

Birmingham & District Invitation Cross Country League

2023-2024 Season - Race Result

Division 1

Race 4

10/02/2024 - Abington Park, Northampton

hosted by Rugby & Northampton AC

Results Version 1 (10/02/2024)



Senior Mens Race

Posn	Bib	Time	Name	Club	Age	SenM Pts	JunM Pts	MasM Pts
1	18	29:41	Omar Ahmed	Birchfield Harriers	Senior	1		
2	642	30:05	Dom James	Western Tempo	Senior	2		
3	268	30:21	Baljeev Kandola	Leamington C & AC	Senior	3		
4	613	30:28	Vincenzo Pratley	University of Warwick	Senior	4		
5	467	30:30	Finlay Ward	Rugby & Northampton AC	Junior	5	1	
6	602	30:32	Matthew Taylor	University of Warwick	Junior	6	2	
7	565	30:34	Max Cunningham	University of Birmingham	Senior	7		
8	842	30:44	Fergus Scott	Rugby & Northampton AC	Senior	8		
9	33	30:47	Charlie Davis	BRAT Club	Senior	9		
10	644	30:51	Dylan Gillett	Western Tempo	Senior	10		
11	271	30:53	Callum Hanlon	Leamington C & AC	Senior	11		
12	7	30:55	Ed Banks	Birchfield Harriers	Master	12		1
13	45	31:06	John Stolberg	BRAT Club	Senior	13		
14	627	31:08	Charlie Jones	Western Tempo	Master	14		2
15	9	31:17	James Vaughan	Birchfield Harriers	Junior	15	3	
16	122	31:23	Vinnie Martin	City of Stoke AC	Senior	16		
17	279	31:25	Guy Allen	Leamington C & AC	Senior	17		
18	768	31:26	Luke Jones	Worcester AC	Junior	18	4	
19	854	31:27	Toby Sheldon	University of Warwick	Senior	19		
20	260	31:28	Richard de-Camps	Gloucester AC	Senior	20		
21	624	31:29	Ben Price	Western Tempo	Master	21		3
22	11	31:32	Jason Bennett	Birchfield Harriers	Senior	22		
23	578	31:35	Samuel Greenstein	University of Birmingham	Junior	23	5	
24	439	31:39	Oliver Harradence	Royal Sutton Coldfield AC	Master	24		4
25	611	31:40	Tom Jones	University of Warwick	Senior	25		
26	399	31:41	Steve Kerfoot	Loughborough Students	Junior	26	6	
27	592	31:43	Adam Hudson	University of Warwick	Junior	27	7	
28	373	31:47	Luca Stubbs	Loughborough Students	Junior	28	8	
29	609	31:50	Theo Jacques	University of Warwick	Junior	29	9	
30	1	31:56	Adam Day	Birchfield Harriers	Senior	30		
31	189	32:00	Daniel Clarke	Coventry Godiva Harriers	Master	31		5
32	670	32:08	Matthew Brunnock	Western Tempo	Junior	32	10	
33	225	32:09	Scott Hudspith	Coventry Godiva Harriers	Senior	33		
34	754	32:13	Arty Wilson-Spence	Worcester AC	Junior	34	11	
35	844	32:13	Will Simm	University of Birmingham	Senior	35		
36	41	32:18	Henry Brocklehurst	BRAT Club	Senior	36		
37	286	32:20	Louis O'Brien	Leamington C & AC	Senior	37		
38	513	32:24	Karl Quiney	Tipton Harriers	Senior	38		
39	756	32:29	Daniel Geisler	Worcester AC	Master	39		6
40	4	32:33	Daniel Swain	Birchfield Harriers	Senior	40		
41	461	32:35	Anthony Clancy	Rugby & Northampton AC	Senior	41		
42	817	32:36	Jacob Taylor	Loughborough Students	Junior	42	12	
43	16	32:38	Matt Scarsbrook	Birchfield Harriers	Senior	43		
44	483	32:40	Noah Bennett	Rugby & Northampton AC	Junior	44	13	
45	457	32:44	Adam Wright	Rugby & Northampton AC	Senior	45		
46	841	32:46	Phil Melling	Rugby & Northampton AC	Senior	46		7
47	534	32:51	Aidan Banfield	University of Birmingham	Senior	47		
48	80	32:53	Tesfay Teweled	BRAT Club	Senior	48		
49	636	32:54	Daniel Owen	Western Tempo	Senior	49		
50	459	32:56	Andrew Johnstone	Rugby & Northampton AC	Senior	50		
51	422	33:00	Chris Hine	Royal Sutton Coldfield AC	Senior	51		
52	672	33:11	Max Kelly	Western Tempo	Senior	52		
53	38	33:11	David Bissuel	BRAT Club	Senior	53		
54	643	33:18	Douglas Wight	Western Tempo	Master	54		8

55	843	33:20	Max Winfield	University of Warwick	Junior	55	14	
56	203	33:23	Joseph McLeod	Coventry Godiva Harriers	Senior	56		
57	784	33:27	Joe Heathcock	Birchfield Harriers	Senior	57		
58	75	33:33	Robert Vaughan	BRAT Club	Master	58		9
59	539	33:44	Clark McDonald	University of Birmingham	Senior	59		
60	282	33:47	James Hunter	Leamington C & AC	Master	60		10
61	437	33:48	Nick Crees	Royal Sutton Coldfield AC	Junior	61	15	
62	684	33:49	Sam Butler	Western Tempo	Senior	62		
63	733	33:52	Luke Maskew	Wolverhampton & Bilston AC	Master	63		11
64	579	34:02	Stanley Clarke	University of Birmingham	Junior	64	16	
65	78	34:04	Steve Turner	BRAT Club	Senior	65		
66	512	34:07	Joseph Read	Tipton Harriers	Senior	66		
67	732	34:08	Louie Lambeth	Wolverhampton & Bilston AC	Senior	67		
68	505	34:11	Ethan Compton	Tipton Harriers	Junior	68	17	
69	37	34:13	Dan Robinson	BRAT Club	Master	69		12
70	723	34:15	James Neilson	Wolverhampton & Bilston AC	Junior	70	18	
71	269	34:17	Bradley Hammonds	Leamington C & AC	Senior	71		
72	23	34:20	Abayomi Adedimeji	BRAT Club	Master	72		13
73	388	34:26	Patrick Thomas	Loughborough Students	Senior	73		
74	109	34:27	Matt Eardley	City of Stoke AC	Master	74		14
75	773	34:28	Robbie Campbell	Worcester AC	Master	75		15
76	780	34:34	Isaac Bate	Western Tempo	Senior	76		
77	350	34:36	Jack Green	Loughborough Students	Senior	77		
78	660	34:39	Liam Colahan	Western Tempo	Senior	78		
79	582	34:41	Thomas Ross	University of Birmingham	Senior	79		
80	476	34:44	Lewis Cherry	Rugby & Northampton AC	Senior	80		
81	205	34:48	Kevin Otieno	Coventry Godiva Harriers	Junior	81	19	
82	180	34:53	Andy Boon	Coventry Godiva Harriers	Master	82		16
83	646	34:54	Eliot Taylor	Western Tempo	Senior	83		
84	610	34:59	Thomas Parmenter	University of Warwick	Senior	84		
85	664	35:02	Marc Fallows	Western Tempo	Master	85		17
86	705	35:04	Ben Foster	Wolverhampton & Bilston AC	Master	86		18
87	89	35:04	Ashley Dennett	City of Stoke AC	Senior	87		
88	236	35:05	Charlie Coles	Gloucester AC	Junior	88	20	
89	686	35:06	Simon Hall	Western Tempo	Master	89		19
90	34	35:09	Chris Stockdale	BRAT Club	Master	90		20
91	821	35:11	Richard Burman	Royal Sutton Coldfield AC	Master	91		21
92	822	35:13	Iwan White	University of Warwick	Senior	92		
93	606	35:14	Ryan Splarn	University of Warwick	Senior	93		
94	169	35:18	Samuel Baylis	CLC Striders	Senior	94		
95	309	35:22	Angus Saunders	Loughborough Students	Senior	95		
96	460	35:23	Andrew Siggers	Rugby & Northampton AC	Master	96		22
97	258	35:26	Owen Parry	Gloucester AC	Master	97		23
98	104	35:31	James Condlyffe	City of Stoke AC	Senior	98		
99	280	35:35	Henry Morton	Leamington C & AC	Senior	99		
100	358	35:43	Jamie Frost	Loughborough Students	Senior	100		
101	455	35:45	Tony Davies	Royal Sutton Coldfield AC	Master	101		24
102	64	35:49	Oliver Hudson	BRAT Club	Senior	102		
103	656	35:54	Joby Hobbs	Western Tempo	Master	103		25
104	187	35:57	Clark Roberts	Coventry Godiva Harriers	Master	104		26
105	531	36:01	Tom Holden	Tipton Harriers	Master	105		27
106	809	36:05	James Southall	Rugby & Northampton AC	Master	106		28
107	812	36:06	Benji Ross	City of Stoke AC	Senior	107		
108	177	36:10	Adam Jackson	Coventry Godiva Harriers	Junior	108	21	
109	425	36:13	David Sutton	Royal Sutton Coldfield AC	Senior	109		
110	450	36:14	Stuart Lumsden	Royal Sutton Coldfield AC	Master	110		29
111	462	36:15	Ben Merriman	Rugby & Northampton AC	Master	111		30
112	729	36:16	Joseph St Quinton	Wolverhampton & Bilston AC	Junior	112	22	
113	233	36:17	Andrew de-Camps	Gloucester AC	Master	113		31
114	442	36:18	Richard Naylor	Royal Sutton Coldfield AC	Master	114		32
115	718	36:19	Dylan Illidge	Wolverhampton & Bilston AC	Junior	115	23	
116	415	36:30	Andy Bradley	Royal Sutton Coldfield AC	Master	116		33
117	487	36:35	Samuel Jackson	Rugby & Northampton AC	Senior	117		
118	10	36:37	Jan Malecki	Birchfield Harriers	Junior	118	24	
119	418	36:40	Brad Watkins	Royal Sutton Coldfield AC	Senior	119		
120	760	36:45	David Price	Worcester AC	Master	120		34
121	506	36:48	Gareth Griffiths	Tipton Harriers	Senior	121		
122	504	36:59	Dean Hill	Tipton Harriers	Master	122		35
123	640	37:07	David Smith	Western Tempo	Master	123		36
124	241	37:08	Finlay Hawkins	Gloucester AC	Junior	124	25	
125	484	37:22	Richard Francis	Rugby & Northampton AC	Master	125		37

126	250	37:32	Luke Hine	Gloucester AC	Senior	126	
127	501	37:40	Darren Perry	Tipton Harriers	Master	127	38
128	688	37:41	Steve Linton	Western Tempo	Master	128	39
129	752	37:45	Adam Pollock	Worcester AC	Senior	129	
130	593	37:46	Albert Oliver	University of Warwick	Senior	130	
131	466	37:53	David Conway	Rugby & Northampton AC	Master	131	40
132	244	37:56	James Walters	Gloucester AC	Master	132	41
133	193	37:57	David Cooper	Coventry Godiva Harriers	Senior	133	
134	719	37:59	Garry Palmer	Wolverhampton & Bilston AC	Master	134	42
135	210	38:06	Matthew Hadlum	Coventry Godiva Harriers	Senior	135	
136	499	38:15	Cameron Lomax	Tipton Harriers	Junior	136	26
137	825	38:18	Jack Levent	Worcester AC	Senior	137	
138	479	38:29	Mark Johnson	Rugby & Northampton AC	Master	138	43
139	616	38:36	Adrian Williams	Western Tempo	Master	139	44
140	113	38:44	Ross Connor	City of Stoke AC	Master	140	45
141	727	38:59	Jon Hart	Wolverhampton & Bilston AC	Master	141	46
142	417	39:00	Ben Horton	Royal Sutton Coldfield AC	Senior	142	
143	807	39:03	Hugh Davies	Worcester AC	Master	143	47
144	837	39:05	Tom Beesley	Coventry Godiva Harriers	Senior	144	
145	220	39:09	Peter Eccleston	Coventry Godiva Harriers	Master	145	48
146	823	39:10	David Blake	Rugby & Northampton AC	Senior	146	
147	712	39:16	Daniel Vaughan	Wolverhampton & Bilston AC	Master	147	49
148	416	39:18	Barry Lloyd	Royal Sutton Coldfield AC	Master	148	50
149	717	39:25	Derrick Milligan	Wolverhampton & Bilston AC	Master	149	51
150	340	39:25	Harvey Butler	Loughborough Students	Senior	150	
151	855	39:32	Joseph Hearn	University of Warwick	Junior	151	27
152	51	39:48	Mark Ince	BRAT Club	Master	152	52
153	787	39:50	Fred Tremblay	Royal Sutton Coldfield AC	Senior	153	53
154	213	40:17	Michael Todd	Coventry Godiva Harriers	Master	154	54
155	199	40:21	Jason Brotherhood	Coventry Godiva Harriers	Master	155	55
156	808	40:29	Nick Price	Worcester AC	Master	156	56
157	709	40:37	Daniel Malone	Wolverhampton & Bilston AC	Master	157	57
158	795	40:41	Samuel Katanda	Coventry Godiva Harriers	Master	158	58
159	167	40:48	Robert Hyams	CLC Striders	Master	159	59
160	230	40:56	William Chalmers	Coventry Godiva Harriers	Junior	160	28
161	515	41:03	Krisztian Karasz	Tipton Harriers	Master	161	60
162	772	41:17	Owen Jarman	Worcester AC	Master	162	61
163	835	41:19	Alex Blackham	Royal Sutton Coldfield AC	Senior	163	
164	433	41:36	Martin Gore	Royal Sutton Coldfield AC	Master	164	62
165	223	41:38	Richard Todd	Coventry Godiva Harriers	Master	165	63
166	139	41:41	Gary Farquharson	CLC Striders	Master	166	64
167	186	41:47	Chris Hurst	Coventry Godiva Harriers	Master	167	65
168	716	41:50	David Norman	Wolverhampton & Bilston AC	Master	168	66
169	424	41:53	Chris Taylor	Royal Sutton Coldfield AC	Master	169	67
170	73	42:09	Richard Gray	BRAT Club	Master	170	68
171	152	42:34	Liam Richardson	CLC Striders	Master	171	69
172	215	42:48	Muhammad Ibrahim	Coventry Godiva Harriers	Senior	172	
173	430	42:58	Josh Hughes	Royal Sutton Coldfield AC	Senior	173	
174	228	43:08	Waising Yip	Coventry Godiva Harriers	Master	174	70
175	491	43:12	Vincent Carroll	Rugby & Northampton AC	Master	175	71
176	448	43:45	Steve Marklew	Royal Sutton Coldfield AC	Master	176	72
177	761	44:02	Derek Jackson	Worcester AC	Master	177	73
178	831	44:30	Ryan McClure	BRAT Club	Senior	178	
179	703	44:41	Andrew Dyall	Wolverhampton & Bilston AC	Master	179	74
180	158	44:48	Nick Ledwold	CLC Striders	Senior	180	
181	201	45:01	John Treadwell	Coventry Godiva Harriers	Master	181	75
182	202	45:33	Jose Ortiz Gonzalez	Coventry Godiva Harriers	Master	182	76
183	734	45:37	Mark Illidge	Wolverhampton & Bilston AC	Master	183	77
184	208	45:40	Martin Gittins	Coventry Godiva Harriers	Master	184	78
185	522	45:42	Myles Wilson	Tipton Harriers	Master	185	79
186	806	46:03	Benjamin Claridge	Worcester AC	Junior	186	29
187	743	46:12	Robert Edwards	Wolverhampton & Bilston AC	Master	187	80
188	731	46:33	Lee Partridge	Wolverhampton & Bilston AC	Master	188	81
189	217	46:40	Nathan Jones	Coventry Godiva Harriers	Senior	189	
190	134	46:51	David James	CLC Striders	Master	190	82
191	290	47:04	Paul Caruana	Leamington C & AC	Master	191	83
192	52	47:17	Martin Ludford	BRAT Club	Master	192	84
193	440	47:46	Paul Jenkins	Royal Sutton Coldfield AC	Master	193	85
194	300	47:50	Steven Roberts	Leamington C & AC	Master	194	86
195	421	48:20	Chris Hewitt	Royal Sutton Coldfield AC	Master	195	87
196	829	50:42	Duncan Davies	Wolverhampton & Bilston AC	Senior	196	88

197	836	50:46	John Abbiss	Wolverhampton & Bilston AC	Master	197	89
198	447	50:56	Simon Cheek	Royal Sutton Coldfield AC	Master	198	90
199	746	53:04	Russell Blair	Wolverhampton & Bilston AC	Master	199	91
200	209	53:21	Matthew Danes	Coventry Godiva Harriers	Master	200	92
201	195	53:44	Garry Flude	Coventry Godiva Harriers	Master	201	93
202	840	55:06	Paul Maftei	University of Warwick	Senior	202	
203	471	62:36	John Saw	Rugby & Northampton AC	Master	203	94

Senior Men Team Results

				Points	Pnlty
A Team	1	University of Warwick	4 6 19 25 27 29	110	
	2	Birchfield Harriers	1 12 15 22 30 40	120	
	3	Western Tempo	2 10 14 21 32 49	128	
	4	Rugby & Northampton AC	5 8 41 44 45 46	189	
	5	Leamington C & AC	3 11 17 37 60 71	199	
	6	BRAT Club	9 13 36 48 53 58	217	
	7	University of Birmingham	7 23 35 47 59 64	235	
	8	Loughborough Students	26 28 42 73 77 95	341	
	9	Coventry Godiva Harriers	31 33 56 81 82 104	387	
	10	Worcester AC	18 34 39 75 120 129	415	
	11	Royal Sutton Coldfield AC	24 51 61 91 101 109	437	
	12	Wolverhampton & Bilston AC	63 67 70 86 112 115	513	
	13	Tipton Harriers	38 66 68 105 121 122	520	
	14	City of Stoke AC	16 74 87 98 107 140	522	
	15	Gloucester AC	20 88 97 113 124 126	568	
	B Team	16	CLC Striders	94 159 166 171 180 190	960
1		Western Tempo	52 54 62 76 78 83	405	
2		BRAT Club	65 69 72 90 102 152	550	
3		Rugby & Northampton AC	50 80 96 106 111 117	560	
4		University of Warwick	55 84 92 93 130 151	605	
5		Royal Sutton Coldfield AC	110 114 116 119 142 148	749	
6		Coventry Godiva Harriers	108 133 135 144 145 154	819	
7		Wolverhampton & Bilston AC	134 141 147 149 157 168	896	
8	Worcester AC	137 143 156 162 177 186	961		

Masters Men Team Results

				Points	Pnlty
A Team	1	Western Tempo	2 3 8 17	30	
	2	BRAT Club	9 12 13 20	54	
	3	Royal Sutton Coldfield AC	4 21 24 29	78	
	4	Rugby & Northampton AC	7 22 28 30	87	
	5	Coventry Godiva Harriers	5 16 26 48	95	
	6	Worcester AC	6 15 34 47	102	
	7	Wolverhampton & Bilston AC	11 18 42 46	117	
	8	Tipton Harriers	27 35 38 60	160	
B Team	9	CLC Striders	59 64 69 82	274	
	1	Western Tempo	19 25 36 39	119	
	2	Royal Sutton Coldfield AC	32 33 50 53	168	
	3	Rugby & Northampton AC	37 40 43 71	191	
	4	Wolverhampton & Bilston AC	49 51 57 66	223	
5	Coventry Godiva Harriers	54 55 58 63	230		

Birmingham & District Invitation Cross Country League

2023-2024 Season - Series Result

Division 1

After Race 4, Abington Park, Northampton

on 10/02/2024

Results Version 1 (10/02/2024)



Senior Men		Series Points	Match 1	Match 2	Match 3	Match 4	Total
1	A Team	University of Birmingham	34	134	66	235	469
2		Birchfield Harriers	191	165	103	120	579
3		Western Tempo	136	199	118	128	581
4		University of Warwick	220	116	171	110	617
5		Loughborough Students	151	209	208	341	909
6		BRAT Club	290	247	289	217	1043
7		Worcester AC	350	255	367	415	1387
8		Leamington C & AC	501	263	425	199	1388
9		Tipton Harriers	386	232	384	520	1522
10		Coventry Godiva Harriers	585	371	404	387	1747
11		City of Stoke AC	500	375	456	522	1853
12		Rugby & Northampton AC	462	748	590	189	1989
13		Royal Sutton Coldfield AC	636	495	439	437	2007
14		Wolverhampton & Bilston AC	522	424	634	513	2093
15		Gloucester AC	757	837	574	568	2736
16		CLC Striders	655	1127	1088	960	3830
1	B Team	Western Tempo	408	559	311	405	1683
2		University of Warwick	641	478	661	605	2385
3		BRAT Club	963	920	633	550	3066
4		Royal Sutton Coldfield AC	1100	782	855	749	3486
5		Worcester AC	893	985	1028	961	3867
6		Coventry Godiva Harriers	1188	972	974	819	3953
7		Wolverhampton & Bilston AC	982	903	1249	896	4030
8		Loughborough Students	428	461	664		1553
9		Tipton Harriers	783	626	712		2121
10		Leamington C & AC	1261	874	997		3132
11		University of Birmingham	182		412		594
12		Rugby & Northampton AC	1248			560	1808
13		CLC Striders	1202				1202



Senior Men			Series Points	Match 1	Match 2	Match 3	Match 4	Total	BestOf3
1	33	Charlie Davis	BRAT Club	4	1		9	14	14
2	268	Baljeev Kandola	Leamington C & AC	9	3		3	15	15
3	613	Vincenzo Pratley	University of Warwick	12	6	8	4	30	18
4	642	Dom James	Western Tempo	11	8	12	2	33	21
5	644	Dylan Gillett	Western Tempo	10		7	10	27	27
6	576	Sam Burkitt	University of Birmingham	7	13	11		31	31
7	467	Finlay Ward	Rugby & Northampton AC	17	16	10	5	48	31
8	7	Ed Banks	Birchfield Harriers	14	7	16	12	49	33
9	602	Matthew Taylor	University of Warwick	27	5	26	6	64	37
10	45	John Stolberg	BRAT Club	15	11	19	13	58	39
11	592	Adam Hudson	University of Warwick	16	9	15	27	67	40
12	373	Luca Stubbs	Loughborough Students	95	12	14	28	149	54
13	17	Max Price	Birchfield Harriers	32	15	13		60	60
14	627	Charlie Jones	Western Tempo	28	20	27	14	89	61
15	279	Guy Allen	Leamington C & AC		17	36	17	70	70
16	4	Daniel Swain	Birchfield Harriers	23	10	44	40	117	73
17	624	Ben Price	Western Tempo		24	29	21	74	74
18	854	Toby Sheldon	University of Warwick	38	23	38	19	118	80
19	122	Vinnie Martin	City of Stoke AC		31	35	16	82	82
20	189	Daniel Clarke	Coventry Godiva Harriers	30	25	32	31	118	86

21	225	Scott Hudspith	Coventry Godiva Harriers	29	42	24	33	128	86
22	11	Jason Bennett	Birchfield Harriers	44	21	59	22	146	87
23	609	Theo Jacques	University of Warwick	84	28	34	29	175	91
24	16	Matt Scarsbrook	Birchfield Harriers	31		30	43	104	104
25	768	Luke Jones	Worcester AC	36		52	18	106	106
26	260	Richard de-Camps	Gloucester AC	33		55	20	108	108
27	286	Louis O'Brien	Leamington C & AC	43	29	81	37	190	109
28	534	Aidan Banfield	University of Birmingham	35	47	28	47	157	110
29	399	Steve Kerfoot	Loughborough Students	96	34	53	26	209	113
30	1	Adam Day	Birchfield Harriers	47		39	30	116	116
31	670	Matthew Brunnock	Western Tempo	56		31	32	119	119
32	439	Oliver Harradence	Royal Sutton Coldfield AC	45		51	24	120	120
33	528	Thomas Bentley	Tipton Harriers	67	36	23		126	126
34	513	Karl Quiney	Tipton Harriers	53	37		38	128	128
35	353	Jacob Taylor	Loughborough Students	52	38		42	132	132
36	756	Daniel Geisler	Worcester AC	66	41	56	39	202	136
37	636	Daniel Owen	Western Tempo	19		70	49	138	138
38	665	Marcus England	Western Tempo	62	46	49		157	157
39	784	Joe Heathcock	Birchfield Harriers		40	61	57	158	158
40	414	Andrew Parkinson	Royal Sutton Coldfield AC	65	56	42		163	163
41	38	David Bissuel	BRAT Club	90	50	63	53	256	166
42	203	Joseph McLeod	Coventry Godiva Harriers	55	69	57	56	237	168
43	422	Chris Hine	Royal Sutton Coldfield AC		64	64	51	179	179
44	732	Louie Lambeth	Wolverhampton & Bilston AC		49	65	67	181	181
45	512	Joseph Read	Tipton Harriers	69	51	69	66	255	186
46	646	Eliot Taylor	Western Tempo	61	43		83	187	187
47	684	Sam Butler	Western Tempo	78	59	71	62	270	192
48	75	Robert Vaughan	BRAT Club		70	67	58	195	195
49	753	Andrew Jeavons	Worcester AC	74	48	74		196	196
50	102	Fynn Churton	City of Stoke AC	82	75	47		204	204
51	672	Max Kelly	Western Tempo	86	98	66	52	302	204
52	529	Todd Quiney	Tipton Harriers	72	54	80		206	206
53	859	Joshua Morland	University of Warwick	77	62	72		211	211
54	282	James Hunter	Leamington C & AC		80	82	60	222	222
55	539	Clark McDonald	University of Birmingham	91		79	59	229	229
56	437	Nick Crees	Royal Sutton Coldfield AC		88	87	61	236	236
57	104	James Condylyffe	City of Stoke AC	73	68		98	239	239
58	733	Luke Maskew	Wolverhampton & Bilston AC	101	82	109	63	355	246
59	780	Isaac Bate	Western Tempo	105		68	76	249	249
60	773	Robbie Campbell	Worcester AC	107	87	91	75	360	253
61	89	Ashley Dennett	City of Stoke AC		85	84	87	256	256
62	109	Matt Eardley	City of Stoke AC	113	89	95	74	371	258
63	263	Stephen Millward	Gloucester AC	94	76	93		263	263
64	566	Michael Stevens	University of Birmingham	75	99	92		266	266
65	519	Martin Williams	Tipton Harriers	88	79	99		266	266
66	505	Ethan Compton	Tipton Harriers	118		100	68	286	286
67	476	Lewis Cherry	Rugby & Northampton AC	110		97	80	287	287
68	441	Richard Burman	Royal Sutton Coldfield AC	117	92	105	91	405	288
69	531	Tom Holden	Tipton Harriers	100	95	96	105	396	291
70	501	Darren Perry	Tipton Harriers		78	89	127	294	294
71	269	Bradley Hammonds	Leamington C & AC	126	100	126	71	423	297
72	280	Henry Morton	Leamington C & AC	112	93	107	99	411	299
73	664	Marc Fallows	Western Tempo	120	107	108	85	420	300
74	23	Abayomi Adedimeji	BRAT Club		128	104	72	304	304
75	606	Ryan Splarn	University of Warwick		122	94	93	309	309
76	638	David Aubrey	Western Tempo	115	96	98		309	309
77	180	Andy Boon	Coventry Godiva Harriers		113	116	82	311	311
78	413	Alex Seabright	Royal Sutton Coldfield AC	140	86	90		316	316
79	169	Samuel Baylis	CLC Striders	121	103	121	94	439	318
80	705	Ben Foster	Wolverhampton & Bilston AC	151	116	125	86	478	327
81	610	Thomas Parmenter	University of Warwick	135		111	84	330	330
82	683	Ryan Knight	Western Tempo	132	97	102		331	331
83	425	David Sutton	Royal Sutton Coldfield AC	114	109	142	109	474	332
84	812	Benji Ross	City of Stoke AC		125	117	107	349	349
85	258	Owen Parry	Gloucester AC	141	135	118	97	491	350
86	309	Angus Saunders	Loughborough Students	134		123	95	352	352
87	10	Jan Malecki	Birchfield Harriers	129	106	170	118	523	353
88	729	Joseph St Quinton	Wolverhampton & Bilston AC	122	123	185	112	542	357
89	177	Adam Jackson	Coventry Godiva Harriers	157	104	149	108	518	361
90	455	Tony Davies	Royal Sutton Coldfield AC	155	129	137	101	522	367
91	273	Christopher Rawcliffe	Leamington C & AC	127	110	139		376	376

92	418	Brad Watkins	Royal Sutton Coldfield AC		111	148	119	378	378
93	205	Kevin Otieno	Coventry Godiva Harriers	172		129	81	382	382
94	415	Andy Bradley	Royal Sutton Coldfield AC	164	130	136	116	546	382
95	450	Stuart Lumsden	Royal Sutton Coldfield AC		136	156	110	402	402
96	809	James Southall	Rugby & Northampton AC	186	144	154	106	590	404
97	251	Marc Barnett	Gloucester AC	150	120	140		410	410
98	442	Richard Naylor	Royal Sutton Coldfield AC		152	164	114	430	430
99	718	Dylan Illidge	Wolverhampton & Bilston AC	169	147		115	431	431
100	424	Chris Taylor	Royal Sutton Coldfield AC	158	131	145	169	603	434
101	504	Dean Hill	Tipton Harriers		142	171	122	435	435
102	640	David Smith	Western Tempo	181	153	161	123	618	437
103	760	David Price	Worcester AC	163	165	159	120	607	442
104	220	Peter Eccleston	Coventry Godiva Harriers		149	153	145	447	447
105	193	David Cooper	Coventry Godiva Harriers	209	146	169	133	657	448
106	487	Samuel Jackson	Rugby & Northampton AC	191	143		117	451	451
107	68	Panu Khumchoo-Joonpijarn	BRAT Club	153	134	172		459	459
108	51	Mark Ince	BRAT Club	192	156	152	152	652	460
109	719	Garry Palmer	Wolverhampton & Bilston AC	175	160		134	469	469
110	712	Daniel Vaughan	Wolverhampton & Bilston AC	177	148	178	147	650	472
111	752	Adam Pollock	Worcester AC		188	160	129	477	477
112	241	Finlay Hawkins	Gloucester AC		194	165	124	483	483
113	244	James Walters	Gloucester AC	182	173	180	132	667	485
114	53	Martin Matthews	BRAT Club	168	161	158		487	487
115	210	Matthew Hadlum	Coventry Godiva Harriers	193	180	179	135	687	494
116	453	Tom Lloyd	Royal Sutton Coldfield AC	185	145	167		497	497
117	416	Barry Lloyd	Royal Sutton Coldfield AC	190	167		148	505	505
118	717	Derrick Milligan	Wolverhampton & Bilston AC	214	171	188	149	722	508
119	417	Ben Horton	Royal Sutton Coldfield AC	208	204	168	142	722	514
120	515	Krisztian Karasz	Tipton Harriers	176		192	161	529	529
121	199	Jason Brotherhood	Coventry Godiva Harriers	200	179	219	155	753	534
122	855	Joseph Hearn	University of Warwick	220	196	190	151	757	537
123	795	Samuel Katanda	Coventry Godiva Harriers	217	181	200	158	756	539
124	479	Mark Johnson	Rugby & Northampton AC	204		199	138	541	541
125	213	Michael Todd	Coventry Godiva Harriers	203		186	154	543	543
126	860	Matteo Riz	University of Warwick	194	164	189		547	547
127	21	Thomas Smith	Birchfield Harriers	199	175	173		547	547
128	433	Martin Gore	Royal Sutton Coldfield AC	206	182		164	552	552
129	412	Alex Blackham	Royal Sutton Coldfield AC	202	189	203	163	757	554
130	787	Fred Tremblay	Royal Sutton Coldfield AC		200	209	153	562	562
131	139	Gary Farquharson	CLC Striders	232	201	218	166	817	585
132	716	David Norman	Wolverhampton & Bilston AC	239	208	220	168	835	596
133	715	David Newport	Wolverhampton & Bilston AC	221	191	196		608	608
134	215	Muhammad Ibrahim	Coventry Godiva Harriers		222	215	172	609	609
135	491	Vincent Carroll	Rugby & Northampton AC	243	212	225	175	855	612
136	427	Edward Stead	Royal Sutton Coldfield AC	219	195	202		616	616
137	73	Richard Gray	BRAT Club	238	209		170	617	617
138	228	Waising Yip	Coventry Godiva Harriers	245	216	230	174	865	620
139	430	Josh Hughes	Royal Sutton Coldfield AC		221	228	173	622	622
140	186	Chris Hurst	Coventry Godiva Harriers	237		223	167	627	627
141	734	Mark Illidge	Wolverhampton & Bilston AC	257	219	227	183	886	629
142	124	Aled Leaver	CLC Striders	229	198	208		635	635
143	161	Paul Lockyer	CLC Striders	227	197	216		640	640
144	791	Ryan McClure	BRAT Club	251	237	226	178	892	641
145	522	Myles Wilson	Tipton Harriers		223	235	185	643	643
146	794	Richard Aarons	CLC Striders	228	211	205		644	644
147	731	Lee Partridge	Wolverhampton & Bilston AC	253	232	239	188	912	659
148	134	David James	CLC Striders	264	227	242	190	923	659
149	300	Steven Roberts	Leamington C & AC	259	225	241	194	919	660
150	440	Paul Jenkins	Royal Sutton Coldfield AC	256	231	240	193	920	664
151	52	Martin Ludford	BRAT Club	262	238	243	192	935	673
152	217	Nathan Jones	Coventry Godiva Harriers	260		231	189	680	680
153	208	Martin Gittins	Coventry Godiva Harriers	265		232	184	681	681
154	447	Simon Cheek	Royal Sutton Coldfield AC		242	247	198	687	687
155	746	Russell Blair	Wolverhampton & Bilston AC	270	243	250	199	962	692
156	281	Howard Roden	Leamington C & AC	248	218	229		695	695
157	209	Matthew Danes	Coventry Godiva Harriers	271		252	200	723	723
158	496	Andrew Bentley	Tipton Harriers	268	244	251		763	763
159	18	Omar Ahmed	Birchfield Harriers			1	1	2	2
160	763	George Beardmore	Worcester AC	5	2			7	7
161	548	Finley Proffitt	University of Birmingham		4	5		9	9
162	271	Callum Hanlon	Leamington C & AC			9	11	20	20

163	565	Max Cunningham	University of Birmingham		14		7	21	21
164	562	Liam Rawlings	University of Birmingham	13		21		34	34
165	765	Jake Watson	Worcester AC		22	17		39	39
166	577	Sam Hopkins	University of Birmingham	21	26			47	47
167	679	Philip Wylie	Western Tempo	26		25		51	51
168	521	Michael Banks	Tipton Harriers	37	19			56	56
169	587	Will Simm	University of Birmingham	24			35	59	59
170	357	James Winship	Loughborough Students	25		41		66	66
171	345	Jack Bailey	Loughborough Students	34	33			67	67
172	41	Henry Brocklehurst	BRAT Club		32		36	68	68
173	106	Jordan Thomas	City of Stoke AC	46	27			73	73
174	578	Samuel Greenstein	University of Birmingham	51			23	74	74
175	652	Jack Bancroft	Western Tempo	42		37		79	79
176	779	Jack Dickson	Loughborough Students	18	61			79	79
177	407	Tom Kimber	Loughborough Students	48		33		81	81
178	483	Noah Bennett	Rugby & Northampton AC	40			44	84	84
179	80	Tesfay Teweled	BRAT Club	49			48	97	97
180	612	Tom Scrutton	University of Warwick	50		50		100	100
181	722	Jack Bonser	Wolverhampton & Bilston AC	59		43		102	102
182	347	Jack Campbell	Loughborough Students	63	39			102	102
183	643	Douglas Wight	Western Tempo			60	54	114	114
184	325	Daniel Melling	Loughborough Students	79		45		124	124
185	725	Jamie Ward	Wolverhampton & Bilston AC	83	44			127	127
186	477	Louis Miles Starr	Rugby & Northampton AC	57		73		130	130
187	766	Lewis Roberts	Worcester AC	76	55			131	131
188	651	Henry James	Western Tempo	81	58			139	139
189	822	Iwan White	University of Warwick		52		92	144	144
190	582	Thomas Ross	University of Birmingham		74		79	153	153
191	579	Stanley Clarke	University of Birmingham		90		64	154	154
192	490	Thomas Brinkley	Rugby & Northampton AC	89	65			154	154
193	371	Luca Matharu	Loughborough Students	85	77			162	162
194	266	Alexander Ibbs	Leamington C & AC	102	63			165	165
195	786	Tom Blackburn	BRAT Club		83	85		168	168
196	777	Tony Farnsworth	Worcester AC	93		77		170	170
197	803	Daniel Hayes	University of Warwick	108	67			175	175
198	388	Patrick Thomas	Loughborough Students			103	73	176	176
199	510	Ian Williams	Tipton Harriers		35	141		176	176
200	604	Max Winfield	University of Warwick			122	55	177	177
201	788	Stanley Doxey	Leamington C & AC		71	110		181	181
202	526	Rohan Patel	Tipton Harriers	99		83		182	182
203	358	Jamie Frost	Loughborough Students		84		100	184	184
204	324	Daniel Evans	Loughborough Students		101	86		187	187
205	543	Edward Brown	University of Birmingham	87		101		188	188
206	711	Daniel Turner	Wolverhampton & Bilston AC	116	73			189	189
207	686	Simon Hall	Western Tempo		102		89	191	191
208	594	Ash Fowkes-Gajan	University of Warwick		66	130		196	196
209	350	Jack Green	Loughborough Students		119		77	196	196
210	710	Daniel Maskew	Wolverhampton & Bilston AC	92		114		206	206
211	236	Charlie Coles	Gloucester AC			120	88	208	208
212	37	Dan Robinson	BRAT Club			146	69	215	215
213	607	Simon McCrohan	University of Warwick	104	114			218	218
214	64	Oliver Hudson	BRAT Club			119	102	221	221
215	34	Chris Stockdale	BRAT Club			134	90	224	224
216	302	Adam Wetton	Loughborough Students	119	105			224	224
217	499	Cameron Lomax	Tipton Harriers		91		136	227	227
218	656	Joby Hobbs	Western Tempo		132		103	235	235
219	615	Zhi Yan Yeo	University of Warwick	98	138			236	236
220	276	Dexter Cheung	Leamington C & AC	109		128		237	237
221	856	Joe Lunt	University of Warwick	124	117			241	241
222	304	Adam Hunt	Loughborough Students	130		115		245	245
223	318	Benjy Williams	Loughborough Students	128	118			246	246
224	619	Alex Smith	Western Tempo	144	112			256	256
225	593	Albert Oliver	University of Warwick			132	130	262	262
226	506	Gareth Griffiths	Tipton Harriers			151	121	272	272
227	658	John Parker	Western Tempo	146	126			272	272
228	695	Tom Radley	Western Tempo	139		135		274	274
229	484	Richard Francis	Rugby & Northampton AC	149			125	274	274
230	764	Harvey Bowron	Worcester AC	160	115			275	275
231	233	Andrew de-Camps	Gloucester AC	165			113	278	278
232	769	Mark Fritchley	Worcester AC	145	133			278	278
233	221	Phillip Gould	Coventry Godiva Harriers	142		138		280	280

234	509	George Appleby	Tipton Harriers		150	133		283	283
235	367	Joshua Colenette	Loughborough Students	154	140			294	294
236	431	Mark Rickards	Royal Sutton Coldfield AC		151	147		298	298
237	688	Steve Linton	Western Tempo	171			128	299	299
238	250	Luke Hine	Gloucester AC			174	126	300	300
239	635	Dan Schofield	Western Tempo		158	144		302	302
240	696	Tom Whetton	Western Tempo	148		157		305	305
241	354	Jake Anderson	Loughborough Students	184	124			308	308
242	340	Harvey Butler	Loughborough Students			162	150	312	312
243	807	Hugh Davies	Worcester AC		169		143	312	312
244	232	Alasdair Stewart	Gloucester AC	174	139			313	313
245	825	Jack Levent	Worcester AC			177	137	314	314
246	823	David Blake	Rugby & Northampton AC		168		146	314	314
247	616	Adrian Williams	Western Tempo		178		139	317	317
248	95	Dan Salt	City of Stoke AC	166	159			325	325
249	789	Steven Dunsby	BRAT Club	159		175		334	334
250	568	Ned Silvey	University of Birmingham	161	176			337	337
251	749	Thomas Pryor	Wolverhampton & Bilston AC	195	155			350	350
252	147	John Comer	CLC Striders	197		163		360	360
253	701	William New	Western Tempo	170	192			362	362
254	808	Nick Price	Worcester AC			206	156	362	362
255	451	Tom Archer	Royal Sutton Coldfield AC	201	163			364	364
256	77	Sean Rose	BRAT Club		184	184		368	368
257	772	Owen Jarman	Worcester AC			214	162	376	376
258	223	Richard Todd	Coventry Godiva Harriers	213			165	378	378
259	31	Ben Stokes	BRAT Club		187	191		378	378
260	230	William Chalmers	Coventry Godiva Harriers	223			160	383	383
261	167	Robert Hyams	CLC Striders		224		159	383	383
262	152	Liam Richardson	CLC Striders			213	171	384	384
263	806	Benjamin Claridge	Worcester AC		215		186	401	401
264	176	William Pearce	CLC Striders	211		194		405	405
265	703	Andrew Dyall	Wolverhampton & Bilston AC			233	179	412	412
266	851	Chris Nield	Gloucester AC	218		195		413	413
267	305	Aidan Lee	Loughborough Students	230	185			415	415
268	761	Derek Jackson	Worcester AC	240			177	417	417
269	39	David Broome	BRAT Club	215		204		419	419
270	750	Tony Cheema	Wolverhampton & Bilston AC	226	193			419	419
271	743	Robert Edwards	Wolverhampton & Bilston AC			245	187	432	432
272	292	Paul Rutter	Leamington C & AC	233	206			439	439
273	290	Paul Caruana	Leamington C & AC	254			191	445	445
274	239	Dave Gresswell	Gloucester AC	225		221		446	446
275	71	Paul Falkiner	BRAT Club		220	234		454	454
276	291	Paul Okey	Leamington C & AC	242	214			456	456
277	599	James Cockell	University of Warwick	246	210			456	456
278	174	Tim Brock	CLC Striders	244	217			461	461
279	229	William Averill	Coventry Godiva Harriers	258	207			465	465
280	428	James Cruse	Royal Sutton Coldfield AC		228	237		465	465
281	142	Jack Wilde	CLC Striders	250	226			476	476
282	70	Paul Cannon	BRAT Club	241		238		479	479
283	533	Zabie Hassan	Tipton Harriers		240	249		489	489
284	218	Nick Bennett	Coventry Godiva Harriers	263	233			496	496
285	758	David Capewell	Worcester AC	266	239			505	505
286	63	Nigel Dawes	BRAT Club	267	241			508	508
287	76	Sandeep Dhami	BRAT Club	272		253		525	525
288	586	Will Barnicoat	University of Birmingham	1				1	1
289	47	Joseph Tuffin	BRAT Club			2		2	2
290	583	Tomer Tarragano	University of Birmingham	2				2	2
291	572	Oliver Smart	University of Birmingham	3				3	3
292	585	Tyler Bilyard	University of Birmingham			3		3	3
293	785	Aron Gerbremeriam	Birchfield Harriers			4		4	4
294	569	Noah Champion	University of Birmingham			6		6	6
295	781	Jordan Rowe	Loughborough Students	6				6	6
296	842	Fergus Scott	Rugby & Northampton AC				8	8	8
297	541	Daniel Fisher	University of Birmingham	8				8	8
298	9	James Vaughan	Birchfield Harriers				15	15	15
299	663	Luke Davis	Western Tempo			18		18	18
300	231	William Fuller	Coventry Godiva Harriers		18			18	18
301	546	Ethan O'Shea	University of Birmingham			20		20	20
302	383	Nicklas Shaw	Loughborough Students	20				20	20
303	403	Thomas Smales	Loughborough Students			22		22	22
304	581	Thomas Bridger	University of Birmingham	22				22	22

305	611	Tom Jones	University of Warwick			25	25	25
306	549	George Rowland	University of Birmingham	30			30	30
307	754	Arty Wilson-Spence	Worcester AC			34	34	34
308	574	Robbie Rigby	University of Birmingham	39			39	39
309	497	Ben Gamble	Tipton Harriers		40		40	40
310	553	Isaac Rothwell	University of Birmingham	41			41	41
311	461	Anthony Clancy	Rugby & Northampton AC			41	41	41
312	457	Adam Wright	Rugby & Northampton AC			45	45	45
313	601	Levi Berger	University of Warwick	45			45	45
314	206	Lucas Bennett	Coventry Godiva Harriers		46		46	46
315	841	Phil Melling	Rugby & Northampton AC			46	46	46
316	237	Charlie Worsfold	Gloucester AC		48		48	48
317	459	Andrew Johnstone	Rugby & Northampton AC			50	50	50
318	380	Miles Brown	Loughborough Students	53			53	53
319	326	Duncan Hughes	Loughborough Students	54			54	54
320	575	Ross van Heerde	University of Birmingham		54		54	54
321	394	Sam Flaherty	Loughborough Students	57			57	57
322	536	Ben Squire	University of Birmingham		58		58	58
323	165	Rob Green	CLC Striders	58			58	58
324	560	Joshua Fisher	University of Birmingham	60			60	60
325	721	Harry Dyall	Wolverhampton & Bilston AC	60			60	60
326	36	Dan Dalmedo	BRAT Club		62		62	62
327	28	Alec Sabey	BRAT Club	64			64	64
328	78	Steve Turner	BRAT Club			65	65	65
329	35	Dan Carpenter	BRAT Club	68			68	68
330	618	Alex Lee	Western Tempo	70			70	70
331	723	James Neilson	Wolverhampton & Bilston AC			70	70	70
332	745	Robert Meredith	Wolverhampton & Bilston AC	71			71	71
333	20	Shaun Evans	Birchfield Harriers	72			72	72
334	389	Patrick Welsh	Loughborough Students		75		75	75
335	43	Jake Williamson	BRAT Club		76		76	76
336	660	Liam Colahan	Western Tempo			78	78	78
337	103	Harry Bond	City of Stoke AC		78		78	78
338	119	Stuart Fisher	City of Stoke AC	80			80	80
339	384	Oliver Hall	Loughborough Students	81			81	81
340	826	Owen Jones	BRAT Club		88		88	88
341	97	Daniel Watt	City of Stoke AC	94			94	94
342	460	Andrew Siggers	Rugby & Northampton AC			96	96	96
343	175	Will Ferguson	CLC Striders	97			97	97
344	580	Ted Barnicoat	University of Birmingham	103			103	103
345	187	Clark Roberts	Coventry Godiva Harriers			104	104	104
346	87	Alexander Braybrooke	City of Stoke AC	106			106	106
347	464	Danny Carter	Rugby & Northampton AC		106		106	106
348	338	Harry Hyde	Loughborough Students	108			108	108
349	462	Ben Merriman	Rugby & Northampton AC			111	111	111
350	150	Joseph Willgoss	CLC Striders	111			111	111
351	778	Will Morris	Worcester AC		112		112	112
352	59	Morgan Hill	BRAT Club		113		113	113
353	327	Dylan Clarke	Loughborough Students	121			121	121
354	801	William Fuller	University of Warwick	123			123	123
355	56	Matthew McCullagh	BRAT Club		124		124	124
356	662	Luke Carroll	Western Tempo	125			125	125
357	557	Joseph Reindel	University of Birmingham		127		127	127
358	818	Tyler Cartlidge	Loughborough Students	127			127	127
359	466	David Conway	Rugby & Northampton AC			131	131	131
360	108	Liam Hendricken	City of Stoke AC		131		131	131
361	125	Alex Johnston	CLC Striders	131			131	131
362	852	Pavit Kullar	University of Warwick	133			133	133
363	60	Mulugeta Girmay	BRAT Club	136			136	136
364	190	Daniel Dalton	Coventry Godiva Harriers	137			137	137
365	141	Iain Porter	CLC Striders	137			137	137
366	532	Wayne Russell	Tipton Harriers	138			138	138
367	113	Ross Connor	City of Stoke AC			140	140	140
368	727	Jon Hart	Wolverhampton & Bilston AC			141	141	141
369	494	Adam Barnes	Tipton Harriers	141			141	141
370	527	Steve Brookes	Tipton Harriers		143		143	143
371	164	Rob Barnett	CLC Striders	143			143	143
372	837	Tom Beesley	Coventry Godiva Harriers			144	144	144
373	631	Christopher Hutchinson	Western Tempo	147			147	147
374	485	Richard Thomas	Rugby & Northampton AC		150		150	150
375	520	Matthew Smith	Tipton Harriers	152			152	152

376	819	James Caine	Loughborough Students	154		154	154
377	639	David Johnson	Western Tempo		155	155	155
378	775	Tirian Ashby	Worcester AC	156		156	156
379	709	Daniel Malone	Wolverhampton & Bilston AC		157	157	157
380	793	Michael Gachomba	BRAT Club	157		157	157
381	815	Jonathon Knibb	Leamington C & AC	162		162	162
382	757	Darren Kirby	Worcester AC	162		162	162
383	811	Gian-Marco Petrozzi	City of Stoke AC	166		166	166
384	74	Robert Chesner	BRAT Club		166	166	166
385	82	Toby Austin	BRAT Club	167		167	167
386	739	Paul Marson	Wolverhampton & Bilston AC	170		170	170
387	596	Casey Turner	University of Warwick	172		172	172
388	216	Munya Mukesi	Coventry Godiva Harriers	173		173	173
389	445	Shaun Hemmings	Royal Sutton Coldfield AC	174		174	174
390	503	Dean Bate	Tipton Harriers		176	176	176
391	448	Steve Marklew	Royal Sutton Coldfield AC		176	176	176
392	820	Sean Delaney	Loughborough Students	177		177	177
393	514	Korey Hazlewood	Tipton Harriers	178		178	178
394	689	Steven Flowers	Western Tempo	179		179	179
395	49	Lee Neal	BRAT Club	180		180	180
396	158	Nick Ledwold	CLC Striders		180	180	180
397	201	John Treadwell	Coventry Godiva Harriers		181	181	181
398	827	Chris Grimley	BRAT Club		181	181	181
399	283	Jason Hill	Leamington C & AC		182	182	182
400	202	Jose Ortiz Gonzalez	Coventry Godiva Harriers		182	182	182
401	783	Kelly Kiplating	Birchfield Harriers	183		183	183
402	598	Fred Carver	University of Warwick	183		183	183
403	72	Paul Jolliffe	BRAT Club		183	183	183
404	614	Zachary Dickens	University of Warwick	186		186	186
405	449	Stewart Deeming	Royal Sutton Coldfield AC		187	187	187
406	274	Craig Bower	Leamington C & AC	187		187	187
407	708	Daniel Brazier	Wolverhampton & Bilston AC	188		188	188
408	798	Luke Greenfield	Rugby & Northampton AC	189		189	189
409	540	Curtis Day	University of Birmingham	190		190	190
410	272	Christian Vonthron	Leamington C & AC		193	193	193
411	421	Chris Hewitt	Royal Sutton Coldfield AC		195	195	195
412	829	Duncan Davies	Wolverhampton & Bilston AC		196	196	196
413	129	Ben Cooper	CLC Striders	196		196	196
414	149	Jon Howes	CLC Striders		197	197	197
415	836	John Abbiss	Wolverhampton & Bilston AC		197	197	197
416	397	Sean Delaney	Loughborough Students	198		198	198
417	824	Alex Wood	City of Stoke AC		198	198	198
418	853	James Drury	University of Warwick	199		199	199
419	608	Stan Godfrey	University of Warwick		201	201	201
420	195	Garry Flude	Coventry Godiva Harriers		201	201	201
421	211	Max Chapman	Coventry Godiva Harriers	202		202	202
422	840	Paul Maftei	University of Warwick		202	202	202
423	471	John Saw	Rugby & Northampton AC		203	203	203
424	289	Paul Andrew	Leamington C & AC	203		203	203
425	726	Jay Patel	Wolverhampton & Bilston AC	205		205	205
426	707	Christopher Apperley	Wolverhampton & Bilston AC	205		205	205
427	79	Stuart Pearson	BRAT Club		207	207	207
428	625	Bryan Vaughan	Western Tempo	207		207	207
429	191	Daniel Gaggini	Coventry Godiva Harriers	210		210	210
430	419	Callum Thomas	Royal Sutton Coldfield AC		210	210	210
431	435	Michael Stones	Royal Sutton Coldfield AC		211	211	211
432	200	Joe Chalmers	Coventry Godiva Harriers	212		212	212
433	452	Tom Chew	Royal Sutton Coldfield AC		212	212	212
434	790	Steven Barber	BRAT Club	213		213	213
435	66	Oliver Kirkland	BRAT Club	216		216	216
436	480	Michael Starr	Rugby & Northampton AC		217	217	217
437	42	Huw Jones	BRAT Club		222	222	222
438	259	Pete Haynes	Gloucester AC	222		222	222
439	605	Noor Ali Syed	University of Warwick		224	224	224
440	299	Stephen Hundal	Leamington C & AC	224		224	224
441	297	Simon West	Leamington C & AC	229		229	229
442	814	Dan Tomlinson	Leamington C & AC	230		230	230
443	146	Joel Freeland	CLC Striders	231		231	231
444	782	Craig Woodward	Tipton Harriers	234		234	234
445	682	Robert Blackmun	Western Tempo	234		234	234
446	488	Stephen Buck	Rugby & Northampton AC	235		235	235

447	267	Andrew Higgins	Leamington C & AC		235			235	235
448	800	Henry Sinclair-Banks	University of Warwick		236			236	236
449	690	Steven Rowley	Western Tempo	236				236	236
450	737	Paul Dean	Wolverhampton & Bilston AC			236		236	236
451	30	Andrew Knight	BRAT Club			244		244	244
452	65	Oliver Hugh	BRAT Club			246		246	246
453	235	Ben Griffiths	Gloucester AC	247				247	247
454	828	Colin Werrett	BRAT Club			248		248	248
455	182	Ben Hoskings	Coventry Godiva Harriers	249				249	249
456	32	Carl Horton	BRAT Club	252				252	252
457	138	Eoin McQuone	CLC Striders	255				255	255
458	204	Justin Gilbert	Coventry Godiva Harriers	261				261	261
459	40	David Sansom	BRAT Club	269				269	269

Junior Men			Series Points	Match 1	Match 2	Match 3	Match 4	Total	BestOf3
1	467	Finlay Ward	Rugby & Northampton AC	4	6	3	1	14	8
2	576	Sam Burkitt	University of Birmingham	1	4	4		9	9
3	602	Matthew Taylor	University of Warwick	8	1	11	2	22	11
4	592	Adam Hudson	University of Warwick	3	2	7	7	19	12
5	373	Luca Stubbs	Loughborough Students	31	3	6	8	48	17
6	17	Max Price	Birchfield Harriers	9	5	5		19	19
7	609	Theo Jacques	University of Warwick	27	9	14	9	59	32
8	768	Luke Jones	Worcester AC	11		18	4	33	33
9	399	Steve Kerfoot	Loughborough Students	32	11	19	6	68	36
10	670	Matthew Brunnock	Western Tempo	20		12	10	42	42
11	353	Jacob Taylor	Loughborough Students	18	13		12	43	43
12	528	Thomas Bentley	Tipton Harriers	24	12	10		46	46
13	753	Andrew Jeavons	Worcester AC	25	15	22		62	62
14	102	Fynn Churton	City of Stoke AC	26	20	16		62	62
15	437	Nick Crees	Royal Sutton Coldfield AC		22	26	15	63	63
16	505	Ethan Compton	Tipton Harriers	36		27	17	80	80
17	177	Adam Jackson	Coventry Godiva Harriers	46	25	36	21	128	82
18	10	Jan Malecki	Birchfield Harriers	40	26	39	24	129	89
19	729	Joseph St Quinton	Wolverhampton & Bilston AC	37	31	41	22	131	90
20	205	Kevin Otieno	Coventry Godiva Harriers	49		34	19	102	102
21	241	Finlay Hawkins	Gloucester AC		40	38	25	103	103
22	718	Dylan Illidge	Wolverhampton & Bilston AC	48	34		23	105	105
23	855	Joseph Hearn	University of Warwick	51	41	42	27	161	110
24	68	Panu Khumchoo-Joonpijarn	BRAT Club	43	32	40		115	115
25	577	Sam Hopkins	University of Birmingham	6	8			14	14
26	521	Michael Banks	Tipton Harriers	12	7			19	19
27	345	Jack Bailey	Loughborough Students	10	10			20	20
28	578	Samuel Greenstein	University of Birmingham	17			5	22	22
29	357	James Winship	Loughborough Students	7		15		22	22
30	483	Noah Bennett	Rugby & Northampton AC	14			13	27	27
31	407	Tom Kimber	Loughborough Students	16		13		29	29
32	347	Jack Campbell	Loughborough Students	23	14			37	37
33	579	Stanley Clarke	University of Birmingham		23		16	39	39
34	477	Louis Miles Starr	Rugby & Northampton AC	21		21		42	42
35	604	Max Winfield	University of Warwick			32	14	46	46
36	490	Thomas Brinkley	Rugby & Northampton AC	30	17			47	47
37	371	Luca Matharu	Loughborough Students	28	21			49	49
38	499	Cameron Lomax	Tipton Harriers		24		26	50	50
39	236	Charlie Coles	Gloucester AC			31	20	51	51
40	594	Ash Fowkes-Gajan	University of Warwick		18	35		53	53
41	803	Daniel Hayes	University of Warwick	35	19			54	54
42	543	Edward Brown	University of Birmingham	29		28		57	57
43	526	Rohan Patel	Tipton Harriers	33		25		58	58
44	856	Joe Lunt	University of Warwick	38	28			66	66
45	318	Benjy Williams	Loughborough Students	39	29			68	68
46	806	Benjamin Claridge	Worcester AC		44		29	73	73
47	367	Joshua Collenette	Loughborough Students	44	33			77	77
48	696	Tom Whetton	Western Tempo	42		37		79	79
49	230	William Chalmers	Coventry Godiva Harriers	52			28	80	80
50	568	Ned Silvey	University of Birmingham	47	36			83	83
51	305	Aidan Lee	Loughborough Students	53	37			90	90
52	599	James Cockell	University of Warwick	54	43			97	97
53	785	Aron Gerbremeriam	Birchfield Harriers			1		1	1
54	569	Noah Champion	University of Birmingham			2		2	2

55	541	Daniel Fisher	University of Birmingham	2				2	2
56	9	James Vaughan	Birchfield Harriers			3		3	3
57	383	Nicklas Shaw	Loughborough Students	5				5	5
58	663	Luke Davis	Western Tempo			8		8	8
59	403	Thomas Smales	Loughborough Students			9		9	9
60	754	Arty Wilson-Spence	Worcester AC				11	11	11
61	574	Robbie Rigby	University of Birmingham	13				13	13
62	553	Isaac Rothwell	University of Birmingham	15				15	15
63	380	Miles Brown	Loughborough Students		16			16	16
64	237	Charlie Worsfold	Gloucester AC			17		17	17
65	723	James Neilson	Wolverhampton & Bilston AC				18	18	18
66	326	Duncan Hughes	Loughborough Students	19				19	19
67	536	Ben Squire	University of Birmingham			20		20	20
68	560	Joshua Fisher	University of Birmingham	22				22	22
69	389	Patrick Welsh	Loughborough Students			23		23	23
70	103	Harry Bond	City of Stoke AC			24		24	24
71	338	Harry Hyde	Loughborough Students		27			27	27
72	464	Danny Carter	Rugby & Northampton AC			29		29	29
73	327	Dylan Clarke	Loughborough Students		30			30	30
74	59	Morgan Hill	BRAT Club			30		30	30
75	557	Joseph Reindel	University of Birmingham			33		33	33
76	580	Ted Barnicoat	University of Birmingham	34				34	34
77	596	Casey Turner	University of Warwick		35			35	35
78	614	Zachary Dickens	University of Warwick		38			38	38
79	540	Curtis Day	University of Birmingham		39			39	39
80	60	Mulugeta Girmay	BRAT Club	41				41	41
81	853	James Drury	University of Warwick		42			42	42
82	824	Alex Wood	City of Stoke AC			43		43	43
83	608	Stan Godfrey	University of Warwick			44		44	44
84	605	Noor Ali Syed	University of Warwick			45		45	45
85	775	Tirian Ashby	Worcester AC	45				45	45
86	514	Korey Hazlewood	Tipton Harriers	50				50	50
87	235	Ben Griffiths	Gloucester AC	55				55	55

Masters Men		Series Points	Match 1	Match 2	Match 3	Match 4	Total
1	A Team	Western Tempo	18	31	15	30	94
2		Worcester AC	75	100	90	102	367
3		Tipton Harriers	95	44	68	160	367
4		Royal Sutton Coldfield AC	106	103	99	78	386
5		BRAT Club	198	124	65	54	441
6		Coventry Godiva Harriers	143	124	110	95	472
7		Wolverhampton & Bilston AC	114	121	177	117	529
8		CLC Striders	69	273	290	274	906
9		Gloucester AC	136	130	173		439
10		Rugby & Northampton AC	242		239	87	568
11		Leamington C & AC	315	199	268		782
1	B Team	Western Tempo	89	91	67	119	366
2		Royal Sutton Coldfield AC	242	164	174	168	748
3		Wolverhampton & Bilston AC	255	228	341	223	1047
4		BRAT Club	326	270	159		755
5		Coventry Godiva Harriers	273		308	230	811
6		Tipton Harriers		310	178		488
7		CLC Striders	206		349		555
8		Rugby & Northampton AC				191	191
9		Gloucester AC	285				285
10		Worcester AC	286				286
11		Leamington C & AC		330			330

Masters Men		Series Points	Match 1	Match 2	Match 3	Match 4	Total	BestOf3
1	7	Ed Banks	1	1	1	1	4	3
2	627	Charlie Jones	3	2	3	2	10	7
3	624	Ben Price		3	4	3	10	10
4	189	Daniel Clarke	4	4	5	5	18	13
5	439	Oliver Harradence	6		9	4	19	19
6	756	Daniel Geisler	9	6	10	6	31	21
7	665	Marcus England	8	7	8		23	23
8	75	Robert Vaughan		8	13	9	30	30
9	282	James Hunter		12	15	10	37	37

10	733	Luke Maskew	Wolverhampton & Bilston AC	18	13	27	11	69	42
11	263	Stephen Millward	Gloucester AC	15	9	19		43	43
12	519	Martin Williams	Tipton Harriers	13	11	23		47	47
13	773	Robbie Campbell	Worcester AC	19	14	18	15	66	47
14	109	Matt Eardley	City of Stoke AC	21	15	20	14	70	49
15	531	Tom Holden	Tipton Harriers	17	18	21	27	83	56
16	441	Richard Burman	Royal Sutton Coldfield AC	23	16	25	21	85	60
17	638	David Aubrey	Western Tempo	22	19	22		63	63
18	23	Abayomi Adedimeji	BRAT Club		27	24	13	64	64
19	664	Marc Fallows	Western Tempo	25	22	26	17	90	64
20	501	Darren Perry	Tipton Harriers		10	17	38	65	65
21	180	Andy Boon	Coventry Godiva Harriers		24	28	16	68	68
22	705	Ben Foster	Wolverhampton & Bilston AC	36	25	30	18	109	73
23	258	Owen Parry	Gloucester AC	29	33	29	23	114	81
24	455	Tony Davies	Royal Sutton Coldfield AC	38	28	33	24	123	85
25	415	Andy Bradley	Royal Sutton Coldfield AC	43	29	32	33	137	94
26	424	Chris Taylor	Royal Sutton Coldfield AC	39	30	38	67	174	107
27	450	Stuart Lumsden	Royal Sutton Coldfield AC		34	46	29	109	109
28	809	James Southall	Rugby & Northampton AC	56	37	44	28	165	109
29	442	Richard Naylor	Royal Sutton Coldfield AC		41	50	32	123	123
30	504	Dean Hill	Tipton Harriers		36	52	35	123	123
31	760	David Price	Worcester AC	42	48	48	34	172	124
32	640	David Smith	Western Tempo	54	42	49	36	181	127
33	220	Peter Eccleston	Coventry Godiva Harriers		39	43	48	130	130
34	719	Garry Palmer	Wolverhampton & Bilston AC	49	45		42	136	136
35	51	Mark Ince	BRAT Club	60	43	42	52	197	137
36	53	Martin Matthews	BRAT Club	45	46	47		138	138
37	712	Daniel Vaughan	Wolverhampton & Bilston AC	51	38	56	49	194	138
38	244	James Walters	Gloucester AC	55	53	57	41	206	149
39	416	Barry Lloyd	Royal Sutton Coldfield AC	59	49		50	158	158
40	717	Derrick Milligan	Wolverhampton & Bilston AC	70	52	64	51	237	167
41	21	Thomas Smith	Birchfield Harriers	61	55	53		169	169
42	199	Jason Brotherhood	Coventry Godiva Harriers	62	57	85	55	259	174
43	515	Krisztian Karasz	Tipton Harriers	50		66	60	176	176
44	479	Mark Johnson	Rugby & Northampton AC	64		71	43	178	178
45	213	Michael Todd	Coventry Godiva Harriers	63		62	54	179	179
46	433	Martin Gore	Royal Sutton Coldfield AC	65	59		62	186	186
47	795	Samuel Katanda	Coventry Godiva Harriers	73	58	72	58	261	188
48	787	Fred Tremblay	Royal Sutton Coldfield AC		67	79	53	199	199
49	715	David Newport	Wolverhampton & Bilston AC	76	62	69		207	207
50	427	Edward Stead	Royal Sutton Coldfield AC	75	64	73		212	212
51	139	Gary Farquharson	CLC Striders	85	68	84	64	301	216
52	716	David Norman	Wolverhampton & Bilston AC	91	72	86	66	315	224
53	124	Aled Leaver	CLC Striders	83	66	78		227	227
54	161	Paul Lockyer	CLC Striders	81	65	82		228	228
55	794	Richard Aarons	CLC Striders	82	74	75		231	231
56	73	Richard Gray	BRAT Club	90	73		68	231	231
57	491	Vincent Carroll	Rugby & Northampton AC	95	75	90	71	331	236
58	228	Waising Yip	Coventry Godiva Harriers	97	78	93	70	338	241
59	186	Chris Hurst	Coventry Godiva Harriers	89		89	65	243	243
60	734	Mark Illidge	Wolverhampton & Bilston AC	104	81	91	77	353	249
61	522	Myles Wilson	Tipton Harriers		83	97	79	259	259
62	281	Howard Roden	Leamington C & AC	98	80	92		270	270
63	731	Lee Partridge	Wolverhampton & Bilston AC	100	90	100	81	371	271
64	134	David James	CLC Striders	109	86	103	82	380	271
65	300	Steven Roberts	Leamington C & AC	105	85	102	86	378	273
66	440	Paul Jenkins	Royal Sutton Coldfield AC	103	89	101	85	378	275
67	208	Martin Gittins	Coventry Godiva Harriers	110		94	78	282	282
68	52	Martin Ludford	BRAT Club	107	94	104	84	389	282
69	447	Simon Cheek	Royal Sutton Coldfield AC		97	107	90	294	294
70	746	Russell Blair	Wolverhampton & Bilston AC	115	98	109	91	413	298
71	209	Matthew Danes	Coventry Godiva Harriers	116		111	92	319	319
72	496	Andrew Bentley	Tipton Harriers	113	99	110		322	322
73	679	Philip Wylie	Western Tempo	2		2		4	4
74	652	Jack Bancroft	Western Tempo	5		6		11	11
75	643	Douglas Wight	Western Tempo			11	8	19	19
76	777	Tony Farnsworth	Worcester AC	14		14		28	28
77	686	Simon Hall	Western Tempo		20		19	39	39
78	510	Ian Williams	Tipton Harriers		5	35		40	40
79	302	Adam Wetton	Loughborough Students	24	21			45	45
80	37	Dan Robinson	BRAT Club			39	12	51	51

81	34	Chris Stockdale	BRAT Club			31	20	51	51
82	619	Alex Smith	Western Tempo	32	23			55	55
83	656	Joby Hobbs	Western Tempo		31		25	56	56
84	658	John Parker	Western Tempo	34	26			60	60
85	221	Phillip Gould	Coventry Godiva Harriers	30		34		64	64
86	769	Mark Fritchley	Worcester AC	33	32			65	65
87	484	Richard Francis	Rugby & Northampton AC	35			37	72	72
88	233	Andrew de-Camps	Gloucester AC	44			31	75	75
89	431	Mark Rickards	Royal Sutton Coldfield AC		40	40		80	80
90	635	Dan Schofield	Western Tempo		44	37		81	81
91	232	Alasdair Stewart	Gloucester AC	48	35			83	83
92	688	Steve Linton	Western Tempo	46			39	85	85
93	789	Steven Dunsby	BRAT Club	40		54		94	94
94	807	Hugh Davies	Worcester AC		50		47	97	97
95	616	Adrian Williams	Western Tempo		56		44	100	100
96	77	Sean Rose	BRAT Club		60	61		121	121
97	31	Ben Stokes	BRAT Club		61	65		126	126
98	808	Nick Price	Worcester AC			76	56	132	132
99	223	Richard Todd	Coventry Godiva Harriers	69			63	132	132
100	176	William Pearce	CLC Striders	67		67		134	134
101	851	Chris Nield	Gloucester AC	74		68		142	142
102	772	Owen Jarman	Worcester AC			81	61	142	142
103	750	Tony Cheema	Wolverhampton & Bilston AC	80	63			143	143
104	167	Robert Hyams	CLC Striders		84		59	143	143
105	39	David Broome	BRAT Club	71		74		145	145
106	152	Liam Richardson	CLC Striders			80	69	149	149
107	292	Paul Rutter	Leamington C & AC	86	71			157	157
108	761	Derek Jackson	Worcester AC	92			73	165	165
109	239	Dave Gresswell	Gloucester AC	79		87		166	166
110	703	Andrew Dyall	Wolverhampton & Bilston AC			95	74	169	169
111	291	Paul Okey	Leamington C & AC	94	77			171	171
112	174	Tim Brock	CLC Striders	96	79			175	175
113	71	Paul Falkiner	BRAT Club		82	96		178	178
114	290	Paul Caruana	Leamington C & AC	101			83	184	184
115	428	James Cruse	Royal Sutton Coldfield AC		87	98		185	185
116	743	Robert Edwards	Wolverhampton & Bilston AC			106	80	186	186
117	70	Paul Cannon	BRAT Club	93		99		192	192
118	218	Nick Bennett	Coventry Godiva Harriers	108	91			199	199
119	758	David Capewell	Worcester AC	111	95			206	206
120	63	Nigel Dawes	BRAT Club	112	96			208	208
121	76	Sandeep Dhami	BRAT Club	117		112		229	229
122	841	Phil Melling	Rugby & Northampton AC				7	7	7
123	497	Ben Gamble	Tipton Harriers			7		7	7
124	165	Rob Green	CLC Striders	7				7	7
125	618	Alex Lee	Western Tempo	10				10	10
126	745	Robert Meredith	Wolverhampton & Bilston AC	11				11	11
127	36	Dan Dalmedo	BRAT Club			12		12	12
128	119	Stuart Fisher	City of Stoke AC	12				12	12
129	826	Owen Jones	BRAT Club			16		16	16
130	175	Will Ferguson	CLC Striders	16				16	16
131	97	Daniel Watt	City of Stoke AC		17			17	17
132	150	Joseph Willgoss	CLC Striders	20				20	20
133	460	Andrew Siggers	Rugby & Northampton AC				22	22	22
134	125	Alex Johnston	CLC Striders	26				26	26
135	187	Clark Roberts	Coventry Godiva Harriers				26	26	26
136	141	Iain Porter	CLC Striders	27				27	27
137	532	Wayne Russell	Tipton Harriers	28				28	28
138	462	Ben Merriman	Rugby & Northampton AC				30	30	30
139	164	Rob Barnett	CLC Striders	31				31	31
140	527	Steve Brookes	Tipton Harriers			36		36	36
141	520	Matthew Smith	Tipton Harriers	37				37	37
142	466	David Conway	Rugby & Northampton AC				40	40	40
143	485	Richard Thomas	Rugby & Northampton AC			41		41	41
144	757	Darren Kirby	Worcester AC	41				41	41
145	639	David Johnson	Western Tempo			45		45	45
146	113	Ross Connor	City of Stoke AC				45	45	45
147	727	Jon Hart	Wolverhampton & Bilston AC				46	46	46
148	815	Jonathon Knibb	Leamington C & AC		47			47	47
149	216	Munya Mukesi	Coventry Godiva Harriers	47				47	47
150	739	Paul Marson	Wolverhampton & Bilston AC		51			51	51
151	74	Robert Chesner	BRAT Club			51		51	51

152	689	Steven Flowers	Western Tempo	52		52	52
153	49	Lee Neal	BRAT Club	53		53	53
154	445	Shaun Hemmings	Royal Sutton Coldfield AC		54	54	54
155	503	Dean Bate	Tipton Harriers		55	55	55
156	709	Daniel Malone	Wolverhampton & Bilston AC			57	57
157	274	Craig Bower	Leamington C & AC	57		57	57
158	827	Chris Grimley	BRAT Club		58	58	58
159	708	Daniel Brazier	Wolverhampton & Bilston AC	58		58	58
160	283	Jason Hill	Leamington C & AC		59	59	59
161	72	Paul Jolliffe	BRAT Club		60	60	60
162	449	Stewart Deeming	Royal Sutton Coldfield AC		63	63	63
163	625	Bryan Vaughan	Western Tempo	66		66	66
164	200	Joe Chalmers	Coventry Godiva Harriers	68		68	68
165	289	Paul Andrew	Leamington C & AC		69	69	69
166	149	Jon Howes	CLC Striders		70	70	70
167	726	Jay Patel	Wolverhampton & Bilston AC		70	70	70
168	66	Oliver Kirkland	BRAT Club	72		72	72
169	448	Steve Marklew	Royal Sutton Coldfield AC			72	72
170	201	John Treadwell	Coventry Godiva Harriers			75	75
171	790	Steven Barber	BRAT Club		76	76	76
172	202	Jose Ortiz Gonzalez	Coventry Godiva Harriers			76	76
173	259	Pete Haynes	Gloucester AC	77		77	77
174	79	Stuart Pearson	BRAT Club		77	77	77
175	299	Stephen Hundal	Leamington C & AC	78		78	78
176	480	Michael Starr	Rugby & Northampton AC		83	83	83
177	146	Joel Freeland	CLC Striders	84		84	84
178	488	Stephen Buck	Rugby & Northampton AC	87		87	87
179	421	Chris Hewitt	Royal Sutton Coldfield AC			87	87
180	829	Duncan Davies	Wolverhampton & Bilston AC			88	88
181	690	Steven Rowley	Western Tempo	88		88	88
182	42	Huw Jones	BRAT Club		88	88	88
183	297	Simon West	Leamington C & AC		88	88	88
184	836	John Abbiss	Wolverhampton & Bilston AC			89	89
185	782	Craig Woodward	Tipton Harriers		92	92	92
186	195	Garry Flude	Coventry Godiva Harriers			93	93
187	267	Andrew Higgins	Leamington C & AC		93	93	93
188	471	John Saw	Rugby & Northampton AC			94	94
189	32	Carl Horton	BRAT Club	99		99	99
190	138	Eoin McQuone	CLC Striders	102		102	102
191	30	Andrew Knight	BRAT Club		105	105	105
192	204	Justin Gilbert	Coventry Godiva Harriers	106		106	106
193	828	Colin Werrett	BRAT Club		108	108	108
194	40	David Sansom	BRAT Club	114		114	114