# CHELTENHAM & COUNTY HARRIERS (Founded 1880) www.cheltenhamharriers.co.uk

#### **BIRMINGHAM & DISTRICT INVITATION CROSS COUNTRY LEAGUE DIVISION 1**

12th November 2016

Venue: Pittville Park, Tommy Taylors Lane, Cheltenham, GL50 4RN

RACE STARTS 2:30pm

#### WARNING! Allow Extra Time to travel and to PARK

Please be aware that Cheltenham Racecourse has a meeting on that afternoon. This is about 1km away from our XC course and could impact both travel times and parking. Their first race is at 12:40pm and the last race 4:05pm

There will be a closure of Evesham Road (A435) in a southbound direction, for local road users, between approximately 10.30am and 13.30pm. The road will then be closed again between or 3:00pm and 6:30pm at The Open). This will not allow non-raceday traffic to travel south to Cheltenham. Other routes will be signposted accordingly.

The closure will come into place at the crossroads between Evesham Road, Southam Lane and Hyde Lane. Cars and vans not attending the racing, but using the local roads, will be asked to use Hyde Lane towards Swindon Village and Cheltenham.

So, at Evesham at the traffic lights by the Rugby Club TURN RIGHT as the road ahead will be blocked. Follow the road go under the railway bridge, turn left & then take the next left (this takes you over the railway crossing), at mini roundabout turn RIGHT into Tommy Taylors Lane. Pittville Park on the left, Stadium on the right for Registration/Changing."

#### **Parking**

Parking is available at the Prince of Wales Stadium car park that is opposite the park. As you turn off Tommy Taylor's Lane into Prince Regent Avenue there is one car park to the right and one to to the left by the Athletics Stadium. There may be some room to park on the road on Alblemarle Gate, as well as a small car park at the top of the park. There is also a car by the leisure centre opposite the stadium which also extends behind the leisure centre. There is also another car park on the other side of Evesham Road. This car park is as close to the start as the race HQ and there are also toilets on that side of the park by the children's play area.

I HAVE PUT IN AN ADDITIONAL MAP TO SHOW THE WHERE ABOUT OF ALL CAR PARKS Allow extra time in case race goers are using places which would normally be used.

PLEASE DO NOT PARK ON PRINCE REGENT AVENUE as doing so makes it difficult to pass. This is a PRIVATE ROAD. DO NOT PARK ON ANY GRASS VEREGES on either Prince Regent Avenue or by the side of the park.

PARKING INAPPROPRIATELY WILL PUT OUR VENUE AT RISK AS RESIDENTS AND COUNCIL ARE QUITE RIGHTLY CONCERNED BY THE IMPACT OF SUCH EVENTS

#### Registration, Changing and Toilets.

Race registration and collection of numbers will all take place in the Prince of Wales Stadium. Changing & showers will be available in the stadium. Toilets are also located here. There are also public toilets on the far side of the park if you go under the underpass. These are closer to the start than the leisure centre.

#### Refreshments

There will be a limited range of drinks and confectionary etc in the stadium foyer from 1pm onwards. These are provided by the stadium rather than by Cheltenham Harriers.

#### First Aid / Medical -

LMS Ltd will be at the fixture with 2 medical technicians.

#### **Belongings**

We also urge you to lock your cars and keep a watchful eye on all belongings when in the park. The public has free access and the constant security of unattended kit etc cannot be guaranteed.

#### **Important**

It will be advisable to walk and survey the course, particularly the stream crossing. Please familiarise yourselves with all the hazards of the course such as tree roots..Spikes are recommended for the course, although runners will be required to cross over a tarmac path several times per lap.

#### **Course Map**

Is included with this letter. The start is slightly further back and different this year, but the course is still very similar and 3.25 laps totalling about 6 miles.

**TRAVEL DIRECTIONS** are also included with this letter. GL50 4RN is the postcode

#### **Remembering Dave McNamee**

Since the end of last season Dave has sadly passed away. Dave held many roles in the sport over the years and was the assistant secretary of the league as well as being a past president. He was also vice chairman of Cheltenham & County Harriers and a key man behind the scenes when we put on cross country events such as these. We will therefore have a period of applause just before the start to show our appreciation of Dave's work.

CONTACT DETAILS Andy Prophett (07758829253) prophett800@hotmail.co.uk

### Birmingham Cross Country League, Saturday 12th November 2016,

The course is **3.25 laps** and should be about 6 miles.

The Start point will be further back this year for safety reasons, but after the first minute or so its pretty much the same as last year.

From the Start (A) follow the course to point B.

The first time you get to point B follow the blue arrows to C (you only run this the first time)

Turn Right to join the red loop and follow this to point D.

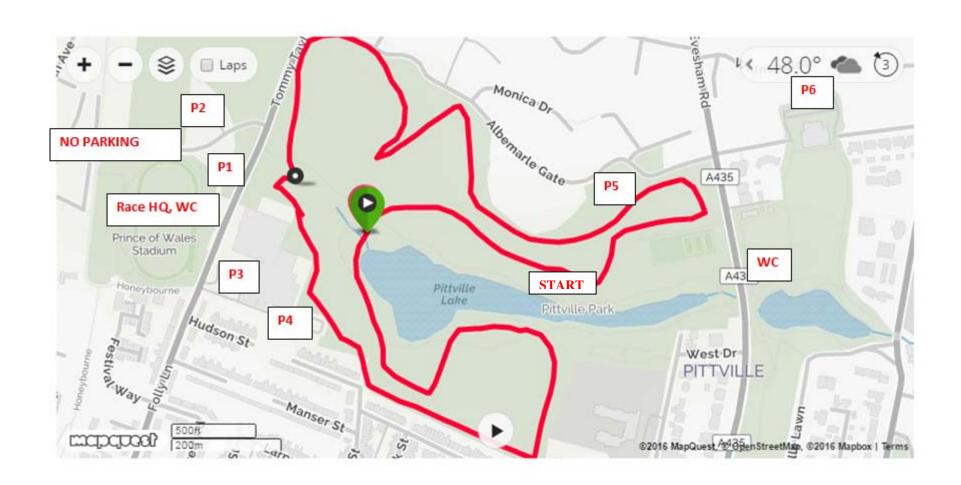
You then have 3 full laps to go. Stick on the red route. (ie when reaching B for the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> time you head down to the stream)

On reaching point D for the 4<sup>th</sup> time you follow the blue arrow to the finish



## CAR PARKS AND TOILETS

6 Car Parks shown on the map as P1-P6. Do not park in Prince Regent Way or on grass verges. Toilets at race HQ and in the park (underpass goes under the road)



#### HOW TO FIND THE PRINCE OF WALES STADIUM

