

Midland Counties Cross Country - 1st Women's League, held at
 Abington Park, Northampton on Sunday 22nd October, 1995

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 U17/U20

1.	C. Davies	Telford		13.19
2.	C. Vines	C & S		13.22
3.	P. Richardson	Coventry	J	13.27
4.	L. Hale	C & S	J	13.28
5.	E. Marchant	Coventry	J	13.31
6.	S. Creamer	Coventry	J	13.33
7.	R. Everett	B/field		13.36
8.	M. Harris	North P		13.55
9.	A. Burt	C & S	J	14.00
10.	E. Newton	C & S	J	14.02
11.	L. Thompson	North P		14.09
12.	P. Mclean			
	Inglis	Newc		14.09
13.	C. Hathaway	Royal S		14.09
14.	T. Litherland	B'field		14.11
15.	C. Matchett	Charn	J	14.13
16.	L. Vaughan	B & R		14.18
17.	E. Crawford	S'hull	J	14.20
18.	J. Dineen	B & R	J	14.21
19.	Y. Cartin	Rugby		14.22
20.	V. Smith	Leics		14.23
21.	E. Middleton	Charn		14.29
22.	K. Doherty	Chelt		14.33
23.	K. Martin	Stoke		14.35
24.	S. Fotherby	Warwick		
		Uni	J	14.37
25.	K. McDermott	Royal S		14.42
26.	L. Wooden	Charn		14.43
27.	S. Davies	Telford		14.46
28.	M. Jarvis	North P		14.47
29.	S. Kennedy	North P		14.48
30.	S. Penn	Cov		14.49
31.	Z. Kirkhown	Cov	J	14.50
32.	Y. Maddams	Well		14.53
33.	L. Wilson	Leics		14.58
34.	R. Heath	Charn		14.59