

# Birmingham & District Invitation Cross Country League

## Midland Women's Cross Country League

Saturday 7<sup>th</sup> December 2019

### Hosted by Stratford upon Avon AC

13:30 Midland Women's Cross Country League

14:30 Birmingham & District Invitation Cross Country League

### Travel & Parking

The course is on **Clopton Park** on the NE edge of Stratford upon Avon. Access to the course for drop off only, is at the end of Clopton Road, Stratford-Upon-Avon CV37 6TE. There is **NO** parking at the course other than for disabled.

League officials should park at Thomas Jolyffe Primary School, Clopton Road, Stratford-Upon-Avon CV37 6TE which is a short walk to the start area. If anyone else needs to have a space here please use the contact details below.

**There is no other car parking near the course so please do not try to find street parking as this will prevent further use of the course.**

All others should park in the town centre car parks and allow time to walk to the course . We recommend the car park adjacent to Stratford Leisure Centre, Bridgeway, Stratford Upon Avon, CV37 6YX. There is a coach park here, and you can get refreshments and use the toilets.

Bring everything you need up to the start, and go already changed - there are no changing facilities there, it is just a park and temporary toilets.

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### Travel Directions

**Please remember that Stratford upon Avon in December can get busy, allow plenty of time for travel and inevitable hold ups!**

Directions are for Bridgeway, Stratford upon Avon, CV37 6YX

From North or South (via M40 Junction 15) or East via the A46 at Longbridge Roundabout take the A46 to Stratford. At the next roundabout take the first exit to Stratford and follow the road into the town. The car park will be immediately on the left as you bear left onto the one way system.

From West, via A46: as you approach Stratford stay on the A46 by pass until you reach the A3400 roundabout. Take the 3<sup>rd</sup> exit to town centre. Follow this road into town, (it can be very busy on a Saturday so allow plenty of time) when you reach the one way keep in the right-hand lane follow the road to the right and then the car park is on the left.

The car park is pay and display so please don't forget to get a ticket.

### Walking to the course

When leaving the Bridgeway car park on foot turn right, and after a short walk you will reach the A439 Warwick Road. Cross over and turn left onto Welcombe Road. Follow this up the hill and then follow the signed route to the race start. It will take 15 - 20 minutes

### The Course

It is hilly and in places rough and we strongly recommend that athletes walk the course to familiarise themselves with hazards such as tree roots and the plentiful small hillocks. Spikes and fell shoes are recommended for the course, and there are no tarmac areas.

<https://www.mapmyrun.com/routes/view/2776959259>

**Midland Women's Cross Country League**                      **2 laps**  
**Birmingham & District Invitation Cross Country League**      **3 laps**

Tents can be erected at the edge of the start-finish field area of the course (if you want to drop a tent off at the course please let us know to arrange).

Toilets are adjacent to the start-finish area.

