. Powner, 7, Field End Close, Trentham, Stoke on Trent. (0782 657057)

C. Grant, 6, Waverley Crescent, Romsley, NR. Halesowen, West Mids. (0562 710659)

E. Clifford, 12, Clapham Terrace, Leamington Spa, Marks, (0926 20765)

Cannock & Stafford:- E. Trott, 12, Post Office Lane, Slitting Mill, Rugeley, Staffs (088 94 2492)

Cheltenham & County:- K. Buckle, 21, Caernarvon Close, Hatherley, Cheltenham, GL51 5LQ (0242 577782)

City of Stoke :- S. Crutchley, 160, Elder Rd., Cubridge, Stoke on Trent, Staffs. (0782 29399)

Halesowen A.C.:- R. Bunn, 4, Pinewoods Avenue, Hagley, Stourbridge, DY9 0JF. (0562 884207)

Leamington A.C.:- P. Muckleman, 11, Offchurch Rd., Cubbington, Leamington Spa, (0926 316622)

### Division Two Cont.

Massey Ferguson:-N.Jarvis,438,Tile Hill Lane,Tile Hill,Coventry,CV4 9DY.  
Newcastle A.C. :- J.Nolan,33,Cambridge Drive,Clayton,Newcastle-U-Lyme,Staffs,ST5 3DD.  
(0782 625726)  
Potteries Marathon:- S.Law,3,Gwenys Crescent,Blurton,Stoke on Trent. (0782 318330)  
Rowheath Harriers:- J.Andrews,51,South Rd.,Northfield,Birmingham,B31 2Q2 (021 475 1869)  
Rugby & District :- P.Jones,72,Linnell Rd.,Rugby,Warks. (0788 78394)  
Solihull & Smallheath:-K.Dare,106,Bryn Arden Rd.,Birmingham,B26 1JY. (021 706 5245)  
Staffordshire Moorlands:- M.Bishop,Windrush,Saverley Green,Stoke on Trent,ST11 9QX.  
(0782 392669)

### Division Three.

Race Secretary :- B.Ewington,16,Hemsworth Drive,Bulkington,Nuneaton. (0203 314990)  
Referee :-D.Johnson,18,Summerfield Avenue,Halesowen,West Mids.(Bus.021 236 0465)  
Judges :- Mrs.M.Johnson,18,Summerfield Avenue,Halesowen,West Mids. (Bus.021 643 1082)  
G.Heeley,46,Painswick Rd.,Hall Green,Birmingham,B28 0HF.(021 777 5322)  
J.Freeman,21,Paradise,Dudley,West Mids. (0384 59182)  
Timekeepers:- J.Skidmore,Trelawney,The Cragg,Wordsley,Stourbridge,West Mids.DY8 5BN  
(038 4 288219)  
Mrs.R.Bradley,Gatacre Park Farm,Bridgnorth,Salop. (038 488 213)  
Centurion R.R.:- P.Gallagher,17,Denise Drive,Kingshurst,Birmingham,B37 6NN. (021 770 1188)  
Dudley & Stourbridge:- S.Holt,12,Burnham Court,Brierley Hill,West Mids. (0384 78847)  
Lozells Harriers:- J.Kelly,34,Norwich Road,Walsall,WS2 9UR.  
Northampton Phoenix :- R.Lands,22,Abbey Lodge,Landcross Drive,Northampton,NN3 3NJ  
(0604 38266)  
Nuneaton Harriers:- B.Ewington,16,Hemsworth Drive,Bulkington,Nuneaton. (0203 314990)  
Royal Sutton Coldfield:- R.Potter,33,Chertley Rd.,Erdington,Birmingham,B23 7PU.  
(021 328 0477)  
Shrewsbury & District.:-N.Boyle,6,Coney Green,Welshpool Rd.,Shrewsbury,Salop.  
Sparkhill Harriers.:-E.Hubbleday,Sparkhill Harriers,Rear 188,Stratford Rd.,Shirley,Solihull.  
Tamworth A.C. :- P.Richardson,18,Monks Way,Ardington,Tamworth,Staffs. (0827 896406)  
Warley A.C.:- P.Wyld,11,Grove Road,Oldbury,Warley,B689JL. (021 429 2932)  
Wenlock Olympian.:- R.Griffin,20,Greenway Avenue,Alveley,Bridgnorth,Salop. (0746 780 967)  
Worcester A.C.:- K.Bowley,36,Humber Road,Rockwood,Worcester,WR5 1LW. (0905 357338)  
Fourth Division.  
Race Secretary :- J.Heminsley,34,Talbot Street,Rugeley,Staffs,WS15 2EG. (08894 6692)  
Referee :- E.Hutchings,(a,Redstone Drive,Ashleigh Gdns.,Highley,Nr.Bridgnorth,Salop.  
(0746 861 320)  
Judges :- Mrs.J.Bodsworth,245,Selly Oak Rd.,Kings Norton,Birmingham,B30 1HK. (021 458 5345)  
Timekeepers :- J.Andrews,15,Hazelton Rd.,Mortbrook,Bromsgrove,B60 1EX. (0527 74057)  
J.Perkins,9,Harden Manor Court,Chadbury Rd.,Halesowen,West Mids.,B63 3EU.  
(021 550 8829)  
Alvis Running Club:- P.McCarthy,195,Lentons Lane,Coventry,CV2 1NZ. (0203 613514)  
Aston University A.C.:-A.Carruthers,I.H.D.Scheme Office,University of Aston,Gosta Green,  
Birmingham,B4.  
Birmingham Prison A.C.:-B.Higginbotham,7,Walton Rd.,Oldbury,Warley,West Mids,B68 9BZ  
(021 552 5288)  
Burton A.C.:-Mrs.J.Bowgen,13,Kosliston,Rd.,Walton on Trent,Nr.Burton,Staffs,DE12 8NQ.  
(0283 71 2137)  
Droitwich A.C.:- D.Freer,9,Percheron Way,Droitwich,Worc's. (0905 775493)  
Dudley Kingswinford :-A.Smith,11,Digby Rd.,Kingswinford,West Mids,DY6 7RP. (0384 296561)  
Dunlop Coventry.:-K.Baylis,37,Spencer Ave.,Earlsdon,Coventry,CV5 6NQ. (0203 79016)  
Harborne Harriers :-D.Irons,57,Reservoir Rd.,Selly Oak,Birmingham,B29 6ST. (021 472 4995)  
Lucas Fordhouses :- C.Wood,Lucas (Fordhouses),Sports & Social Club,Stafford Rd.,Fordhouses,  
Wolverhampton,WV10 7EH. (0902 782381)  
Michelin A.C.:-J.Reynolds,7,Blythe Rd.,Forsbrook,Stoke on Trent,ST11 9BU. (0782 396227)  
Milton A.C.:-K.Rushton,14,Castleton Rd.,Lightwood,Stoke on Trent,ST3 7TD. (0782 330853)  
Northbrook :- J.Murphy,28,Holland Rd.,Radford,Coventry,CV6 1DR.  
Oak Park:- R.Tomlinson,620,Aldridge Rd.,Great Barr,Birmingham,B44 8NG. (021 360 3829)  
Royal Doulton:-M.Naylor,63,Meigh Rd.,Werrington,Stoke on Trent,ST9 0JY.  
Rugeley :- K.Jellyman,45,Springhill Terrace,Rugeley,Staffs,WS15 1BT. (08894 77783)  
Sandwell :-G.Hill,3,Nownham Rd.,Ocker Hill,Tipton,West Mids. (021 556 4443)  
Sphinx A.C.:-R.Arnold,10,Milner Close,Bulkington,Nuneaton,CV12 9LB. (0203 316781)  
S.P.Fort :- M.Tooze,39,UNett St.,Newtown,Birmingham,B19 3BP. (021 306 2547)  
Stafford Harriers:-D.Stephens,22,Doxeyfields,Doxey,Stafford. (0785 48027)  
Warwick University:-Cross Country Secretary,Students Union,University of Warwick,Coventry.  
West Brom.:-P.Powell,10,Woodland Grove,Great Barr,Birmingham. (021 357 9945)

DON'T FORGET TO SEND YOUR £16 AFFILIATION FEE BEFORE THE FIRST LEAGUE RACE.

## RULES.

1. That the name of the League be the Birmingham & District Invitation Cross Country League.
  2. That the objects of the League be the promotion of combined races, allowing any numbers of runners to compete.
  3. That the management of the League be vested in a President, Vice Presidents, (one from each Club with power to add) three delegates from each Club, Hon. Secretary, Treasurer, also an Asst. Secretary & Treasurer, if the A.G.M. feel that these assistant Officers are necessary, all of whom shall be elected at the Annual General Meeting each year with the Past Presidents.
  4. An Executive Committee shall be elected at the A.G.M. and will consist of the Following:-
    - i) The President.
    - ii) The Hon. Secretary/Treasurer.
    - iii) The Race Referees.
    - iv) One representative from each of the Leagues four Divisions, to be elected each year at the Annual General Meeting.
- This Executive should be instructed to meet once a year after the close of each season to discuss relevant matters from the preceding season. Duties of this Committee shall be to make recommendations for items for discussion at the coming A.G.M. if thought necessary. Also this Executive would have the powers of an appeals committee and as such could be asked to meet, at the discretion of the Secretary, if any problem should arise through-out the season.
5. That the Headquarters be a suitable venue in the Birmingham & District area, where meetings may be held.
  6. Races to be confined to FIRST CLAIM MEMBERS of member Clubs, NO GUEST RUNNERS. Athletes must have reached the age of seventeen years by August 31st./September 1st. at the commencement of the coming Cross Country Season. The rules of the M.C.C.C.A. and the M.&A.A.A. shall apply.
  7. That the League be divided into Four Divisions containing Clubs of equal strength. The two Clubs finishing first and second in the 2nd., 3rd. and 4th. Divisions to move to the higher Division, and the two Clubs at the bottom of the tables in Divisions 1; 2; 1st 3 to move into a lower Division. Winners and runners up in each Division to receive League awards respectively, also the Individual winner, on points, in each Division to receive a League award.
  8. That the distances of races be from 5 to 7 miles, and races to be decided on Championship lines.
  9. Affiliation fee to be decided at the A.G.M. (at present £16-00.) per Club per Annum. Numbers and results sheets to be supplied by the League.
  10. Any Club which fails to pay its affiliation Fee prior to the first race after the A.G.M. shall have their invitation to compete in the League withdrawn.
  11. Each race shall be in the charge of an appointed Referee whose decision shall be final. League Judges and Timekeepers for each Division shall be appointed by the A.G.M. and will be responsible for giving and recording the Official placings and Times at each race. The races will be started by an appointed Starter.
  12. The Hon. Secretary of the Promoting Club shall arrange for marshalls, Officials and FIRST-AID cover for each race, and a disc system of scoring shall be used. Each Club will provide its own disc steward.
  13. Club failing to complete a team in all four fixtures shall automatically finish at the bottom of the table in the final League placings. Failing to complete a team in the Fourth division fixtures shall mean that the Club applies in writing (before the next A.G.M.) to the Hon. Secretary for re-election to the League.
  14. The dates and venues of all League races shall be decided at the A.G.M. and that those Clubs giving written application to stage a League fixture shall be given preference when choosing venues for the coming season.
  15. The Hon. Secretary of each promoting Club MUST inform all Clubs in his Division, The President, Hon. Secretary, Race Secretary, Referee, Judges and Timekeepers as to the venue, travel details and the type and distances of the course at least FOURTEEN (14) DAYS before the race is to be run. Host Club's will be liable to forfeit the Leagues promotion donation (£20) if they fail to comply with the above instruction.
  16. Club Colours MUST be worn. The Referee will disqualify any athlete who does not comply with this rule.
  17. Safety pins are not provided by the League for athletes numbers, this is the responsibility of individual Clubs to provide. The Leagues Officials would appreciate if athletes could pin their numbers on the sides, rather than top and bottom of the number.
  18. The Young Athletes race shall be for boys who are over 13 years of age but under 17 years of age on the 1st. September prior to the first League race of the season. The distance of the races shall NOT exceed 3 miles.
  19. The responsibility for the up to date engraving of the League Trophies, is that of the holding Club.

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