

Birmingham & District Invitation Cross Country League

Midland Women's Cross Country League

Saturday 3 December 2016

Hosted by Stratford upon Avon AC

13:30 Midland Women's Cross Country League

14:30 Birmingham & District Invitation Cross Country League

The course is on **Clopton Park** on the edge of Stratford upon Avon. This is a new cross country course which we hope you will enjoy. It is hilly and we strongly recommend that athletes walk and survey the course. Please familiarise yourselves with all the hazards of the course such as tree roots and the plentiful small hillocks. Spikes are recommended for the course, there are no tarmac areas

Access to the course is at the end of Clopton Road, Stratford-Upon-Avon CV37 6TE. However, there is NO parking at the course other than for officials and disabled. League officials should park at Thomas Jolyffe Primary School, Clopton Road, Stratford-Upon-Avon CV37 6TE which is a short walk to the start area. If anyone else needs to have a space here please use the contact details below. **There is no other car parking near the course so please do not try to find street parking as this will prevent further use of the course.**

All others should park in the town centre car parks and allow time to walk to the course which may take 20 minutes. We would recommend the car park adjacent to Stratford Leisure Centre, Bridgeway, Stratford Upon Avon, CV37 6YX. Direction to the start/finish area will be signed from this car park via The Welcombe Road. Bring everything you need up to the start, and go already changed - there are no changing facilities there, it is just a park and temporary toilets.

Travel Directions: Please remember that Stratford upon Avon in December can get busy, allow plenty of time for travel and the inevitable hold ups!

Directions are for Bridgeway, Stratford upon Avon, CV37 6YX

From North or South (via M40 Junction 15) or East via the A46 at Longbridge Roundabout take the A46 to Stratford. At the next roundabout take the first exit to Stratford and follow the road into the town. The car park will be immediately on the left as you bear left onto the one way system.

From West, via A46: as you approach Stratford stay on the A46 by pass until you reach the A3400 roundabout. Take the 3rd exit to town centre. Follow this road into town, (it can be very busy on a Saturday so allow plenty of time) when you reach the one way keep in the right-hand lane follow the road to the right and then the car park is on the left

The car park is pay and display so please don't forget to get a ticket.

Walking to the start/finish area: When leaving the Bridgeway car park on foot turn right and after a short walk you will reach the Warwick Road. Cross over and turn left onto Welcombe Road. Follow this up the hill and then follow the signed route to the race start.

The course

Attached is a separate course map, it is hilly and over grassland and there are likely to muddy areas. It is suitable for spikes.

Midland Women's Cross Country League 2 laps

Birmingham & District Invitation Cross Country League 3 laps

Tents can be erected at the edge of the start-finish field area of the course (if you want to drop a tent off at the course please let us know to arrange).

Toilets are adjacent to the start-finish area.

Refreshments

Stratford is full of catering establishments, the nearest to the recommended parking is in the Leisure Centre itself where you can get coffee and snacks and there are toilets.

For last minute instructions please check www.stratfordac.co.uk

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