Birmingham & District Invitation Cross Country League
2024-2025 Season - Race Result
Division 2
Race 4
08/02/2025 - Aldersley
hosted by Wolverhampton & Bilston AC

Results Version 2 (18/02/2025)

Senior Mens Race

Posn	Bib	Time	Name	Club	Age	SenM Pts	JunM Pts	MasM Pts
1	260	33:36	Ian Allen	Spa Striders	Senior	1		
2	440	33:45	Jonny Morris	Wolverhampton & Bilston AC	Senior	2		
3	138	33:52	Richard de-Camps	Gloucester AC	Senior	3		
4	176	34:17	Jacob Droogmans	Newcastle Staffs	Senior	4		
5	151	34:42	Charlie Worsfold	Gloucester AC	Junior	5	1	
6	80	34:52	Thomas Eustace	Cannock & Stafford AC	Senior	6		
7	362	35:01	James Neilson	Wolverhampton & Bilston AC	Junior	7	2	
8	78	35:09	Bill Chesters	Cannock & Stafford AC	Senior	8		
9	287	35:12	Chris McKeown	Spa Striders	Master	9		1
10	76	35:22	Ryan Ashforth	Cannock & Stafford AC	Senior	10		
11	356	35:25	Louie Lambeth	Wolverhampton & Bilston AC	Senior	11		
12	69	35:32	Sam Plant	Black Pear Joggers	Master	12		2
13	377	35:43	Dan Turner	Wolverhampton & Bilston AC	Senior	13		
14	360	35:57	Dan Maskew	Wolverhampton & Bilston AC	Senior	14		
15	122	36:05	Rob Green	CLC Striders	Master	15		3
16	52	36:06	Adam Howard	Black Pear Joggers	Master	16		4
17	359	36:09	Luke Maskew	Wolverhampton & Bilston AC	Master	17		5
18	252	36:10	Steve Kenyon	Severn AC	Master	18		6
19	221	36:15	Ian Mansell	Nuneaton Harriers	Master	19		7
20	454	36:21	Will Ferguson	CLC Striders	Master	20		8
21	63	36:26	Bruce McLaren	Black Pear Joggers	Senior	21		
22	453	36:31	Richard Elsworthy	CLC Striders	Senior	22		
23	22	36:33	Quentin Oury	Aldridge RC	Master	23		9
24	434	36:37	Daniel Lightfoot	Black Pear Joggers	Senior	24		
25	246	36:40	Archie Fox	Severn AC	Senior	25		
26	326	36:41	Max Kent	Tamworth AC	Senior	26		
27	302	36:46	Ned Cambell	Stratford Upon Avon AC	Senior	27		
28	323	37:05	Tom George	Tamworth AC	Master	28		10
29	23	37:08	Toby Oury	Aldridge RC	Master	29		11
30	99	37:17	Robert Finch	Cheltenham & County Harriers	Senior	30		
31	328	37:21	Jolyon Leavesley	Tamworth AC	Senior	31		
32	350	37:25	Jon Hart	Wolverhampton & Bilston AC	Master	32		12
33	145	37:31	Owen Parry	Gloucester AC	Master	33		13
34	12	37:33	Liam Harrold	Aldridge RC	Master	34		14
35	382	37:35	Gary Worrall	Wolverhampton & Bilston AC	Master	35		15
36	258	37:41	James Rose	Severn AC	Master	36		16
37	156	37:42	Matt Hipwell	Knowle & Dorridge RC	Senior	37		
38	105	37:43	Harrison Miles	Cheltenham & County Harriers	Senior	38		
39	384	37:44	Christopher Ashford	Knowle & Dorridge RC	Master	39		17
40	113	37:49	Rob Barnett	CLC Striders	Master	40		18
41	388	37:51	Sam Wilks	Stratford Upon Avon AC	Master	41		19
42	333	37:54	Daniel Wrenn	Tamworth AC	Senior	42		
43	306	38:02	James Lake	Stratford Upon Avon AC	Senior	43		
44	353	38:04	Dylan Illidge	Wolverhampton & Bilston AC	Junior	44	3	
45	441	38:12	Alex Blair	Wolverhampton & Bilston AC	Senior	45		
46	92	38:21	James Russell	Cannock & Stafford AC	Senior	46		
47	244	38:24	Chris Brown	Severn AC	Master	47		20
48	313	38:33	Tom Southall	Stratford Upon Avon AC	Master	48		21
49	348	38:38	Ben Foster	Wolverhampton & Bilston AC	Master	49		22
50	77	38:39	Jordan Barrett	Cannock & Stafford AC	Senior	50		
51	910	38:43	Ian Porter	CLC Striders	Master	51		23
52	197	38:44	Andrew Wheeler	Newcastle Staffs	Master	52		24
53	263	38:45	Richard Brent-Spear	Spa Striders	Master	53		25
54	449	38:46	Dan Nurse	Severn AC	Master	54		26

55	317	38:48	Henry Wheeler	Stratford Upon Avon AC	Junior	55	4	
56	361	38:48	Derrick Milligan	Wolverhampton & Bilston AC	Master	56		27
57	450	38:53	Al Daitt	Cheltenham & County Harriers	Senior	57		
58	257	38:54	Lee Rankin	Severn AC	Master	58		28
59	193	38:55	Craig Taylor	Newcastle Staffs	Master	59		29
60	355	38:58	Alex Kelly	Wolverhampton & Bilston AC	Senior	60		
61	32	39:00	Andrew Wood	Aldridge RC	Senior	61		
62	94	39:01	Phil Wolfe	Cannock & Stafford AC	Master	62		30
63	181	39:06	Samuel Mensing	Newcastle Staffs	Junior	63	5	
64	442	39:09	Chris Wallace	Spa Striders	Master	64		31
65	917	39:15	Adam Jones	Black Pear Joggers	Master	65		32
66	272	39:22	Daniel Fleming	Spa Striders	Master	66		33
67	97	39:27	Matt Dwerryhouse	Cheltenham & County Harriers	Senior	67		34
68	914	39:28	Tyler Hawley	Wolverhampton & Bilston AC	Senior	68		
69	141	39:29	Luke Hine	Gloucester AC	Master	69		35
70	217	39:32	Chris Jordan	Nuneaton Harriers	Master	70		36
71	457	39:34	Rene Vergo	Knowle & Dorridge RC	Master	71		37
72	150	39:35	James Walters	Gloucester AC	Master	72		38
73	245	39:37	David Clarke	Severn AC	Master	73		39
74	373	39:45	Thomas Pryor	Wolverhampton & Bilston AC	Senior	74		
75	347	39:47	Joe Flatley	Wolverhampton & Bilston AC	Senior	75		
76	358	39:49	Paul Marson	Wolverhampton & Bilston AC	Master	76		40
77	43	39:52	Chris Dent	Black Pear Joggers	Master	77		41
78	215	39:55	Garry Hodgkins	Nuneaton Harriers	Master	78		42
79	117	39:57	John Comer	CLC Striders	Senior	79		
80	56	39:59	Adam Knights	Black Pear Joggers	Master	80		43
81	31	40:02	Daniel Williams	Aldridge RC	Master	81		44
82	110	40:02	Cameron White	Cheltenham & County Harriers	Senior	82		
83	443	40:04	Ben Smith	Spa Striders	Senior	83		
84	292	40:07	Adam Notley	Spa Striders	Senior	84		
85	414	40:09	Huw Crossweller	Stratford Upon Avon AC	Master	85		45
86	34	40:11	Chris Attwood	Black Pear Joggers	Master	86		46
87	279	40:12	John-Paul Hunt	Spa Striders	Master	87		47
88	1	40:13	Thomas Archer	Aldridge RC	Master	88		48
89	224	40:15	Matiss Murphy	Nuneaton Harriers	Senior	89		
90	268	40:16	Samuel Davison	Spa Striders	Master	90		49
91	68	40:18	Jonathan Phillips	Black Pear Joggers	Master	91		50
92	909	40:19	Alex Bailey	Nuneaton Harriers	Senior	92		
93	158	40:20	Samuel Jones	Knowle & Dorridge RC	Senior	93		
94	907	40:24	Damian Dodd	Severn AC	Senior	94		
95	30	40:30	Luke White	Aldridge RC	Senior	95		
96	296	40:32	Andy Shilling	Spa Striders	Master	96		51
97	8	40:35	Ben Dean	Aldridge RC	Master	97		52
98	421	40:42	Andy Gore	Cheltenham & County Harriers	Master	98		53
99	309	40:45	Sam Mercer	Stratford Upon Avon AC	Senior	99		
100	226	40:46	Terence Orourke	Nuneaton Harriers	Master	100		54
101	40	40:47	Adrian Cox	Black Pear Joggers	Master	101		55
102	116	40:49	Thomas Burgess	CLC Striders	Senior	102		
103	363	40:53	Steve Newman	Wolverhampton & Bilston AC	Senior	103		
104	315	40:54	David Teasdale	Stratford Upon Avon AC	Master	104		56
105	901	40:57	Dan Gambrill	Cannock & Stafford AC	Master	105		57
106	203	41:04	Matt Collins	Nuneaton Harriers	Master	106		58
107	448	41:07	Aaron Hoyle	Severn AC	Master	107		59
108	194	41:17	Tim Twentyman	Newcastle Staffs	Master	108		60
109	38	41:18	Paul Childs	Black Pear Joggers	Master	109		61
110	427	41:19	Keith Wilson	Spa Striders	Master	110		62
111	230	41:28	Tom Randle	Nuneaton Harriers	Senior	111		
112	374	41:40	Joe St Quinton	Wolverhampton & Bilston AC	Senior	112		
113	93	41:41	Darrell Wilde	Cannock & Stafford AC	Master	113		63
114	134	41:44	Gavin Woods	CLC Striders	Senior	114		
115	903	41:49	Samuel Cartlidge	Cannock & Stafford AC	Master	115		64
116	385	41:54	Paul Baker	Knowle & Dorridge RC	Master	116		65
117	178	41:56	Neil Gerrity	Newcastle Staffs	Master	117		66
118	153	42:03	David Carbutt	Knowle & Dorridge RC	Master	118		67
119	270	42:06	Thomas Entwistle	Spa Striders	Senior	119		
120	300	42:09	Chris Wilson	Spa Striders	Master	120		68
121	378	42:12	Dan Vaughan	Wolverhampton & Bilston AC	Master	121		69
122	199	42:17	Scott Zikmanis	Newcastle Staffs	Master	122		70
123	87	42:19	Craig Pearson	Cannock & Stafford AC	Master	123		71
124	123	42:21	Adam Greenwood	CLC Striders	Master	124		72
125	20	42:24	Ryan Noon	Aldridge RC	Master	125		73

126	289	42:32	David Mills	Spa Striders	Master	126	74
127	18	42:37	Michael Morley	Aldridge RC	Master	127	75
128	918	42:47	Sebastian Jennings	Knowle & Dorridge RC	Senior	128	
129	125	42:49	Robert Hyams	CLC Striders	Master	129	76
130	129	42:51	Liam Richardson	CLC Striders	Master	130	77
131	165	42:52	Lewis Towers	Knowle & Dorridge RC	Senior	131	
132	7	42:52	Neil Day	Aldridge RC	Master	132	78
133	190	42:59	Andrew Sproson	Newcastle Staffs	Master	133	79
134	218	43:01	Matthew Kinsella	Nuneaton Harriers	Master	134	80
135	349	43:05	Adam Guy	Wolverhampton & Bilston AC	Master	135	81
136	205	43:06	Jack Easthope	Nuneaton Harriers	Master	136	82
137	375	43:18	Paul Rogers	Wolverhampton & Bilston AC	Master	137	83
138	271	43:24	Ollie Evans	Spa Striders	Senior	138	
139	166	43:25	Greg Turner	Knowle & Dorridge RC	Senior	139	
140	412	43:26	Stuart Lawrence George	Stratford Upon Avon AC	Master	140	84
141	280	43:28	James Ingram	Spa Striders	Senior	141	
142	327	43:43	Doug Ladkin	Tamworth AC	Master	142	85
143	321	43:54	Howard Bush	Tamworth AC	Master	143	86
144	445	43:56	Luke Bennett	Spa Striders	Senior	144	
145	305	43:57	Tim Hutchinson	Stratford Upon Avon AC	Master	145	87
146	433	43:59	Danny Leighton	Cannock & Stafford AC	Senior	146	
147	204	44:06	Richard Doveston	Nuneaton Harriers	Master	147	88
148	206	44:21	Philip Evans	Nuneaton Harriers	Master	148	89
149	47	44:25	Chris Harris	Black Pear Joggers	Master	149	90
150	311	44:27	Michael Sheppard	Stratford Upon Avon AC	Master	150	91
151	154	44:28	Jason Gilligan	Knowle & Dorridge RC	Senior	151	
152	262	44:29	Tim Beresford	Spa Striders	Master	152	92
153	343	44:31	Paul Dean	Wolverhampton & Bilston AC	Senior	153	
154	102	44:32	Andrew Kaighin	Cheltenham & County Harriers	Senior	154	
155	426	44:36	Gethyn Friswell	Spa Striders	Master	155	93
156	26	44:38	Mark Shaw	Aldridge RC	Master	156	94
157	400	44:41	David Rose	Knowle & Dorridge RC	Senior	157	
158	234	44:42	Paul Smith	Nuneaton Harriers	Master	158	95
159	86	44:50	Thomas Orton	Cannock & Stafford AC	Master	159	96
160	451	44:58	Ross Swain	Cheltenham & County Harriers	Master	160	97
161	33	45:01	Clive Andrews	Black Pear Joggers	Master	161	98
162	112	45:03	Richard Aarons	CLC Striders	Master	162	99
163	298	45:04	Pete Teevan	Spa Striders	Master	163	100
164	320	45:08	David Brayer	Tamworth AC	Master	164	101
165	370	45:13	Jay Patel	Wolverhampton & Bilston AC	Master	165	102
166	390	45:15	Phil Turbard	Cheltenham & County Harriers	Master	166	103
167	248	45:19	Stephen Hale	Severn AC	Master	167	104
168	261	45:23	Will Allman	Spa Striders	Senior	168	
169	212	45:24	Chris Hamer-Hodges	Nuneaton Harriers	Master	169	105
170	912	45:31	Kevin Goodwill	Cheltenham & County Harriers	Master	170	106
171	16	45:37	Chris Moon	Aldridge RC	Senior	171	
172	915	45:43	Ed Bower	Knowle & Dorridge RC	Master	172	107
173	243	45:48	Chris Brazier	Severn AC	Senior	173	
174	24	45:51	Harshad Patel	Aldridge RC	Master	174	108
175	340	45:59	Tony Cheema	Wolverhampton & Bilston AC	Master	175	109
176	908	46:03	Robert Buckley	Gloucester AC	Master	176	110
177	44	46:06	Kirk Denton	Black Pear Joggers	Master	177	111
178	242	46:15	Richard Boseley	Severn AC	Master	178	112
179	410	46:21	Nick Campbell	Stratford Upon Avon AC	Master	179	113
180	286	46:34	Glen Mcilreavy	Spa Striders	Master	180	114
181	452	46:37	Gary Farquarson	CLC Striders	Master	181	115
182	100	46:39	Ian Giles	Cheltenham & County Harriers	Master	182	116
183	209	46:41	James Gillum	Nuneaton Harriers	Master	183	117
184	344	46:45	Andy Dyall	Wolverhampton & Bilston AC	Master	184	118
185	913	47:00	Dale Langley	Tamworth AC	Senior	185	
186	201	47:02	Dean Bateman	Nuneaton Harriers	Master	186	119
187	429	47:08	Carlos Vallejo	Spa Striders	Master	187	120
188	225	47:25	Andrew Offor	Nuneaton Harriers	Master	188	121
189	285	47:42	Shaun Martin	Spa Striders	Master	189	122
190	25	48:00	David Roberts	Aldridge RC	Master	190	123
191	155	48:03	James Hillier	Knowle & Dorridge RC	Master	191	124
192	273	48:11	Francesco Garbo	Spa Striders	Master	192	125
193	393	48:15	Peter Dimbleby	Aldridge RC	Master	193	126
194	21	48:21	Mark ORourke	Aldridge RC	Master	194	127
195	329	48:25	John Morgan	Tamworth AC	Master	195	128
196	335	48:46	Greg Asbury	Wolverhampton & Bilston AC	Master	196	129

197	159	48:52	Russell Lane	Knowle & Dorridge RC	Master	197		130
198	214	48:55	Andy Harris	Nuneaton Harriers	Master	198		131
199	299	48:58	Daniel Williamson	Spa Striders	Senior	199		
200	58	49:01	Gareth Larner	Black Pear Joggers	Master	200		132
201	10	49:04	Stephen Grice	Aldridge RC	Master	201		133
202	54	49:06	Gareth Denys Jones	Black Pear Joggers	Senior	202		
203	29	49:11	Martin Wall	Aldridge RC	Master	203		134
204	345	49:13	Robert Edwards	Wolverhampton & Bilston AC	Master	204		135
205	383	49:15	James Wright	Wolverhampton & Bilston AC	Master	205		136
206	342	49:17	Dave Davies	Wolverhampton & Bilston AC	Master	206		137
207	352	49:22	Mark Illidge	Wolverhampton & Bilston AC	Master	207		138
208	266	49:55	Ben Cohen	Spa Striders	Master	208		139
209	139	50:09	David Gresswell	Gloucester AC	Master	209		140
210	366	50:17	David Norman	Wolverhampton & Bilston AC	Master	210		141
211	219	50:41	Alex Kismul	Nuneaton Harriers	Master	211		142
212	399	50:47	Michael Ede	Cheltenham & County Harriers	Master	212		143
213	169	51:00	Martin Bailey	Newcastle Staffs	Master	213		144
214	36	51:26	Christopher Berry	Black Pear Joggers	Master	214		145
215	330	51:43	Tom Palmer	Tamworth AC	Senior	215		
216	255	54:07	Hayden Nicholls	Severn AC	Junior	216	6	
217	369	56:25	Lee Partridge	Wolverhampton & Bilston AC	Master	217		146
218	256	58:45	Tom Payne	Severn AC	Master	218		147
219	337	63:08	Russ Blair	Wolverhampton & Bilston AC	Master	219		148

Senior Men Team Results

				Points	Pnlty
A Team	1	Wolverhampton & Bilston AC	2 7 11 13 14 17	64	
	2	Cannock & Stafford AC	6 8 10 46 50 62	182	
	3	Black Pear Joggers	12 16 21 24 65 77	215	
	4	CLC Striders	15 20 22 40 51 79	227	
	5	Severn AC	18 25 36 47 54 58	238	
	6	Spa Striders	1 9 53 64 66 83	276	
	7	Stratford Upon Avon AC	27 41 43 48 55 85	299	
	8	Aldridge RC	23 29 34 61 81 88	316	
	9	Gloucester AC	3 5 33 69 72 176	358	
	10	Cheltenham & County Harriers	30 38 57 67 82 98	372	
	11	Newcastle Staffs	4 52 59 63 108 117	403	
	12	Tamworth AC	26 28 31 42 142 143	412	
	13	Nuneaton Harriers	19 70 78 89 92 100	448	
	14	Knowle & Dorridge RC	37 39 71 93 116 118	474	
B Team	1	Wolverhampton & Bilston AC	32 35 44 45 49 56	261	
	2	Spa Striders	84 87 90 96 110 119	586	
	3	Black Pear Joggers	80 86 91 101 109 149	616	
	4	Aldridge RC	95 97 125 127 132 156	732	
	5	Cannock & Stafford AC	105 113 115 123 146 159	761	
	6	CLC Striders	102 114 124 129 130 162	761	
	7	Nuneaton Harriers	106 111 134 136 147 148	782	
	8	Severn AC	73 94 107 167 173 178	792	
	9	Stratford Upon Avon AC	99 104 140 145 150 179	817	
	10	Knowle & Dorridge RC	128 131 139 151 157 172	878	
	11	Cheltenham & County Harriers	154 160 166 170 182 212	1044	

Masters Men Team Results

				Points	Pnlty
A Team	1	CLC Striders	3 8 18 23	52	
	2	Wolverhampton & Bilston AC	5 12 15 22	54	
	3	Severn AC	6 16 20 26	68	
	4	Aldridge RC	9 11 14 44	78	
	5	Black Pear Joggers	2 4 32 41	79	
	6	Spa Striders	1 25 31 33	90	
	7	Nuneaton Harriers	7 36 42 54	139	
	8	Stratford Upon Avon AC	19 21 45 56	141	
	9	Newcastle Staffs	24 29 60 66	179	
	10	Knowle & Dorridge RC	17 37 65 67	186	
	11	Gloucester AC	13 35 38 110	196	
	12	Cannock & Stafford AC	30 57 63 64	214	
	13	Tamworth AC	10 85 86 101	282	
	14	Cheltenham & County Harriers	34 53 97 103	287	

B Team	1	Black Pear Joggers	43 46 50 55	194
	2	Spa Striders	47 49 51 62	209
	3	Wolverhampton & Bilston AC	27 40 69 81	217
	4	Severn AC	28 39 59 104	230
	5	Aldridge RC	48 52 73 75	248
	6	Nuneaton Harriers	58 80 82 88	308
	7	CLC Striders	72 76 77 99	324
	8	Stratford Upon Avon AC	84 87 91 113	375

Birmingham & District Invitation Cross Country League
2024-25 Season - Series Result
Division 2
After Race 4, Aldersley
on 08/02/2025

Results Version 2 (18/02/2025)

	Senior Men	Series Points	Match 1	Match 2	Match 3	Match 4	Total
1	A Team	Wolverhampton & Bilston AC	106	138	119	64	427
2		Cannock & Stafford AC	130	106	270	182	688
3		Black Pear Joggers	177	368	122	215	882
4		Spa Striders	285	212	240	276	1013
5		Gloucester AC	208	200	390	358	1156
6		Severn AC	264	295	373	238	1170
7		Stratford Upon Avon AC	356	350	290	299	1295
8		Knowle & Dorridge RC	311	248	278	474	1311
9		CLC Striders	256	731	115	227	1329
10		Cheltenham & County Harrie	261	400	307	372	1340
11		Aldridge RC	453	289	383	316	1441
12		Tamworth AC	767	184	134	412	1497
13		Nuneaton Harriers	362	276	478	448	1564
14		Newcastle Staffs	372	356	611	403	1742
1	B Team	Wolverhampton & Bilston AC	401	399	349	261	1410
2		Spa Striders	646	547	577	586	2356
3		Nuneaton Harriers	690	617	808	782	2897
4		Black Pear Joggers	693	1067	557	616	2933
5		Knowle & Dorridge RC	850	639	746	878	3113
6		Aldridge RC	935	702	851	732	3220
7		Severn AC	879	971	820	792	3462
8		Cannock & Stafford AC	498		861	761	2120
9		CLC Striders	647		864	761	2272
10		Cheltenham & County Harrie	633		602	1044	2279
11		Stratford Upon Avon AC		662		817	1479
12		Tamworth AC		927	882		1809

		Senior Men	Series Points	Match 1	Match 2	Match 3	Match 4	Total	BestOf3
1	260	Ian Allen	Spa Striders	1	1	1	1	4	3
2	138	Richard de-Camps	Gloucester AC	2	2		3	7	7
3	176	Jacob Droogmans	Newcastle Staffs	3	3	2	4	12	8
4	80	Thomas Eustace	Cannock & Stafford AC	10	8	4	6	28	18
5	362	James Neilson	Wolverhampton & Bilston AC	5	6	37	7	55	18
6	76	Ryan Ashforth	Cannock & Stafford AC	6	4		10	20	20
7	287	Chris McKeown	Spa Striders	8	9	6	9	32	23
8	78	Bill Chesters	Cannock & Stafford AC	11	15	5	8	39	24
9	52	Adam Howard	Black Pear Joggers	12	12	7	16	47	31
10	69	Sam Plant	Black Pear Joggers	18	13	8	12	51	33
11	122	Rob Green	CLC Striders	9		10	15	34	34
12	350	Jon Hart	Wolverhampton & Bilston AC	7	14		32	53	53
13	359	Luke Maskew	Wolverhampton & Bilston AC	17	19	22	17	75	53
14	360	Dan Maskew	Wolverhampton & Bilston AC	20	21	20	14	75	54
15	377	Dan Turner	Wolverhampton & Bilston AC		31	14	13	58	58
16	63	Bruce McLaren	Black Pear Joggers	25		17	21	63	63
17	156	Matt Hipwell	Knowle & Dorridge RC	19	20	30	37	106	69
18	326	Max Kent	Tamworth AC	21	23	33	26	103	70
19	384	Christopher Ashford	Knowle & Dorridge RC		18	15	39	72	72
20	12	Liam Harrold	Aldridge RC	30	16	26	34	106	72
21	246	Archie Fox	Severn AC	51	30	21	25	127	76
22	323	Tom George	Tamworth AC		28	31	28	87	87
23	22	Quentin Oury	Aldridge RC	41	38	29	23	131	90

24	258	James Rose	Severn AC	33	24	73	36	166	93
25	105	Harrison Miles	Cheltenham & County Harrier	32		27	38	97	97
26	333	Daniel Wrenn	Tamworth AC		32	24	42	98	98
27	145	Owen Parry	Gloucester AC	31	48	36	33	148	100
28	113	Rob Barnett	CLC Striders	39		25	40	104	104
29	302	Ned Cambell	Stratford Upon Avon AC		50	28	27	105	105
30	217	Chris Jordan	Nuneaton Harriers	34	29	42	70	175	105
31	94	Phil Wolfe	Cannock & Stafford AC	46	26	40	62	174	112
32	99	Robert Finch	Cheltenham & County Harrier	48		35	30	113	113
33	328	Jolyon Leavesley	Tamworth AC	52	34		31	117	117
34	23	Toby Oury	Aldridge RC		58	41	29	128	128
35	348	Ben Foster	Wolverhampton & Bilston AC	42	47	43	49	181	132
36	292	Adam Notley	Spa Striders	44	39	59	84	226	142
37	160	Jonathan Lewis	Knowle & Dorridge RC	54	40	49		143	143
38	353	Dylan Illidge	Wolverhampton & Bilston AC	50	49	81	44	224	143
39	382	Gary Worrall	Wolverhampton & Bilston AC		53	65	35	153	153
40	77	Jordan Barrett	Cannock & Stafford AC	57	46		50	153	153
41	313	Tom Southall	Stratford Upon Avon AC		60	46	48	154	154
42	92	James Russell	Cannock & Stafford AC	60	55	53	46	214	154
43	95	Heath Bampton	Cheltenham & County Harrier	56	45	63		164	164
44	317	Henry Wheeler	Stratford Upon Avon AC	67		44	55	166	166
45	306	James Lake	Stratford Upon Avon AC	84	71	52	43	250	166
46	116	Thomas Burgess	CLC Striders	43	84	39	102	268	166
47	193	Craig Taylor	Newcastle Staffs	62		57	59	178	178
48	257	Lee Rankin	Severn AC	72	61	60	58	251	179
49	361	Derrick Milligan	Wolverhampton & Bilston AC	64	68		56	188	188
50	355	Alex Kelly	Wolverhampton & Bilston AC	86	77	56	60	279	193
51	263	Richard Brent-Spear	Spa Striders	100	76	64	53	293	193
52	272	Daniel Fleming	Spa Striders	73	63	69	66	271	198
53	32	Andrew Wood	Aldridge RC		69	74	61	204	204
54	150	James Walters	Gloucester AC	66	86	72	72	296	210
55	158	Samuel Jones	Knowle & Dorridge RC	63	65	83	93	304	211
56	336	Ashley Atkinson	Wolverhampton & Bilston AC	74	80	58		212	212
57	43	Chris Dent	Black Pear Joggers	77	59	93	77	306	213
58	358	Paul Marson	Wolverhampton & Bilston AC	65	74		76	215	215
59	245	David Clarke	Severn AC	76	66	82	73	297	215
60	117	John Comer	CLC Striders	58		80	79	217	217
61	181	Samuel Mensing	Newcastle Staffs	61	101	97	63	322	221
62	163	Tim Price	Knowle & Dorridge RC	69	79	76		224	224
63	224	Matiss Murphy	Nuneaton Harriers	68		68	89	225	225
64	279	John-Paul Hunt	Spa Striders	79	62	108	87	336	228
65	363	Steve Newman	Wolverhampton & Bilston AC	78	78	77	103	336	233
66	296	Andy Shilling	Spa Striders	80	75	79	96	330	234
67	280	James Ingram	Spa Striders		57	48	141	246	246
68	97	Matt Dwerryhouse	Cheltenham & County Harrier	91		89	67	247	247
69	56	Adam Knights	Black Pear Joggers	95	82	85	80	342	247
70	408	Martin Foster	Cheltenham & County Harrier	90	85	78		253	253
71	226	Terence Orourke	Nuneaton Harriers	93	67	95	100	355	255
72	215	Garry Hodgkins	Nuneaton Harriers	105	93	91	78	367	262
73	373	Thomas Pryor	Wolverhampton & Bilston AC	85	106		74	265	265
74	203	Matt Collins	Nuneaton Harriers	87	87	92	106	372	266
75	101	Andy Gore	Cheltenham & County Harrier	123	73	96	98	390	267
76	414	Huw Crossweller	Stratford Upon Avon AC		116	75	85	276	276
77	110	Cameron White	Cheltenham & County Harriers		94	104	82	280	280
78	8	Ben Dean	Aldridge RC		81	103	97	281	281
79	309	Sam Mercer	Stratford Upon Avon AC	101	90		99	290	290
80	68	Jonathan Phillips	Black Pear Joggers	98	105		91	294	294
81	30	Luke White	Aldridge RC	145	91	110	95	441	296
82	40	Adrian Cox	Black Pear Joggers	111	97	102	101	411	300
83	134	Gavin Woods	CLC Striders	83	107		114	304	304
84	194	Tim Twentyman	Newcastle Staffs	112	88		108	308	308
85	166	Greg Turner	Knowle & Dorridge RC	97	72		139	308	308
86	87	Craig Pearson	Cannock & Stafford AC	114	109	111	123	457	334
87	205	Jack Easthope	Nuneaton Harriers	88		112	136	336	336
88	86	Thomas Orton	Cannock & Stafford AC	109	99	130	159	497	338
89	1	Thomas Archer	Aldridge RC	135		118	88	341	341
90	178	Neil Gerrity	Newcastle Staffs	115		109	117	341	341
91	427	Keith Wilson	Spa Striders		112	121	110	343	343
92	270	Thomas Entwistle	Spa Striders	96		135	119	350	350
93	300	Chris Wilson	Spa Striders	133	98		120	351	351
94	123	Adam Greenwood	CLC Striders	121	111		124	356	356

95	378	Dan Vaughan	Wolverhampton & Bilston AC		120	115	121	356	356
96	153	David Carbutt	Knowle & Dorridge RC	129	118	122	118	487	358
97	20	Ryan Noon	Aldridge RC		114	124	125	363	363
98	165	Lewis Towers	Knowle & Dorridge RC	118	117	137	131	503	366
99	230	Tom Randle	Nuneaton Harriers	140		119	111	370	370
100	218	Matthew Kinsella	Nuneaton Harriers	108	129	138	134	509	371
101	7	Neil Day	Aldridge RC	139	119	120	132	510	371
102	199	Scott Zikmanis	Newcastle Staffs	106		153	122	381	381
103	18	Michael Morley	Aldridge RC		126	146	127	399	399
104	129	Liam Richardson	CLC Striders	143	135	134	130	542	399
105	327	Doug Ladkin	Tamworth AC		122	140	142	404	404
106	125	Robert Hyams	CLC Striders	160	144	132	129	565	405
107	349	Adam Guy	Wolverhampton & Bilston AC	147	128	147	135	557	410
108	311	Michael Sheppard	Stratford Upon Avon AC	166	127	133	150	576	410
109	262	Tim Beresford	Spa Striders	136	123	159	152	570	411
110	321	Howard Bush	Tamworth AC	155	130	141	143	569	414
111	26	Mark Shaw	Aldridge RC	146	121		156	423	423
112	271	Ollie Evans	Spa Striders	110	176		138	424	424
113	204	Richard Doveston	Nuneaton Harriers		143	136	147	426	426
114	234	Paul Smith	Nuneaton Harriers	131	138		158	427	427
115	206	Philip Evans	Nuneaton Harriers	154	134	145	148	581	427
116	249	Alex Hope	Severn AC	163	158	117		438	438
117	340	Tony Cheema	Wolverhampton & Bilston AC		136	127	175	438	438
118	154	Jason Gilligan	Knowle & Dorridge RC	150	306	144	151	751	445
119	33	Clive Andrews	Black Pear Joggers	130		156	161	447	447
120	261	Will Allman	Spa Striders	148	146		168	462	462
121	112	Richard Aarons	CLC Striders	119		182	162	463	463
122	400	David Rose	Knowle & Dorridge RC	153		160	157	470	470
123	393	Peter Dimbleby	Aldridge RC	151	131		193	475	475
124	320	David Brayer	Tamworth AC	180	139	173	164	656	476
125	212	Chris Hamer-Hodges	Nuneaton Harriers	164	156	158	169	647	478
126	329	John Morgan	Tamworth AC	175	152	157	195	679	484
127	115	Tim Brock	CLC Striders	169	150	166		485	485
128	209	James Gillum	Nuneaton Harriers		145	164	183	492	492
129	250	Alex Jenkins	Severn AC	181	154	162		497	497
130	243	Chris Brazier	Severn AC	188	142		173	503	503
131	390	Phil Turbard	Cheltenham & County Harrier	170		167	166	503	503
132	16	Chris Moon	Aldridge RC	172		163	171	506	506
133	248	Stephen Hale	Severn AC	189	151		167	507	507
134	225	Andrew Offor	Nuneaton Harriers	165	171	174	188	698	510
135	344	Andy Dyall	Wolverhampton & Bilston AC	182	169	165	184	700	516
136	24	Harshad Patel	Aldridge RC	162	183	189	174	708	519
137	265	Gary Cheesman	Spa Striders	187	167	168		522	522
138	273	Francesco Garbo	Spa Striders	171	161	191	192	715	523
139	242	Richard Boseley	Severn AC	219	165	187	178	749	530
140	35	Albert Ballinger	Black Pear Joggers	197	170	175		542	542
141	58	Gareth Larner	Black Pear Joggers	186	179	179	200	744	544
142	25	David Roberts	Aldridge RC		178	180	190	548	548
143	54	Gareth Denys Jones	Black Pear Joggers	193	159		202	554	554
144	155	James Hillier	Knowle & Dorridge RC	211	181	185	191	768	557
145	201	Dean Bateman	Nuneaton Harriers		187	188	186	561	561
146	21	Mark ORourke	Aldridge RC	199	172		194	565	565
147	139	David Gresswell	Gloucester AC	185	174		209	568	568
148	345	Robert Edwards	Wolverhampton & Bilston AC	217	175	192	204	788	571
149	159	Russell Lane	Knowle & Dorridge RC	203	173		197	573	573
150	299	Daniel Williamson	Spa Striders	196		184	199	579	579
151	352	Mark Illidge	Wolverhampton & Bilston AC	190		183	207	580	580
152	10	Stephen Grice	Aldridge RC	215	190	190	201	796	581
153	214	Andy Harris	Nuneaton Harriers		189	199	198	586	586
154	341	Paul Clarke	Wolverhampton & Bilston AC	201	180	206		587	587
155	169	Martin Bailey	Newcastle Staffs	209	185	193	213	800	587
156	60	Gareth Lewis	Black Pear Joggers	204	191	194		589	589
157	366	David Norman	Wolverhampton & Bilston AC	205	177		210	592	592
158	330	Tom Palmer	Tamworth AC	212	188	200	215	815	600
159	266	Ben Cohen	Spa Striders	221	193		208	622	622
160	399	Michael Ede	Cheltenham & County Harrier	216		196	212	624	624
161	37	David Bessant	Black Pear Joggers	225	194	207		626	626
162	369	Lee Partridge	Wolverhampton & Bilston AC	229	197	212	217	855	626
163	255	Hayden Nicholls	Severn AC	227	201		216	644	644
164	256	Tom Payne	Severn AC	226		205	218	649	649
165	337	Russ Blair	Wolverhampton & Bilston AC	230		214	219	663	663

166	440	Jonny Morris	Wolverhampton & Bilston AC			3	2	5	5
167	151	Charlie Worsfold	Gloucester AC		5		5	10	10
168	88	Chris Perrin	Cannock & Stafford AC	4	7			11	11
169	325	Peter Hackett	Tamworth AC		11	12		23	23
170	454	Will Ferguson	CLC Striders			9	20	29	29
171	453	Richard Elsworthy	CLC Striders			13	22	35	35
172	434	Daniel Lightfoot	Black Pear Joggers			11	24	35	35
173	182	Lewis Nagington	Newcastle Staffs	28	10			38	38
174	27	Adam Smith	Aldridge RC	14	27			41	41
175	252	Steve Kenyon	Severn AC	24			18	42	42
176	133	Joe Willgoss	CLC Striders	26		19		45	45
177	259	Peter Stephens	Severn AC	29	22			51	51
178	308	Dean Mawby	Stratford Upon Avon AC	16	36			52	52
179	135	Aleksei Chernyshev	Gloucester AC	37	17			54	54
180	64	Marcus Mumford	Black Pear Joggers	23		32		55	55
181	221	Ian Mansell	Nuneaton Harriers		37		19	56	56
182	406	Jamie Hall	Stratford Upon Avon AC	13	43			56	56
183	232	Travis Scrivens	Nuneaton Harriers	38	25			63	63
184	423	Christopher Thorley	Knowle & Dorridge RC		41	38		79	79
185	389	George Sheppard	Cheltenham & County Harrier	49	33			82	82
186	223	Luke Melling	Nuneaton Harriers	47	35			82	82
187	388	Sam Wilks	Stratford Upon Avon AC			45	41	86	86
188	376	Adam Soley	Wolverhampton & Bilston AC	70		23		93	93
189	441	Alex Blair	Wolverhampton & Bilston AC			50	45	95	95
190	168	Gareth Wainwright	Knowle & Dorridge RC	35	64			99	99
191	244	Chris Brown	Severn AC	55			47	102	102
192	197	Andrew Wheeler	Newcastle Staffs		52		52	104	104
193	89	James Perrin	Cannock & Stafford AC	53	51			104	104
194	391	Finlay Willicot	Cheltenham & County Harrier	40		66		106	106
195	450	Al Daitt	Cheltenham & County Harriers			61	57	118	118
196	411	Jon Biddle	Cannock & Stafford AC		54	67		121	121
197	442	Chris Wallace	Spa Striders			62	64	126	126
198	332	Gordon Smith	Tamworth AC		56	71		127	127
199	449	Dan Nurse	Severn AC			86	54	140	140
200	457	Rene Vergo	Knowle & Dorridge RC			70	71	141	141
201	141	Luke Hine	Gloucester AC			88	69	157	157
202	443	Ben Smith	Spa Striders			87	83	170	170
203	31	Daniel Williams	Aldridge RC	94			81	175	175
204	315	David Teasdale	Stratford Upon Avon AC	75			104	179	179
205	233	Tyler Selway	Nuneaton Harriers	113	83			196	196
206	111	James Wilkinson	Cheltenham & County Harrier	89		107		196	196
207	106	Daniel Minors	Cheltenham & County Harrier	102	95			197	197
208	231	Johnathan Ritchie	Nuneaton Harriers		110	90		200	200
209	448	Aaron Hoyle	Severn AC			105	107	212	212
210	34	Chris Attwood	Black Pear Joggers			129	86	215	215
211	247	Rich Frape	Severn AC	120		98		218	218
212	385	Paul Baker	Knowle & Dorridge RC		104		116	220	220
213	304	Paul Faithfull	Stratford Upon Avon AC	124	100			224	224
214	374	Joe St Quinton	Wolverhampton & Bilston AC			126	112	238	238
215	403	Andy Horton	Wolverhampton & Bilston AC	128		116		244	244
216	289	David Mills	Spa Striders	122			126	248	248
217	307	Adrian Mason	Stratford Upon Avon AC	144	108			252	252
218	144	Andy Noakes	Gloucester AC	125		131		256	256
219	90	Scott Rabin	Cannock & Stafford AC	116		142		258	258
220	305	Tim Hutchinson	Stratford Upon Avon AC		115		145	260	260
221	147	Will Singer	Gloucester AC	156		106		262	262
222	98	Matthew Evans	Cheltenham & County Harrier	138		128		266	266
223	445	Luke Bennett	Spa Striders			125	144	269	269
224	426	Gethyn Friswell	Spa Striders		124		155	279	279
225	412	Stuart Lawrence George	Stratford Upon Avon AC		140		140	280	280
226	314	Peter Sugden	Stratford Upon Avon AC	142	141			283	283
227	227	Andy Parkes	Nuneaton Harriers	158	125			283	283
228	316	Wayne Vickers	Stratford Upon Avon AC		133	155		288	288
229	267	Andy Collins	Spa Striders	127		161		288	288
230	71	Daniel Scolari	Black Pear Joggers	152		139		291	291
231	47	Chris Harris	Black Pear Joggers			143	149	292	292
232	433	Danny Leighton	Cannock & Stafford AC			149	146	295	295
233	298	Pete Teevan	Spa Striders	141			163	304	304
234	53	Jeremy Jones	Black Pear Joggers	173		150		323	323
235	254	Charlie Millman	Severn AC	176		151		327	327
236	44	Kirk Denton	Black Pear Joggers			152	177	329	329

237	286	Glen Mcilreavy	Spa Striders			154	180	334	334
238	451	Ross Swain	Cheltenham & County Harriers			178	160	338	338
239	452	Gary Farquarson	CLC Striders			170	181	351	351
240	429	Carlos Vallejo	Spa Striders		168		187	355	355
241	295	Haydn Russell	Spa Striders	194		172		366	366
242	127	Eoin McQuone	CLC Striders	183		186		369	369
243	9	Duncan Gould	Aldridge RC	206	164			370	370
244	121	Joel Freeland	CLC Striders	210	166			376	376
245	100	Ian Giles	Cheltenham & County Harrier	195			182	377	377
246	48	Michael Harte	Black Pear Joggers	207	182			389	389
247	274	Tom Gotts	Spa Striders	198		195		393	393
248	36	Christopher Berry	Black Pear Joggers		186		214	400	400
249	219	Alex Kismul	Nuneaton Harriers		195		211	406	406
250	428	Colin Talbot	Spa Striders		199	209		408	408
251	211	Ron Glenn	Nuneaton Harriers		200	213		413	413
252	49	Wayne Hartley	Black Pear Joggers	214		204		418	418
253	118	Andrew Danson	CLC Striders	218		201		419	419
254	319	Derek Bolton	Tamworth AC	224	196			420	420
255	55	James Kent	Black Pear Joggers	232	202			434	434
256	294	Simon Reiter	Spa Striders	223		211		434	434
257	356	Louie Lambeth	Wolverhampton & Bilston AC				11	11	11
258	354	Tom Isherwood	Wolverhampton & Bilston AC	15				15	15
259	322	Robert Dyjak	Tamworth AC			16		16	16
260	331	Teddy Shum	Tamworth AC			18		18	18
261	45	Nick Drabble	Black Pear Joggers	22				22	22
262	136	Anthony Cruise	Gloucester AC	27				27	27
263	143	Steve Millward	Gloucester AC			34		34	34
264	104	Stewart Merry	Cheltenham & County Harrier	36				36	36
265	416	Isheanesu Mupfupi	Gloucester AC		42			42	42
266	293	Oscar Palmer	Spa Striders		44			44	44
267	407	Andrew De-Camps	Gloucester AC	45				45	45
268	73	Mark Thomas	Black Pear Joggers			47		47	47
269	910	Ian Porter	CLC Striders				51	51	51
270	447	Paul Horsfall	Severn AC			51		51	51
271	402	Marc Barnett	Gloucester AC			54		54	54
272	405	Jamie Bell	Cheltenham & County Harriers			55		55	55
273	82	Robert Gorman	Cannock & Stafford AC	59				59	59
274	917	Adam Jones	Black Pear Joggers				65	65	65
275	914	Tyler Hawley	Wolverhampton & Bilston AC				68	68	68
276	424	Al Raitt	Cheltenham & County Harriers		70			70	70
277	394	Torsten Roesler	Knowle & Dorridge RC	71				71	71
278	347	Joe Flatley	Wolverhampton & Bilston AC				75	75	75
279	120	James Endicott	CLC Striders	81				81	81
280	372	Ben Pilsbury	Wolverhampton & Bilston AC	82				82	82
281	446	Shaun Green	Black Pear Joggers			84		84	84
282	222	Andrew Massey	Nuneaton Harriers		89			89	89
283	268	Samuel Davison	Spa Striders				90	90	90
284	291	George Naylor	Spa Striders	92				92	92
285	909	Alex Bailey	Nuneaton Harriers				92	92	92
286	422	Ben Hope	Severn AC		92			92	92
287	907	Damian Dodd	Severn AC				94	94	94
288	438	Adam Blackmore	Black Pear Joggers			94		94	94
289	413	Kieran Tursner	Stratford Upon Avon AC		96			96	96
290	81	Malcolm Eustace	Cannock & Stafford AC	99				99	99
291	75	Ian Wild	Black Pear Joggers			99		99	99
292	458	Robert Mundy	Knowle & Dorridge RC			100		100	100
293	85	James McCann	Cannock & Stafford AC			101		101	101
294	187	Matthew Robinson	Newcastle Staffs		102			102	102
295	107	Elliot Prince	Cheltenham & County Harriers		103			103	103
296	119	Chris Driskell	CLC Striders	103				103	103
297	409	Eddie Rollason	CLC Striders	104				104	104
298	901	Dan Gambrill	Cannock & Stafford AC				105	105	105
299	66	Jon Newey	Black Pear Joggers	107				107	107
300	38	Paul Childs	Black Pear Joggers				109	109	109
301	444	Alex Fleeming	Spa Striders			113		113	113
302	415	Dan Sullivan	Nuneaton Harriers		113			113	113
303	93	Darrell Wilde	Cannock & Stafford AC				113	113	113
304	435	Daniel Harris	Black Pear Joggers			114		114	114
305	903	Samuel Cartlidge	Cannock & Stafford AC				115	115	115
306	124	Jon Howes	CLC Striders	117				117	117
307	140	Ryan Hearn	Gloucester AC			123		123	123

308	264	Nev Chapman	Spa Striders	126				126	126
309	918	Sebastian Jennings	Knowle & Dorridge RC				128	128	128
310	364	Dave Newport	Wolverhampton & Bilston AC	132				132	132
311	5	Scott Davies	Aldridge RC		132			132	132
312	190	Andrew Sproson	Newcastle Staffs				133	133	133
313	401	Tom Foster	CLC Striders	134				134	134
314	312	David Smyth	Stratford Upon Avon AC	137				137	137
315	14	Stewart Jones	Aldridge RC		137			137	137
316	375	Paul Rogers	Wolverhampton & Bilston AC				137	137	137
317	278	Richard Humphrey	Spa Striders		147			147	147
318	275	James Hartwright	Spa Striders		148			148	148
319	83	Jamie Graham	Cannock & Stafford AC			148		148	148
320	128	William Pearce	CLC Striders	149				149	149
321	343	Paul Dean	Wolverhampton & Bilston AC				153	153	153
322	126	Nick Ledwold	CLC Striders		153			153	153
323	102	Andrew Kaighin	Cheltenham & County Harriers				154	154	154
324	4	Philip Brayford	Aldridge RC		155			155	155
325	96	Steve Bradley	Cheltenham & County Harrier	157				157	157
326	11	Lee Harris	Aldridge RC	159				159	159
327	6	Daniel Day	Aldridge RC		160			160	160
328	213	Steve Hargrave	Nuneaton Harriers	161				161	161
329	417	Michael Hall	Gloucester AC		162			162	162
330	431	Rhys Pippard	Cheltenham & County Harriers		163			163	163
331	370	Jay Patel	Wolverhampton & Bilston AC				165	165	165
332	241	Christopher Anderson	Severn AC	167				167	167
333	351	Pete Hood	Wolverhampton & Bilston AC	168				168	168
334	439	Nicholas Adams	Black Pear Joggers			169		169	169
335	912	Kevin Goodwill	Cheltenham & County Harriers				170	170	170
336	459	Chris Wilson	Spa Striders			171		171	171
337	396	Ed Bower	Knowle & Dorridge RC				172	172	172
338	130	Andy Richardson	CLC Striders	174				174	174
339	46	Simon Griffiths	Black Pear Joggers			176		176	176
340	908	Robert Buckley	Gloucester AC				176	176	176
341	67	Simon Pettifer	Black Pear Joggers			177		177	177
342	251	Mark Keeling	Severn AC	177				177	177
343	39	Rob Ciancio	Black Pear Joggers	178				178	178
344	114	Daniel Bazzard	CLC Striders	179				179	179
345	410	Nick Campbell	Stratford Upon Avon AC				179	179	179
346	432	Mark Green	Cannock & Stafford AC			181		181	181
347	392	Dave Williams	Tamworth AC	184				184	184
348	208	James Gilder	Nuneaton Harriers		184			184	184
349	913	Dale Langley	Tamworth AC				185	185	185
350	285	Shaun Martin	Spa Striders				189	189	189
351	103	Liam Kearns	Cheltenham & County Harrier	191				191	191
352	19	Colin Nicholls	Aldridge RC		192			192	192
353	132	Jack Wilde	CLC Striders	192				192	192
354	335	Greg Asbury	Wolverhampton & Bilston AC				196	196	196
355	62	Darren Mckay	Black Pear Joggers			197		197	197
356	152	Peter Austin	Knowle & Dorridge RC			198		198	198
357	418	Ben Barber	Nuneaton Harriers		198			198	198
358	290	Marc Moon	Spa Striders	200				200	200
359	137	Arthur Daley	Gloucester AC			202		202	202
360	146	Matt Singer	Gloucester AC	202				202	202
361	456	Jack Miness	Stratford Upon Avon AC			203		203	203
362	29	Martin Wall	Aldridge RC				203	203	203
363	383	James Wright	Wolverhampton & Bilston AC				205	205	205
364	342	Dave Davies	Wolverhampton & Bilston AC				206	206	206
365	236	Nick Wilson	Nuneaton Harriers			208		208	208
366	240	Nicholas Allen	Severn AC	208				208	208
367	288	Ian McMullen	Spa Striders			210		210	210
368	149	Ian Summers	Gloucester AC	213				213	213
369	131	Colin Upton	CLC Striders	220				220	220
370	277	Alexander Hitchinson	Spa Striders	222				222	222
371	301	Adam Yeardley	Spa Striders	228				228	228
372	70	David Ronan-Hill	Black Pear Joggers	231				231	231
373	28	Leigh Sprules	Aldridge RC	233				233	233
374	269	Ian Davy	Spa Striders	234				234	234

	Junior Men	**Series Points**	Match 1	Match 2	Match 3	Match 4	Total	BestOf3

1	362	James Neilson	Wolverhampton & Bilston AC	1	2	1	2	6	4
2	353	Dylan Illidge	Wolverhampton & Bilston AC	4	4	3	3	14	10
3	181	Samuel Mensing	Newcastle Staffs	5	5	4	5	19	14
4	255	Hayden Nicholls	Severn AC	6	6		6	18	18
5	151	Charlie Worsfold	Gloucester AC		1		1	2	2
6	232	Travis Scrivens	Nuneaton Harriers	3	3			6	6
7	317	Henry Wheeler	Stratford Upon Avon AC			2	4	6	6
8	136	Anthony Cruise	Gloucester AC	2				2	2

		Masters Men	**Series Points**	Match 1	Match 2	Match 3	Match 4	Total
1		A Team	Black Pear Joggers	34	74	45	79	232
2			Wolverhampton & Bilston AC	39	54	93	54	240
3			Aldridge RC	95	57	104	78	334
4			Severn AC	70	77	136	68	351
5			Spa Striders	124	98	97	90	409
6			CLC Striders	81	338	29	52	500
7			Nuneaton Harriers	137	75	168	139	519
8			Knowle & Dorridge RC	168	94	99	186	547
9			Stratford Upon Avon AC	152	151	166	141	610
10			Cheltenham & County Harrie	145	134	173	287	739
11			Gloucester AC	148	287	116	196	747
12			Newcastle Staffs	224	251	311	179	965
13			Tamworth AC	461	190	65	282	998
14			Cannock & Stafford AC	211		277	214	702
1		B Team	Wolverhampton & Bilston AC	144	183	300	217	844
2			Black Pear Joggers	210	354	203	194	961
3			Spa Striders	284	230	270	209	993
4			Nuneaton Harriers	256	205	283	308	1052
5			Aldridge RC	362	250	304	248	1164
6			Severn AC	253		229	230	712
7			CLC Striders	256		370	324	950
8			Stratford Upon Avon AC	378	273		375	1026
9			Cheltenham & County Harrie	281		410		691
10			Knowle & Dorridge RC		364	383		747
11			Tamworth AC			378		378

		Masters Men	**Series Points**	Match 1	Match 2	Match 3	Match 4	Total	BestOf3
1	287	Chris McKeown	Spa Striders	2	1	1	1	5	3
2	52	Adam Howard	Black Pear Joggers	4	2	2	4	12	8
3	69	Sam Plant	Black Pear Joggers	9	3	3	2	17	8
4	122	Rob Green	CLC Striders	3		5	3	11	11
5	350	Jon Hart	Wolverhampton & Bilston AC	1	4		12	17	17
6	359	Luke Maskew	Wolverhampton & Bilston AC	8	7	10	5	30	20
7	384	Christopher Ashford	Knowle & Dorridge RC		6	6	17	29	29
8	12	Liam Harrold	Aldridge RC	15	5	12	14	46	31
9	323	Tom George	Tamworth AC		12	14	10	36	36
10	22	Quentin Oury	Aldridge RC	22	16	13	9	60	38
11	258	James Rose	Severn AC	17	9	38	16	80	42
12	145	Owen Parry	Gloucester AC	16	21	17	13	67	46
13	113	Rob Barnett	CLC Striders	21		11	18	50	50
14	217	Chris Jordan	Nuneaton Harriers	18	13	21	36	88	52
15	94	Phil Wolfe	Cannock & Stafford AC	25	10	19	30	84	54
16	23	Toby Oury	Aldridge RC		25	20	11	56	56
17	348	Ben Foster	Wolverhampton & Bilston AC	23	20	22	22	87	64
18	382	Gary Worrall	Wolverhampton & Bilston AC		23	33	15	71	71
19	313	Tom Southall	Stratford Upon Avon AC		27	24	21	72	72
20	95	Heath Bampton	Cheltenham & County Harrier	28	19	31		78	78
21	193	Craig Taylor	Newcastle Staffs	29		27	29	85	85
22	257	Lee Rankin	Severn AC	36	28	29	28	121	85
23	361	Derrick Milligan	Wolverhampton & Bilston AC	30	34		27	91	91
24	263	Richard Brent-Spear	Spa Striders	56	39	32	25	152	96
25	272	Daniel Fleming	Spa Striders	37	30	34	33	134	97
26	336	Ashley Atkinson	Wolverhampton & Bilston AC	38	41	28		107	107
27	150	James Walters	Gloucester AC	32	45	37	38	152	107
28	358	Paul Marson	Wolverhampton & Bilston AC	31	37		40	108	108
29	43	Chris Dent	Black Pear Joggers	41	26	51	41	159	108
30	245	David Clarke	Severn AC	40	32	43	39	154	111
31	163	Tim Price	Knowle & Dorridge RC	34	40	40		114	114

32	279	John-Paul Hunt	Spa Striders	42	29	62	47	180	118
33	296	Andy Shilling	Spa Striders	43	38	42	51	174	123
34	56	Adam Knights	Black Pear Joggers	53	43	44	43	183	130
35	97	Matt Dwerryhouse	Cheltenham & County Harrier	50		47	34	131	131
36	408	Martin Foster	Cheltenham & County Harrier	49	44	41		134	134
37	226	Terence Orourke	Nuneaton Harriers	51	33	53	54	191	137
38	215	Garry Hodgkins	Nuneaton Harriers	60	49	49	42	200	140
39	203	Matt Collins	Nuneaton Harriers	46	46	50	58	200	142
40	101	Andy Gore	Cheltenham & County Harrier	74	36	54	53	217	143
41	414	Huw Crossweller	Stratford Upon Avon AC		68	39	45	152	152
42	8	Ben Dean	Aldridge RC		42	59	52	153	153
43	68	Jonathan Phillips	Black Pear Joggers	54	59		50	163	163
44	40	Adrian Cox	Black Pear Joggers	65	52	58	55	230	165
45	194	Tim Twentyman	Newcastle Staffs	66	47		60	173	173
46	87	Craig Pearson	Cannock & Stafford AC	67	61	64	71	263	192
47	205	Jack Easthope	Nuneaton Harriers	47		65	82	194	194
48	86	Thomas Orton	Cannock & Stafford AC	64	54	77	96	291	195
49	178	Neil Gerrity	Newcastle Staffs	68		63	66	197	197
50	427	Keith Wilson	Spa Striders		64	72	62	198	198
51	1	Thomas Archer	Aldridge RC	85		70	48	203	203
52	300	Chris Wilson	Spa Striders	84	53		68	205	205
53	123	Adam Greenwood	CLC Striders	72	63		72	207	207
54	378	Dan Vaughan	Wolverhampton & Bilston AC		71	67	69	207	207
55	153	David Carbutt	Knowle & Dorridge RC	80	69	73	67	289	209
56	20	Ryan Noon	Aldridge RC		66	74	73	213	213
57	7	Neil Day	Aldridge RC	88	70	71	78	307	219
58	218	Matthew Kinsella	Nuneaton Harriers	63	80	83	80	306	223
59	199	Scott Zikmanis	Newcastle Staffs	61		93	70	224	224
60	18	Michael Morley	Aldridge RC		77	89	75	241	241
61	327	Doug Ladkin	Tamworth AC		73	85	85	243	243
62	129	Liam Richardson	CLC Striders	91	85	81	77	334	243
63	125	Robert Hyams	CLC Striders	103	93	79	76	351	248
64	311	Michael Sheppard	Stratford Upon Avon AC	109	78	80	91	358	249
65	349	Adam Guy	Wolverhampton & Bilston AC	94	79	90	81	344	250
66	262	Tim Beresford	Spa Striders	86	74	99	92	351	252
67	321	Howard Bush	Tamworth AC	99	81	86	86	352	253
68	26	Mark Shaw	Aldridge RC	93	72		94	259	259
69	206	Philip Evans	Nuneaton Harriers	98	84	88	89	359	261
70	204	Richard Doveston	Nuneaton Harriers		92	82	88	262	262
71	234	Paul Smith	Nuneaton Harriers	82	88		95	265	265
72	340	Tony Cheema	Wolverhampton & Bilston AC		86	75	109	270	270
73	33	Clive Andrews	Black Pear Joggers	81		96	98	275	275
74	249	Alex Hope	Severn AC	106	102	69		277	277
75	112	Richard Aarons	CLC Striders	70		118	99	287	287
76	320	David Brayer	Tamworth AC	121	89	110	101	421	300
77	393	Peter Dimbleby	Aldridge RC	96	82		126	304	304
78	212	Chris Hamer-Hodges	Nuneaton Harriers	107	101	98	105	411	304
79	209	James Gillum	Nuneaton Harriers		94	101	117	312	312
80	115	Tim Brock	CLC Striders	112	97	103		312	312
81	329	John Morgan	Tamworth AC	117	99	97	128	441	313
82	390	Phil Turbard	Cheltenham & County Harrier	113		104	103	320	320
83	248	Stephen Hale	Severn AC	128	98		104	330	330
84	225	Andrew Offor	Nuneaton Harriers	108	113	111	121	453	332
85	344	Andy Dyall	Wolverhampton & Bilston AC	122	112	102	118	454	332
86	24	Harshad Patel	Aldridge RC	105	124	124	108	461	337
87	265	Gary Cheesman	Spa Striders	127	110	105		342	342
88	242	Richard Boseley	Severn AC	151	108	122	112	493	342
89	273	Francesco Garbo	Spa Striders	114	104	126	125	469	343
90	25	David Roberts	Aldridge RC		119	116	123	358	358
91	58	Gareth Larner	Black Pear Joggers	126	120	115	132	493	361
92	155	James Hillier	Knowle & Dorridge RC	144	122	120	124	510	366
93	201	Dean Bateman	Nuneaton Harriers		128	123	119	370	370
94	21	Mark ORourke	Aldridge RC	133	114		127	374	374
95	345	Robert Edwards	Wolverhampton & Bilston AC	149	117	127	135	528	379
96	159	Russell Lane	Knowle & Dorridge RC	136	115		130	381	381
97	139	David Gresswell	Gloucester AC	125	116		140	381	381
98	352	Mark Illidge	Wolverhampton & Bilston AC	129		119	138	386	386
99	10	Stephen Grice	Aldridge RC	147	130	125	133	535	388
100	341	Paul Clarke	Wolverhampton & Bilston AC	134	121	139		394	394
101	214	Andy Harris	Nuneaton Harriers		129	134	131	394	394
102	169	Martin Bailey	Newcastle Staffs	142	126	128	144	540	396

103	60	Gareth Lewis	Black Pear Joggers	137	131	129		397	397
104	366	David Norman	Wolverhampton & Bilston AC	138	118		141	397	397
105	399	Michael Ede	Cheltenham & County Harrier	148		131	143	422	422
106	266	Ben Cohen	Spa Striders	153	133		139	425	425
107	369	Lee Partridge	Wolverhampton & Bilston AC	158	137	145	146	586	428
108	37	David Bessant	Black Pear Joggers	156	134	140		430	430
109	256	Tom Payne	Severn AC	157		138	147	442	442
110	337	Russ Blair	Wolverhampton & Bilston AC	159		147	148	454	454
111	454	Will Ferguson	CLC Striders			4	8	12	12
112	27	Adam Smith	Aldridge RC	6	11			17	17
113	252	Steve Kenyon	Severn AC	12			6	18	18
114	133	Joe Willgoss	CLC Striders	13		9		22	22
115	221	Ian Mansell	Nuneaton Harriers		15		7	22	22
116	259	Peter Stephens	Severn AC	14	8			22	22
117	406	Jamie Hall	Stratford Upon Avon AC	5	18			23	23
118	64	Marcus Mumford	Black Pear Joggers	11		15		26	26
119	423	Christopher Thorley	Knowle & Dorridge RC		17	18		35	35
120	223	Luke Melling	Nuneaton Harriers	26	14			40	40
121	388	Sam Wilks	Stratford Upon Avon AC			23	19	42	42
122	197	Andrew Wheeler	Newcastle Staffs		22		24	46	46
123	244	Chris Brown	Severn AC	27			20	47	47
124	168	Gareth Wainwright	Knowle & Dorridge RC	19	31			50	50
125	332	Gordon Smith	Tamworth AC		24	36		60	60
126	442	Chris Wallace	Spa Striders			30	31	61	61
127	449	Dan Nurse	Severn AC			45	26	71	71
128	457	Rene Vergo	Knowle & Dorridge RC			35	37	72	72
129	141	Luke Hine	Gloucester AC			46	35	81	81
130	315	David Teasdale	Stratford Upon Avon AC	39			56	95	95
131	31	Daniel Williams	Aldridge RC	52			44	96	96
132	106	Daniel Minors	Cheltenham & County Harrier	57	50			107	107
133	111	James Wilkinson	Cheltenham & County Harrier	48		61		109	109
134	231	Johnathan Ritchie	Nuneaton Harriers		62	48		110	110
135	448	Aaron Hoyle	Severn AC			60	59	119	119
136	34	Chris Attwood	Black Pear Joggers			76	46	122	122
137	385	Paul Baker	Knowle & Dorridge RC		58		65	123	123
138	247	Rich Frape	Severn AC	71		55		126	126
139	304	Paul Faithfull	Stratford Upon Avon AC	75	55			130	130
140	403	Andy Horton	Wolverhampton & Bilston AC	79		68		147	147
141	289	David Mills	Spa Striders	73			74	147	147
142	307	Adrian Mason	Stratford Upon Avon AC	92	60			152	152
143	144	Andy Noakes	Gloucester AC	76		78		154	154
144	305	Tim Hutchinson	Stratford Upon Avon AC		67		87	154	154
145	426	Gethyn Friswell	Spa Striders		75		93	168	168
146	412	Stuart Lawrence George	Stratford Upon Avon AC		90		84	174	174
147	227	Andy Parkes	Nuneaton Harriers	101	76			177	177
148	47	Chris Harris	Black Pear Joggers			87	90	177	177
149	267	Andy Collins	Spa Striders	78		100		178	178
150	316	Wayne Vickers	Stratford Upon Avon AC		83	95		178	178
151	71	Daniel Scolari	Black Pear Joggers	97		84		181	181
152	314	Peter Sugden	Stratford Upon Avon AC	90	91			181	181
153	298	Pete Teevan	Spa Striders	89			100	189	189
154	44	Kirk Denton	Black Pear Joggers			92	111	203	203
155	53	Jeremy Jones	Black Pear Joggers	115		91		206	206
156	286	Glen Mcilreavy	Spa Striders			94	114	208	208
157	451	Ross Swain	Cheltenham & County Harriers			114	97	211	211
158	452	Gary Farquarson	CLC Striders			107	115	222	222
159	429	Carlos Vallejo	Spa Striders		111		120	231	231
160	295	Haydn Russell	Spa Striders	130		109		239	239
161	127	Eoin McQuone	CLC Striders	123		121		244	244
162	9	Duncan Gould	Aldridge RC	139	107			246	246
163	100	Ian Giles	Cheltenham & County Harrier	131			116	247	247
164	121	Joel Freeland	CLC Striders	143	109			252	252
165	274	Tom Gotts	Spa Striders	132		130		262	262
166	48	Michael Harte	Black Pear Joggers	140	123			263	263
167	36	Christopher Berry	Black Pear Joggers		127		145	272	272
168	219	Alex Kismul	Nuneaton Harriers		135		142	277	277
169	428	Colin Talbot	Spa Striders		138	142		280	280
170	49	Wayne Hartley	Black Pear Joggers	146		137		283	283
171	211	Ron Glenn	Nuneaton Harriers		139	146		285	285
172	118	Andrew Danson	CLC Striders	150		135		285	285
173	319	Derek Bolton	Tamworth AC	155	136			291	291

174	294	Simon Reiter	Spa Striders	154		144		298	298
175	55	James Kent	Black Pear Joggers	161	140			301	301
176	354	Tom Isherwood	Wolverhampton & Bilston AC	7				7	7
177	322	Robert Dyjak	Tamworth AC			7		7	7
178	331	Teddy Shum	Tamworth AC			8		8	8
179	45	Nick Drabble	Black Pear Joggers	10				10	10
180	143	Steve Millward	Gloucester AC			16		16	16
181	104	Stewart Merry	Cheltenham & County Harrier	20				20	20
182	910	Ian Porter	CLC Striders				23	23	23
183	407	Andrew De-Camps	Gloucester AC	24				24	24
184	73	Mark Thomas	Black Pear Joggers			25		25	25
185	447	Paul Horsfall	Severn AC			26		26	26
186	917	Adam Jones	Black Pear Joggers				32	32	32
187	317	Henry Wheeler	Stratford Upon Avon AC	33				33	33
188	394	Torsten Roesler	Knowle & Dorridge RC	35				35	35
189	424	Al Raitt	Cheltenham & County Harriers		35			35	35
190	120	James Endicott	CLC Striders	44				44	44
191	372	Ben Pilsbury	Wolverhampton & Bilston AC	45				45	45
192	222	Andrew Massey	Nuneaton Harriers		48			48	48
193	268	Samuel Davison	Spa Striders				49	49	49
194	413	Kieran Tursner	Stratford Upon Avon AC		51			51	51
195	438	Adam Blackmore	Black Pear Joggers			52		52	52
196	81	Malcolm Eustace	Cannock & Stafford AC	55				55	55
197	75	Ian Wild	Black Pear Joggers			56		56	56
198	187	Matthew Robinson	Newcastle Staffs		56			56	56
199	107	Elliot Prince	Cheltenham & County Harriers		57			57	57
200	458	Robert Mundy	Knowle & Dorridge RC			57		57	57
201	901	Dan Gambrill	Cannock & Stafford AC				57	57	57
202	119	Chris Driskell	CLC Striders	58				58	58
203	409	Eddie Rollason	CLC Striders	59				59	59
204	38	Paul Childs	Black Pear Joggers				61	61	61
205	66	Jon Newey	Black Pear Joggers	62				62	62
206	93	Darrell Wilde	Cannock & Stafford AC				63	63	63
207	903	Samuel Cartlidge	Cannock & Stafford AC				64	64	64
208	415	Dan Sullivan	Nuneaton Harriers		65			65	65
209	435	Daniel Harris	Black Pear Joggers			66		66	66
210	124	Jon Howes	CLC Striders	69				69	69
211	264	Nev Chapman	Spa Striders	77				77	77
212	190	Andrew Sproson	Newcastle Staffs				79	79	79
213	364	Dave Newport	Wolverhampton & Bilston AC	83				83	83
214	375	Paul Rogers	Wolverhampton & Bilston AC				83	83	83
215	14	Stewart Jones	Aldridge RC		87			87	87
216	312	David Smyth	Stratford Upon Avon AC	87				87	87
217	128	William Pearce	CLC Striders	95				95	95
218	278	Richard Humphrey	Spa Striders		95			95	95
219	275	James Hartwright	Spa Striders		96			96	96
220	4	Philip Brayford	Aldridge RC		100			100	100
221	96	Steve Bradley	Cheltenham & County Harrier	100				100	100
222	370	Jay Patel	Wolverhampton & Bilston AC				102	102	102
223	11	Lee Harris	Aldridge RC	102				102	102
224	6	Daniel Day	Aldridge RC		103			103	103
225	213	Steve Hargrave	Nuneaton Harriers	104				104	104
226	417	Michael Hall	Gloucester AC		105			105	105
227	431	Rhys Pippard	Cheltenham & County Harriers		106			106	106
228	912	Kevin Goodwill	Cheltenham & County Harriers				106	106	106
229	439	Nicholas Adams	Black Pear Joggers			106		106	106
230	396	Ed Bower	Knowle & Dorridge RC				107	107	107
231	459	Chris Wilson	Spa Striders			108		108	108
232	908	Robert Buckley	Gloucester AC				110	110	110
233	241	Christopher Anderson	Severn AC	110				110	110
234	351	Pete Hood	Wolverhampton & Bilston AC	111				111	111
235	46	Simon Griffiths	Black Pear Joggers			112		112	112
236	410	Nick Campbell	Stratford Upon Avon AC				113	113	113
237	67	Simon Pettifer	Black Pear Joggers			113		113	113
238	130	Andy Richardson	CLC Striders	116				116	116
239	432	Mark Green	Cannock & Stafford AC			117		117	117
240	251	Mark Keeling	Severn AC	118				118	118
241	39	Rob Ciancio	Black Pear Joggers	119				119	119
242	114	Daniel Bazzard	CLC Striders	120				120	120
243	285	Shaun Martin	Spa Striders				122	122	122
244	392	Dave Williams	Tamworth AC	124				124	124

245	208	James Gilder	Nuneaton Harriers		125			125	125
246	335	Greg Asbury	Wolverhampton & Bilston AC				129	129	129
247	19	Colin Nicholls	Aldridge RC		132			132	132
248	62	Darren Mckay	Black Pear Joggers			132		132	132
249	152	Peter Austin	Knowle & Dorridge RC			133		133	133
250	29	Martin Wall	Aldridge RC				134	134	134
251	146	Matt Singer	Gloucester AC	135				135	135
252	137	Arthur Daley	Gloucester AC			136		136	136
253	383	James Wright	Wolverhampton & Bilston AC				136	136	136
254	342	Dave Davies	Wolverhampton & Bilston AC				137	137	137
255	240	Nicholas Allen	Severn AC	141				141	141
256	236	Nick Wilson	Nuneaton Harriers			141		141	141
257	288	Ian McMullen	Spa Striders			143		143	143
258	149	Ian Summers	Gloucester AC	145				145	145
259	131	Colin Upton	CLC Striders	152				152	152
260	70	David Ronan-Hill	Black Pear Joggers	160				160	160
261	28	Leigh Sprules	Aldridge RC	162				162	162
262	269	Ian Davy	Spa Striders	163				163	163