

THE REAL MARATHON MEN —

THE LONDON MARATHON EVER-PRESENTS.

BOOK SYNOPSIS.

This is the story of 42 marathon runners who were created as the ‘Ever-presents’ by the London Marathon in 1995 after they had run 15 consecutive Londons.

Their story is a testimony to a ‘*never say die*’ spirit that has sustained them during the thousands of marathons they have run all over the world.

Dale Lyons, one of the last 15, has combined a detailed factual record from his research, with many heart warming anecdotes and astonishing hardship stories in tracking the Ever-presents’ journey for 33 years since 1981.

Their triumphs and cruel disappointments, the amazing sums they have raised for countless charities, their incredible running records at home and abroad, their entertaining media coverage and their fascinating and colourful lives away from the marathon treadmill provides absorbing and enlightening reading.

This is a book to honour their commitment to the London, one of the great city Marathons and provides a lasting tribute to a rapidly diminishing group, decimated by injury, accident, illness and death.

The book will provide information, inspiration and motivation not only to marathon runners but to those watching the London each year thinking “*that could be me!*”

Available January 2014 price £6.99 + £2.60 pp.
Paperback version. 230 pages with photos.
For orders contact Dale Lyons e-mail dale@5rhq.co.uk
5 Richmond Hill Gardens, Edgbaston Birmingham B15
3RW

THE REAL MARATHON MEN –



“This remarkable book is a tribute to everyone of the Ever-presents. The London Marathon salutes them all!”

John Bryant. Author of The London Marathon book and
Chairman of the London Marathon Charitable Trust.