Birmingham & District Invitation Cross Country League
2024-2025 Season - Race Result
Division 3
Race 1
09/11/2024 at Pelsall North Common
Hosted by Sneyd Striders & CoBS

Results Version 2 (11/11/2024)

Senior Mens Race

Posn	Bib	Time	Name	Club	Age	SenM Pts	JunM Pts	MasM Pts
1	427	35:20	Jack Cole	Telford AC	SenM	1		
2	439	35:36	Dan Onyango	Telford AC	SenM	2		1
3	9	35:37	Karl Heeley	Amazing Feet RC	SenM	3		2
4	436	35:40	John Mason	Telford AC	SenM	4		
5	360	35:41	Dave Brewis	Sphinx AC	SenM	5		3
6	37	35:42	Tom Bunn	Bournville Harriers	SenM	6		
7	441	35:54	Chris Rimmer	Telford AC	SenM	7		4
8	374	36:41	Sergio Torija	Sphinx AC	SenM	8		5
9	167	36:59	Ryan Baker	Kenilworth Runners	SenM	9		
10	160	37:16	Adam Bodin	Dudley & Stourbridge Harriers	SenM	10		
11	438	37:45	Paul O'Brien	Telford AC	SenM	11		6
12	275	37:47	Matthew Hathrell	Northbrook AC	SenM	12		
13	446	37:48	Brady Watkinson	Telford AC	SenM	13	1	
14	414	38:37	Ryan Deakin	West Bromwich Harriers	SenM	14		
15	159	38:39	Luke Bailey	Dudley & Stourbridge Harriers	SenM	15	2	
16	136	38:51	Jacob Adams	Dudley Kingswinford RC	SenM	16		
17	430	38:53	Christian Evans	Telford AC	SenM	17		7
18	278	38:55	Tom Hughes	Northbrook AC	SenM	18		
19	44	39:19	Matthew Herbert	Bournville Harriers	SenM	19		
20	190	39:23	Stuart West	Kenilworth Runners	SenM	20		8
21	232	39:24	Paul Bradly	Massey Ferguson RC	SenM	21		9
22	444	39:24	Jordan-Lee Stamp	Telford AC	SenM	22		
23	380	39:47	Steve Coldicott	Stourbridge RC	SenM	23		10
24	259	40:03	Andrew Barratt	Northbrook AC	SenM	24		11
25	63	40:07	Peter Williams	Bournville Harriers	SenM	25		12
26	267	40:08	Damien Dear	Northbrook AC	SenM	26		
27	58	40:09	Jonathan Stanforth	Bournville Harriers	SenM	27		
28	165	40:12	Cian Wood	Dudley & Stourbridge Harriers	SenM	28	3	
29	185	40:26	Harry Purewal	Kenilworth Runners	SenM	29		
30	364	40:30	Allan Howling	Sphinx AC	SenM	30		13
31	206	40:31	David Bagwell	Kings Heath RC	SenM	31		14
32	215	40:31	Nick Jurd	Kings Heath RC	SenM	32		15
33	381	40:42	Robert Colman	Stourbridge RC	SenM	33		16
34	163	40:44	David Ratcliffe	Dudley & Stourbridge Harriers	SenM	34		17
35	433	40:45	Dean Gapper	Telford AC	SenM	35		18
36	335	40:56	Kevin Oakes	South Birmingham Striders	SenM	36		19
37	164	41:09	Ethan Thompson	Dudley & Stourbridge Harriers	SenM	37	4	
38	139	41:12	Alex Bennett	Dudley Kingswinford RC	SenM	38		
39	151	41:12	Dave Round	Dudley Kingswinford RC	SenM	39		20
40	172	41:16	Matt Dyer	Kenilworth Runners	SenM	40		21
41	31	41:22	Paul Anderson	Bournville Harriers	SenM	41		22
42	459	41:24	Tom Cox	Northbrook AC	SenM	42		
43	35	41:31	Joshua Bough	Bournville Harriers	SenM	43		
44	328	41:31	Scott Stokes	Sneyd Striders	SenM	44		23
45	460	41:32	Paul Workman	South Birmingham Striders	SenM	45		24
46	281	41:32	Steve King	Northbrook AC	SenM	46		25
47	243	41:35	Gary Lawson	Massey Ferguson RC	SenM	47		26
48	131	41:39	Allan Smith	Coventry Triathletes	SenM	48		27
49	387	41:44	Gary Griffiths	Stourbridge RC	SenM	49		28
50	432	41:49	Dom Farley	Telford AC	SenM	50		
51	200	41:52	Harry Jefferson	Kidderminster & Stourport AC	SenM	51	5	
52	142	42:02	Dean Cullis	Dudley Kingswinford RC	SenM	52		29
53	385	42:10	Mark Dewhirst	Stourbridge RC	SenM	53		30
54	454	42:11	Nick Lawrence	Kenilworth Runners	SenM	54		31
55	73	42:13	Paul McGoldrick	Centurion RC	SenM	55		
56	168	42:15	Graham Birch	Kenilworth Runners	SenM	56		32
57	434	42:16	Darren Hands	Telford AC	SenM	57		33

58	42	42:28	Xenofon Gogouvitis	Bournville Harriers	SenM	58		34
59	62	42:30	Andrew Wheeler	Bournville Harriers	SenM	59		35
60	26	42:34	Jens Steffen	Amazing Feet RC	SenM	60		36
61	152	42:35	Graham Shaw	Dudley Kingswinford RC	SenM	61		37
62	177	42:36	Mark Hardy	Kenilworth Runners	SenM	62		
63	453	42:44	Stuart Greenway	Kenilworth Runners	SenM	63		38
64	227	42:49	Michael Tomkins	Kings Heath RC	SenM	64		39
65	86	42:49	James Corden	City of Birmingham Striders	SenM	65		
66	325	42:56	James Nash	Sneyd Striders	SenM	66		40
67	109	42:58	Guy Walton	Cobra R.C. & Tri	SenM	67		41
68	263	43:01	Andrew Clay	Northbrook AC	SenM	68		42
69	225	43:03	Neil Sutton	Kings Heath RC	SenM	69		43
70	92	43:04	Iestyn Rimmer	City of Birmingham Striders	SenM	70		
71	41	43:05	Adrian Fowler	Bournville Harriers	SenM	71		44
72	367	43:07	Matthew Mold	Sphinx AC	SenM	72		45
73	208	43:16	Chris Callow	Kings Heath RC	SenM	73		46
74	254	43:22	Martyn Rubery	Massey Ferguson RC	SenM	74		47
75	12	43:24	Luke Moore	Amazing Feet RC	SenM	75		
76	238	43:24	Steve Glaze	Massey Ferguson RC	SenM	76		48
77	426	43:31	Rob White	West Bromwich Harriers	SenM	77		49
78	356	43:37	Nick Stringer	Sparkhill Harriers	SenM	78		50
79	388	43:39	Ryan Jordan	Stourbridge RC	SenM	79		51
80	395	43:41	Jacob Tipper	Stourbridge RC	SenM	80		
81	234	43:44	David Clarke	Massey Ferguson RC	SenM	81		52
82	184	43:45	Alistair Powell	Kenilworth Runners	SenM	82		53
83	409	43:48	Daniel Anderson	West Bromwich Harriers	SenM	83		54
84	187	43:51	Leigh Reeve	Kenilworth Runners	SenM	84		55
85	375	43:58	Sam Ward	Sphinx AC	SenM	85		56
86	428	44:06	Paul Coupe	Telford AC	SenM	86		57
87	123	44:07	Paul Griffin	Coventry Triathletes	SenM	87		58
88	285	44:11	Terry Moynihan	Northbrook AC	SenM	88		59
89	336	44:29	James perrett	South Birmingham Striders	SenM	89		
90	270	44:33	Tony Forde	Northbrook AC	SenM	90		60
91	99	44:33	Mahmoud Galala	Cobra R.C. & Tri	SenM	91		
92	66	44:34	Lee Caves	Centurion RC	SenM	92		61
93	377	44:36	Simon Blizzard	Stourbridge RC	SenM	93		62
94	106	44:40	Steven Page	Cobra R.C. & Tri	SenM	94		63
95	169	44:43	Wayne Briggs	Kenilworth Runners	SenM	95		64
96	6	44:44	Ian Dickens	Amazing Feet RC	SenM	96		65
97	289	44:50	Damian Pharoah	Northbrook AC	SenM	97		66
98	132	44:55	Robert Spencer	Coventry Triathletes	SenM	98		67
99	383	44:57	Gary Davies	Stourbridge RC	SenM	99		68
100	447	44:59	Dale Wilkinson	Telford AC	SenM	100		69
101	162	45:02	Lewis Owen	Dudley & Stourbridge Harriers	SenM	101		
102	421	45:04	Karl Moore	West Bromwich Harriers	SenM	102		70
103	423	45:08	Ashish Patel	West Bromwich Harriers	SenM	103		
104	125	45:09	Piotr Kisiel	Coventry Triathletes	SenM	104		71
105	268	45:14	Tommy Dempsey	Northbrook AC	SenM	105		72
106	113	45:16	James Williams	Cobra R.C. & Tri	SenM	106		
107	96	45:21	Darrel Beale	Cobra R.C. & Tri	SenM	107		73
108	390	45:24	Sam Martin	Stourbridge RC	SenM	108		
109	296	45:25	Kevin Spare	Northbrook AC	SenM	109		74
110	194	45:31	Brian Currier	Kidderminster & Stourport AC	SenM	110		75
111	290	45:34	Robert Richardson	Northbrook AC	SenM	111		76
112	212	45:37	Dave Hagan	Kings Heath RC	SenM	112		77
113	397	45:39	Robert Woodward	Stourbridge RC	SenM	113		78
114	11	45:42	Brian Marshall	Amazing Feet RC	SenM	114		79
115	7	45:49	David Fish	Amazing Feet RC	SenM	115		80
116	114	45:54	Simon Wootton	Cobra R.C. & Tri	SenM	116		81
117	370	45:55	Mark Norman	Sphinx AC	SenM	117		82
118	355	45:56	Sam Riley	Sparkhill Harriers	SenM	118	6	
119	102	46:02	Daniel Hunt	Cobra R.C. & Tri	SenM	119		83
120	465	46:03	Simon Dunnett	Kenilworth Runners	SenM	120		84
121	28	46:07	Philip Weber	Amazing Feet RC	SenM	121		85
122	295	46:11	Chris Smith	Northbrook AC	SenM	122		86
123	303	46:14	Lee Cotton	Sedgley Striders	SenM	123		87
124	221	46:14	Nicholas Oram	Kings Heath RC	SenM	124		88
125	354	46:20	Darren Riley	Sparkhill Harriers	SenM	125		89
126	419	46:26	David Kendall	West Bromwich Harriers	SenM	126		90
127	250	46:41	Peter Paprcka	Massey Ferguson RC	SenM	127		91
128	352	46:42	Barry O'Neill	Sparkhill Harriers	SenM	128		92
129	108	46:45	Michael Tovey	Cobra R.C. & Tri	SenM	129		93
130	344	46:54	James Hannon	Sparkhill Harriers	SenM	130		94

131	384	46:56	Steven Deacon	Stourbridge RC	SenM	131		95
132	391	47:06	Lee Palmer	Stourbridge RC	SenM	132		96
133	53	47:24	Benjamin Pole	Bournville Harriers	SenM	133		
134	264	47:27	Malcolm Copeland	Northbrook AC	SenM	134		97
135	358	47:29	Andy Wadsworth	Sparkhill Harriers	SenM	135		98
136	203	47:57	Paul Roberts	Kidderminster & Stourport AC	SenM	136		99
137	353	48:06	Charles Ramsey	Sparkhill Harriers	SenM	137		100
138	280	48:11	Andy Hyland	Northbrook AC	SenM	138		101
139	150	48:14	Rob Langford	Dudley Kingswinford RC	SenM	139		102
140	293	48:16	Rav Sangha	Northbrook AC	SenM	140		103
141	116	48:24	Andrew Adshead	Coventry Triathletes	SenM	141		
142	101	48:29	Neil Hale	Cobra R.C. & Tri	SenM	142		104
143	223	48:34	Hossein Sadri	Kings Heath RC	SenM	143		105
144	298	48:38	Steve Turvey	Northbrook AC	SenM	144		106
145	233	48:44	Simon Brown	Massey Ferguson RC	SenM	145		107
146	148	48:47	Christian Jones	Dudley Kingswinford RC	SenM	146		108
147	81	48:57	Peter Thomas	Centurion RC	SenM	147		109
148	457	49:01	Richard Steel	Kenilworth Runners	SenM	148		110
149	79	49:04	James Robson	Centurion RC	SenM	149		111
150	239	49:07	Kevin Hinson	Massey Ferguson RC	SenM	150		112
151	213	49:15	Andy Hunt	Kings Heath RC	SenM	151		113
152	411	49:24	David Bates	West Bromwich Harriers	SenM	152		
153	13	49:25	Dean O'Donnell	Amazing Feet RC	SenM	153		
154	398	49:29	Carl Wright	Stourbridge RC	SenM	154		114
155	456	49:30	Clive Pearce	Kenilworth Runners	SenM	155		115
156	78	49:31	Stuart Righton	Centurion RC	SenM	156		116
157	43	49:34	Chris Hamlett	Bournville Harriers	SenM	157		117
158	19	49:34	Nicholas Richards	Amazing Feet RC	SenM	158		118
159	304	49:38	Timothy Critchlow	Sedgley Striders	SenM	159		119
160	253	49:44	Ian Redford	Massey Ferguson RC	SenM	160		120
161	158	49:49	Andrew Wood	Dudley Kingswinford RC	SenM	161		121
162	451	49:50	Stan Alexander	Kenilworth Runners	SenM	162		122
163	329	49:51	Mark Till	Sneyd Striders	SenM	163		123
164	27	49:52	Clive Graham Thorley	Amazing Feet RC	SenM	164		124
165	291	49:57	Paul Robbins	Northbrook AC	SenM	165		125
166	448	49:58	Edward Lipton	Amazing Feet RC	SenM	166		126
167	8	49:59	Rob Grace	Amazing Feet RC	SenM	167		127
168	45	50:00	Pete Hickman	Bournville Harriers	SenM	168		128
169	55	50:04	Tom Robinson	Bournville Harriers	SenM	169		
170	93	50:15	Kevin Sylvester	City of Birmingham Striders	SenM	170		129
171	77	50:19	Andy Rea	Centurion RC	SenM	171		130
172	266	50:27	Spencer Davies	Northbrook AC	SenM	172		131
173	443	50:30	Andrew Speke	Telford AC	SenM	173		132
174	347	50:32	Roman kairov	Sparkhill Harriers	SenM	174		133
175	91	50:34	David Nunez Becerra	City of Birmingham Striders	SenM	175		134
176	241	50:41	Tony Hoy	Massey Ferguson RC	SenM	176		135
177	193	50:45	Paul Brooks	Kidderminster & Stourport AC	SenM	177		136
178	331	50:46	Joseph Duffy	South Birmingham Striders	SenM	178		
179	299	50:51	Greg Wallam	Northbrook AC	SenM	179		137
180	84	50:53	Nav Akhtar	City of Birmingham Striders	SenM	180		138
181	429	50:59	Bruce Evans	Telford AC	SenM	181	7	
182	323	51:04	Gavin Harrison	Sneyd Striders	SenM	182		139
183	463	51:06	Dez Gorringe	Kenilworth Runners	SenM	183		140
184	156	51:07	Sam Tyler	Dudley Kingswinford RC	SenM	184		
185	135	51:15	Alex Williamson	Coventry Triathletes	SenM	185		141
186	425	51:19	Steve Terry	West Bromwich Harriers	SenM	186		142
187	157	51:19	Andrew Weaver	Dudley Kingswinford RC	SenM	187		143
188	256	51:21	Graham Tait	Massey Ferguson RC	SenM	188		144
189	127	51:29	Andrew Marsh	Coventry Triathletes	SenM	189		145
190	338	51:30	Andrew young	South Birmingham Striders	SenM	190		146
191	343	51:31	Patrick Finnegan	Sparkhill Harriers	SenM	191		147
192	334	51:34	Kevin McManus	South Birmingham Striders	SenM	192		148
193	210	51:36	Paul Daymond	Kings Heath RC	SenM	193		149
194	258	51:47	Mark Baker	Northbrook AC	SenM	194		150
195	161	51:51	Martin Harrigan	Dudley & Stourbridge Harriers	SenM	195		151
196	59	51:53	Rob Styles	Bournville Harriers	SenM	196		152
197	68	51:55	Simon Gilson	Centurion RC	SenM	197		153
198	87	51:57	Tajinder Gill	City of Birmingham Striders	SenM	198		154
199	361	52:00	Wayne Broadbent	Sphinx AC	SenM	199		155
200	248	52:14	Simon Neale	Massey Ferguson RC	SenM	200		156
201	351	52:22	Stuart Minchin	Sparkhill Harriers	SenM	201		157
202	348	52:33	Andy Law	Sparkhill Harriers	SenM	202		158
203	372	52:36	Crtaig Pears	Sphinx AC	SenM	203		

204	271	52:38	Anthony Grace	Northbrook AC	SenM	204		159
205	283	52:42	David Mills	Northbrook AC	SenM	205		160
206	195	52:57	Joe Dourneen	Kidderminster & Stourport AC	SenM	206		161
207	120	53:03	Elliot Crabb	Coventry Triathletes	SenM	207		
208	47	53:06	Richard Leaper	Bournville Harriers	SenM	208		162
209	469	53:07	Robert Green	Sedgley Striders	SenM	209		
210	82	53:11	Ed Wallace	Centurion RC	SenM	210		163
211	462	53:13	Jake Nicholson	Kenilworth Runners	SenM	211		
212	2	53:14	Paul Bowley	Amazing Feet RC	SenM	212		164
213	265	53:17	Kevin Coughlan	Northbrook AC	SenM	213		165
214	393	53:33	Davic Sheppard	Stourbridge RC	SenM	214		166
215	251	53:38	Andrew Popplewell	Massey Ferguson RC	SenM	215		167
216	211	53:45	Neil Gregory	Kings Heath RC	SenM	216		168
217	300	53:51	Dave Annakin	Sedgley Striders	SenM	217		169
218	145	53:52	Dave Garbutt	Dudley Kingswinford RC	SenM	218		170
219	297	54:06	David Tittle	Northbrook AC	SenM	219		171
220	327	54:19	Chris Roberts	Sneyd Striders	SenM	220		172
221	412	54:33	Keith Copson	West Bromwich Harriers	SenM	221		173
222	224	54:38	David Stevenson	Kings Heath RC	SenM	222		174
223	349	54:41	Andy Manning	Sparkhill Harriers	SenM	223		175
224	147	54:43	Bob Jones	Dudley Kingswinford RC	SenM	224		176
225	249	54:53	Ian O'Donnell	Massey Ferguson RC	SenM	225		177
226	350	55:05	Rob Mills	Sparkhill Harriers	SenM	226		178
227	65	55:15	Richard Buchanan	Centurion RC	SenM	227		179
228	305	55:22	Mark Drew	Sedgley Striders	SenM	228		180
229	205	55:23	Martin Willmott	Kidderminster & Stourport AC	SenM	229		181
230	282	55:30	Adrian Lowe	Northbrook AC	SenM	230		182
231	368	55:31	Mark Moran	Sphinx AC	SenM	231		183
232	255	55:43	Martin Smith	Massey Ferguson RC	SenM	232		184
233	415	55:50	Daniel Floyd	West Bromwich Harriers	SenM	233		185
234	261	55:58	Mark Booth	Northbrook AC	SenM	234		186
235	365	56:07	Josh Kennard	Sphinx AC	SenM	235		
236	170	56:23	Martin Broomfield	Kenilworth Runners	SenM	236		187
237	420	56:24	Paul Mansell	West Bromwich Harriers	SenM	237		188
238	382	56:34	John Coyne	Stourbridge RC	SenM	238		189
239	467	56:59	John Harvey	Sneyd Striders	SenM	239		190
240	316	57:08	Mark Tromans	Sedgley Striders	SenM	240		191
241	292	57:45	Rhys Robbins	Northbrook AC	SenM	241		
242	72	57:55	Jack Johnson	Centurion RC	SenM	242	8	
243	10	58:00	Matthew Hopkins	Amazing Feet RC	SenM	243		192
244	80	58:07	Craig Strong	Centurion RC	SenM	244		193
245	269	58:36	Cliff Evans	Northbrook AC	SenM	245		194
246	272	58:37	Dave Halford	Northbrook AC	SenM	246		195
247	461	58:44	Paul Bradley	Stourbridge RC	SenM	247		196
248	52	59:09	Kevin Peace	Bournville Harriers	SenM	248		197
249	122	59:29	Malc Evans	Coventry Triathletes	SenM	249		198
250	302	59:55	Peter Chilton	Sedgley Striders	SenM	250		199
251	317	60:24	Tony Ward	Sedgley Striders	SenM	251		200
252	74	61:45	Mark McLachlan	Centurion RC	SenM	252		201
253	192	62:54	Terence Bedington	Kidderminster & Stourport AC	SenM	253		202
254	119	63:58	Les Carter	Coventry Triathletes	SenM	254		203
255	307	65:26	Simon Hadley	Sedgley Striders	SenM	255		204
256	449	66:52	John Cheel	Bournville Harriers	SenM	256		205
257	260	67:24	Fraser Barrett	Northbrook AC	SenM	257		206
258	71	72:19	James Houghton	Centurion RC	SenM	258		207

Senior Men Team Results

				Points	Pnlty
A Team	1	Telford AC	1 2 4 7 11 13	38	
	2	Bournville Harriers	6 19 25 27 41 43	161	
	3	Northbrook AC	12 18 24 26 42 46	168	
	4	Kenilworth Runners	9 20 29 40 54 56	208	
	5	Dudley & Stourbridge Harriers	10 15 28 34 37 101	225	
	6	Stourbridge RC	23 33 49 53 79 80	317	
	7	Sphinx AC	5 8 30 72 85 117	317	
	8	Dudley Kingswinford RC	16 38 39 52 61 139	345	
	9	Kings Heath RC	31 32 64 69 73 112	381	
	10	Massey Ferguson RC	21 47 74 76 81 127	426	
	11	Amazing Feet RC	3 60 75 96 114 115	463	
	12	West Bromwich Harriers	14 77 83 102 103 126	505	
	13	Cobra R.C. & Tri	67 91 94 106 107 116	581	
	14	Coventry Triathletes	48 87 98 104 141 185	663	

	15	Sparkhill Harriers	78 118 125 128 130 135	714
	16	South Birmingham Striders	36 45 89 178 190 192	730
	17	Centurion RC	55 92 147 149 156 171	770
	18	City of Birmingham Striders	65 70 170 175 180 198	858
	19	Kidderminster & Stourport AC	51 110 136 177 206 229	909
	20	Sneyd Striders	44 66 163 182 220 239	914
	21	Sedgley Striders	123 159 209 217 228 240	1176
B Team	1	Telford AC	17 22 35 50 57 86	267
	2	Kenilworth Runners	62 63 82 84 95 120	506
	3	Northbrook AC	68 88 90 97 105 109	557
	4	Bournville Harriers	58 59 71 133 157 168	646
	5	Stourbridge RC	93 99 108 113 131 132	676
	6	Amazing Feet RC	121 153 158 164 166 167	929
	7	Massey Ferguson RC	145 150 160 176 188 200	1019
	8	Kings Heath RC	124 143 151 193 216 222	1049
	9	Dudley Kingswinford RC	146 161 184 187 218 224	1120
	10	Sparkhill Harriers	137 174 191 201 202 223	1128
	11	Centurion RC	197 210 227 242 244 252	1372

Masters Men Team Results

				Points	Pnlty
A Team	1	Telford AC	1 4 6 7	18	
	2	Sphinx AC	3 5 13 45	66	
	3	Stourbridge RC	10 16 28 30	84	
	4	Kenilworth Runners	8 21 31 32	92	
	5	Bournville Harriers	12 22 34 35	103	
	6	Kings Heath RC	14 15 39 43	111	
	7	Massey Ferguson RC	9 26 47 48	130	
	8	Northbrook AC	11 25 42 59	137	
	9	Amazing Feet RC	2 36 65 79	182	
	10	Dudley Kingswinford RC	20 29 37 102	188	
	11	Coventry Triathletes	27 58 67 71	223	
	12	Cobra R.C. & Tri	41 63 73 81	258	
	13	West Bromwich Harriers	49 54 70 90	263	
	14	Sparkhill Harriers	50 89 92 94	325	
	15	Sneyd Striders	23 40 123 139	325	
	16	South Birmingham Striders	19 24 146 148	337	
	17	Centurion RC	61 109 111 116	397	
	18	Kidderminster & Stourport AC	75 99 136 161	471	
	19	City of Birmingham Striders	129 134 138 154	555	
	20	Sedgley Striders	87 119 169 180	555	
B Team	1	Telford AC	18 33 57 69	177	
	2	Kenilworth Runners	38 53 55 64	210	
	3	Stourbridge RC	51 62 68 78	259	
	4	Northbrook AC	60 66 72 74	272	
	5	Kings Heath RC	46 77 88 105	316	
	6	Massey Ferguson RC	52 91 107 112	362	
	7	Amazing Feet RC	80 85 118 124	407	
	8	Bournville Harriers	44 117 128 152	441	
	9	Sphinx AC	56 82 155 183	476	
	10	Sparkhill Harriers	98 100 133 147	478	
	11	Dudley Kingswinford RC	108 121 143 170	542	
	12	Centurion RC	130 153 163 179	625	
	13	Coventry Triathletes	141 145 198 203	687	
	14	West Bromwich Harriers	142 173 185 188	688	
	15	Sedgley Striders	191 199 200 204	794	