

	Name	Club	Time
1	Chris Davies	Telford AC	29.19
2	Tom Humphries	Cannock & Stafford AC	29.19
3	Chris Harvey	JM Cannock & Stafford AC	30.28
4	Sam Mitchell	Worcester AC	30.31
5	Steve Millward	Gloucester Athletic Club.	30.36
6	Chris Rimmer	Telford AC	30.39
7	Craig Walker	Telford AC	30.42
8	Phil Wolfe	Cannock & Stafford AC	30.48
9	Matt Grainger	Kidderminster & Stourport	31.06
10	Ian Furness	Dudley& Stourbridge	31.18
11	Craig Pearson	Cannock & Stafford AC	31.27
12	Toby Spencer	JM Solihull & Small Heath.	31.29
13	Phil Gould	Kenilworth Runners	31.51
14	Andy Renfrew	Gloucester Athletic Club.	32.02
15	Mike Johnson	Kenilworth Runners	32.26
16	Wayne Dashper	Telford AC	32.28
17	Paul Waby	Dudley& Stourbridge	32.29
18	Paul Thompson	Sparkhill Harriers	32.34
19	Nico Constanti	JM Gloucester Athletic Club.	32.37
20	Luke Herbert	Gloucester Athletic Club.	32.38
21	Stuart Hopkins	Kenilworth Runners	32.40
22	Richard De Camps	JM Gloucester Athletic Club.	32.41
23	Rich Simkiss	Kenilworth Runners	32.44
24	Ashley Miles	Sphinx AC	32.45
25	Greg Wilson	Telford AC	32.52
26	Nathan Holmes	Northbrook AC	32.57
27	Chris Davies	Worcester AC	33.04
28	Nick Corker	Royal Sutton Coldfield	33.05
29	Paul Andrew	Northbrook AC	33.1
30	Ian Mansell	Centurion Road Runners	33.11
31	Sean Bowden	JM Bromsgrove & Redditch	33.13
32	Steve Lidgate-Taylor	Solihull & Small Heath.	33.14
33	Nicholas Lyster	JM Solihull & Small Heath.	33.19
34	Phil McCorquodale	JM Kenilworth Runners	33.22
35	Dave Hall	Worcester AC	33.33
36	Darren Riley	Sparkhill Harriers	33.36
37	Stefan Sternkopf	Worcester AC	33.39
38	Andrew De Camps	Gloucester Athletic Club.	33.44
39	Ben Davers	Kidderminster & Stourport	33.49
40	Mark Bridges	Royal Sutton Coldfield	33.51
41	Mick O' Shea	Northbrook AC	33.55
42	Richard Lomas	Bromsgrove & Redditch	33.59
43	Graham Birch	Kenilworth Runners	34.03
44	Pat Noonan	Kenilworth Runners	34.06
45	Alex Hobson	Kidderminster & Stourport	34.12
46	Alan Jackson	Kidderminster & Stourport	34.15
47	John Hosie	Northbrook AC	34.17
48	Calvin Scoltock	Bromsgrove & Redditch	34.18
49	Peter Plant	Telford AC	34.27
50	Simon King	JM Tamworth AC	34.28
51	Dave Williams	Tamworth AC	34.31
52	Rob Minton	Stratford upon Avon AC	34.35
53	Nick Stringer	Sparkhill Harriers	34.36
54	Paul Lester	Cannock & Stafford AC	34.49
55	Matt Melia	JM Sphinx AC	34.49
56	Dave Nation	Dudley& Stourbridge	34.51
57	Fred Tremblay	Royal Sutton Coldfield	34.57
58	Lee Smith	Gloucester Athletic Club.	34.58

	Name	Club	Time
59	Nick Andrews	Telford AC	34.59
60	Dave O' Brian	Worcester AC	35.01
61	Tim Price	Solihull & Small Heath.	35.02
62	Ryan Ordidge	JM Telford AC	35.03
63	Howard Bush	Tamworth AC	35.04
64	Tom Delaney	JM Sphinx AC	35.06
65	Steve Marklew	Royal Sutton Coldfield	35.07
66	Mark Hill	Worcester AC	35.08
67	Richard White	Centurion Road Runners	35.15
68	Matthew Kingston Lee	Kenilworth Runners	35.21
69	Jeremy Mower	Gloucester Athletic Club.	35.23
70	Andrew Peach	Worcester AC	35.24
71	Danny Tolhurst	Stratford upon Avon AC	35.33
72	Paul Royal	Kenilworth Runners	35.48
73	Mark Ingram	Gloucester Athletic Club.	35.54
74	Mark Pearce	Sparkhill Harriers	35.55
75	Kevin Fisher	Solihull & Small Heath.	36.01
76	Peter Bryan	Kenilworth Runners	36.05
77	Simon Corker	Royal Sutton Coldfield	36.07
78	Tom Orton	Tamworth AC	36.11
79	Simon Vines	Telford AC	36.14
80	Roger Holmes	Kenilworth Runners	36.15
81	Tony Hinchley	Royal Sutton Coldfield	36.17
82	Vickram Balachandra	Royal Sutton Coldfield	36.18
83	Lorenzo Fiorletta	Sparkhill Harriers	36.24
84	Russell Simpson	Royal Sutton Coldfield	36.25
85	John Fletcher	Royal Sutton Coldfield	36.27
86	Gavin Moorhead	Bromsgrove & Redditch	36.28
87	Ian Summers	Gloucester Athletic Club.	36.29
88	Alistair Wakefield	Gloucester Athletic Club.	36.31
89	Rob Chrzan	Kidderminster & Stourport	36.32
90	Dan Smith	Dudley Kingswinford	36.34
91	Trevor Cacciocchi	Centurion Road Runners	36.36
92	Steve Howes	Solihull & Small Heath.	36.37
93	Dan Lynch	Stratford upon Avon AC	36.38
94	Martin Dorrill	Kenilworth Runners	36.39
95	Mick Williams	Kenilworth Runners	36.41
96	Nigel Timms	Sphinx AC	36.42
97	Keith Hawkes	Stratford upon Avon AC	36.46
98	Andy Hawkins	Gloucester Athletic Club.	36.48
99	Martyn Brunt	Northbrook AC	36.51
100	Andy Poppleton	Worcester AC	36.56
101	Dave Norman	Dudley Kingswinford	36.57
102	Richard Steele	Kenilworth Runners	36.58
103	Phil Anderson	Bromsgrove & Redditch	36.59
104	Howard Anderson	Northbrook AC	36.59
105	Malcolm Bowyer	Stratford upon Avon AC	37.01
106	Simon Ralph	Royal Sutton Coldfield	37.02
107	Hayden Carter	JM Cannock & Stafford AC	37.05
108	Dave Gresswell	Gloucester Athletic Club.	37.11
109	Dave Liddal	Royal Sutton Coldfield	37.25
110	Richard Green	Kenilworth Runners	37.26
111	Marc Curtis	Centurion Road Runners	37.27
112	Tom Randals	Gloucester Athletic Club.	37.29
113	Steve Poulton	Kidderminster & Stourport	37.32
114	Paul Stead	Northbrook AC	37.35
115	Pete Austin	Northbrook AC	37.38
116	Adam Wilks	Worcester AC	37.41
117	Tom Forrester	Worcester AC	37.45

Name	Club	Time
118 Steve Larcombe	Royal Sutton Coldfield	37.46
119 Mike Wheeler	Northbrook AC	37.52
120 Matt Pleass	Tamworth AC	37.56
121 Kevin Burke	Stourbridge RC	37.57
122 Andy Cockerill	Stratford upon Avon AC	37.58
123 Tony Hoy	Northbrook AC	38.01
124 Phil Bullock	Worcester AC	38.05
125 Andy Freeman	Bromsgrove & Redditch	38.06
126 Guy Robertson	JM Dudley & Stourbridge	38.08
127 Derek Gothard	Sparkhill Harriers	38.09
128 Pete Fahy	Sphinx AC	38.11
129 Arthur Daley	Gloucester Athletic Club.	38.17
130 Craig Hinks	Sparkhill Harriers	38.19
131 Gavin Davies	Centurion Road Runners	38.25
132 Paul Cronin	Solihull & Small Heath.	38.41
133 Mark Waplington	Tamworth AC	39.05
134 Ben Orme	Sphinx AC	39.09
135 Martin Cole	Worcester AC	39.12
136 Tony Haden	Centurion Road Runners	39.18
137 Pete Matthews	Kenilworth Runners	39.21
138 Bryan Pears	Sphinx AC	39.24
139 Richard French	Northbrook AC	39.27
140 Ian Gower	Sphinx AC	39.33
141 Barrie Adams	Sphinx AC	39.38
142 Phil Johnson	Dudley Kingswinford	39.39
143 Peter Walters	Stourbridge RC	39.41
144 James Deacon	Stratford upon Avon AC	39.49
145 Greg Aagaard	Sparkhill Harriers	39.51
146 Graham Lawrence	Solihull & Small Heath.	39.55
147 Trevor Clark	Sphinx AC	40.01
148 Dave Edwards	Gloucester Athletic Club.	40.04
149 Steve Wood	Dudley Kingswinford	40.07
150 Richard Jones	Dudley Kingswinford	40.11
151 Mark Staves	Dudley & Stourbridge	40.17
152 Mark Gallimore	Dudley Kingswinford	40.21
153 Ganata Malsom	Gloucester Athletic Club.	40.23
154 Phil Richardson	Bromsgrove & Redditch	40.24
155 Mick Hudspith	Sphinx AC	40.25
156 Malcolm Dawes	Telford AC	40.26
157 Mark Coyle	Sphinx AC	40.27
158 Steve Baker	Stratford upon Avon AC	40.31
159 Tony Jackson	Stratford upon Avon AC	40.38
160 Dave Jannetta	Gloucester Athletic Club.	40.41
161 Rob Sannwald	Dudley Kingswinford	40.44
162 Graham Patton	Sphinx AC	40.47
163 Ian Hopkins	Dudley Kingswinford	40.55
164 Mick Monaghan	Worcester AC	41.01
165 Dave O'Keefe	Centurion Road Runners	41.03
166 Phil Taylor	Kidderminster & Stourport	41.07
167 Chris McCann	Centurion Road Runners	41.19
168 Darren Handley	Sphinx AC	41.23
169 Wayne Vickers	Stratford upon Avon AC	41.27
170 Barrie Burrows	Sphinx AC	41.29
171 Nick Gilkes	Sphinx AC	41.31
172 Paul Hawkins	Stratford upon Avon AC	41.32
173 Roger Wilson	Stratford upon Avon AC	41.39
174 Stan Alexander	Kenilworth Runners	41.41
175 Paul Richards	Dudley Kingswinford	41.45
176 Phil Smith	Dudley Kingswinford	41.46

Name	Club	Time
177 Dave Wolstencroft	Stratford upon Avon AC	41.55
178 Ed Wallace	Centurion Road Runners	41.56
179 Mark Hall	Kenilworth Runners	41.57
180 John Turner	Stratford upon Avon AC	41.59
181 Mark Homer	Dudley Kingswinford	42.01
182 Andy Norton	Sphinx AC	42.31
183 Garry Turner	Centurion Road Runners	42.39
184 Steve Kirk	Stratford upon Avon AC	43.06
185 Roy Humpherson	Royal Sutton Coldfield	43.07
186 Jamie Graham	JM Cannock & Stafford AC	43.09
187 Peter Hill	Stratford upon Avon AC	43.11
188 Simon Willington	Stourbridge RC	43.21
189 Richard Greenhalf	Kenilworth Runners	43.41
190 Andy Matthews	Centurion Road Runners	43.44
191 Phil Marshall	Stratford upon Avon AC	43.46
192 Shayne Hassall	Bromsgrove & Redditch	44.04
193 Peter Reeves	Sparkhill Harriers	44.19
194 Paul Bradley	Stourbridge RC	44.34
195 Mark Arnold	Sparkhill Harriers	44.41
196 John Goulding	Sparkhill Harriers	44.45
197 Tom Dable	Kenilworth Runners	44.56
198 Len Quartly	Bromsgrove & Redditch	45.03
199 Barry Crowley	Sparkhill Harriers	45.12
200 Mick Edwards	Sparkhill Harriers	45.18
201 Paul Kenning	Sphinx AC	45.21
202 Nigel Fisher	Tamworth AC	45.28
203 Adam Staves	JM Dudley & Stourbridge	45.36
204 Malcolm Perry	Tamworth AC	45.37
205 Jim Brown	Dudley & Stourbridge	45.59
206 Andy Turner	Stratford upon Avon AC	46.41
207 Dave Kelly	Sphinx AC	47.29
208 Richard Sannwald	Dudley Kingswinford	47.49
209 Mick Pelling	Sphinx AC	48.03
210 Brian Lane	Dudley Kingswinford	48.23
211 David Winter	Sparkhill Harriers	48.31
212 Louis Sathathwaite	Centurion Road Runners	48.59
213 Colin Bricher	Kenilworth Runners	49.02
214 Paul Buchanan	Kenilworth Runners	49.31
215 Gavin Kidman	Sparkhill Harriers	49.45
216 Tony French	Northbrook AC	53.59
217 Andrew McKenzie	Gloucester Athletic Club.	55.21

Name

Club

Time

TEAM RESULTS AND SCORES TO DATE

		1	2	3	4	5	6	Today's Pts	Prev Pts	Ov'l Pts	Ov'l Pos
A Teams											
1	Telford AC	1	6	7	16	25	49	104	173	277	1
2	Gloucester AC	5	14	19	20	22	38	118	309	427	2
3	Kenilworth Runners	13	15	21	23	34	43	149	444	593	3
4	Cannock & Stafford AC	2	3	8	11	54	107	185	577	762	4
5	Worcester AC	4	27	35	37	60	66	229	547	776	5
6	Solihull & Small Heath AC	12	32	33	61	75	92	305	630	935	6
7	Kidderminster & Stourport	9	39	45	46	89	113	341	758	1099	8
8	Northbrook AC	26	29	41	47	99	104	346	871	1217	10
9	Royal Sutton Coldfield	28	40	57	65	77	81	348	606	954	7
10	Sparkhill Harriers	18	36	53	74	83	127	391	998	1389	13
11	Bromsgrove & Redditch	31	42	48	86	103	125	435	719	1154	9
12	Tamworth AC	50	51	63	78	120	133	495	861	1356	12
13	Sphinx AC	24	55	64	96	128	134	501	1372	1873	16
14	Stratford upon Avon AC	52	71	93	97	105	122	540	1045	1585	15
15	Dudley & Stourbridge	10	17	56	126	151	203	563	744	1307	11
16	Centurion RR	30	67	91	111	131	136	566	865	1431	14
17	Dudley Kingswinford	90	101	142	149	150	152	784	1468	2252	17
18	Stourbridge RC	121	143	188	194				DNF	DNF	18
B Teams											
1	Kenilworth Runners	44	68	72	76	80	94	434	1217	1651	1
2	Gloucester AC	58	69	73	87	88	98	473	1254	1727	2
3	Royal Sutton Coldfield	82	84	85	106	109	118	584	1438	2022	3
4	Worcester AC	70	100	116	117	124	135	662	1389	2051	4
5	Northbrook AC	114	115	119	123	139	216	826	DNF		
6	Sphinx AC	138	140	141	147	155	157	878	DNF		
7	Stratford upon Avon AC	144	158	159	169	172	173	975	2021	2996	6
8	Sparkhill Harriers.	130	145	193	195	196	199	1058	1920	2978	5
9	Dudley Kingswinford	161	163	175	176	181	208	1064	DNF		
10	Centurion RR	165	167	178	183	190	212	1095	DNF		

Name	Club	Time				Total
(Name & Club)		Fixt	Fixt	Fixt	Fixt	Total
Leading seniors - best of 4		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>Pts</u>
1	Steve Millward	Gloucester AC	8	1	5	14
2	Matt Grainger	Kidderminster & Stourport	5	3	9	17
3	Sam Mitchell	Worcester AC	9	6	4	19
4	Phil Wolfe	Cannock & Stafford	10	5	8	23
	Tom Humphries	Cannock & Stafford	1	~	2	
	Chris Davies	Telford AC	2	~	1	
	Chris Rimmer	Telford AC	~	2	6	
Leading Juniors best of 3.		Fixt	Fixt	Fixt	Fixt	
		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	
	Toby Spencer	Solihull & Small Heath	1	2	2	5
	Sean Bowden	Bromsgrove & Redditch	3	3	5	11
	Nick Lyster	Solihull & Small Heath	4	4	6	14
	Nico Constanti	Gloucester AC	5	5	3	13
	Chris Harvey	Cannock & Stafford	~	1	1	