Birmingham Cross Country League Div 2 Fixture 3 – 13/01/2024 hosted by Bromsgrove & Redditch AC

Bromsgrove & Redditch AC look forward to welcoming you to Ipsley Meadows for the third fixture of the 2023/24 league season.
The race will start at 14:30.

We are required by the course risk assessment agreed with Redditch Council to tell each Club and all attendees that:

- All athletes should ensure they are medically fit enough to participate in the races. First aid cover will be provided by RS Medical Services Ltd. Emergency services will be called as soon as necessary should the need arise.
- Any children in attendance must be under parental supervision at all times

We look forward to seeing you all for a good day's cross country. If you have any questions, please don't hesitate to get in touch.

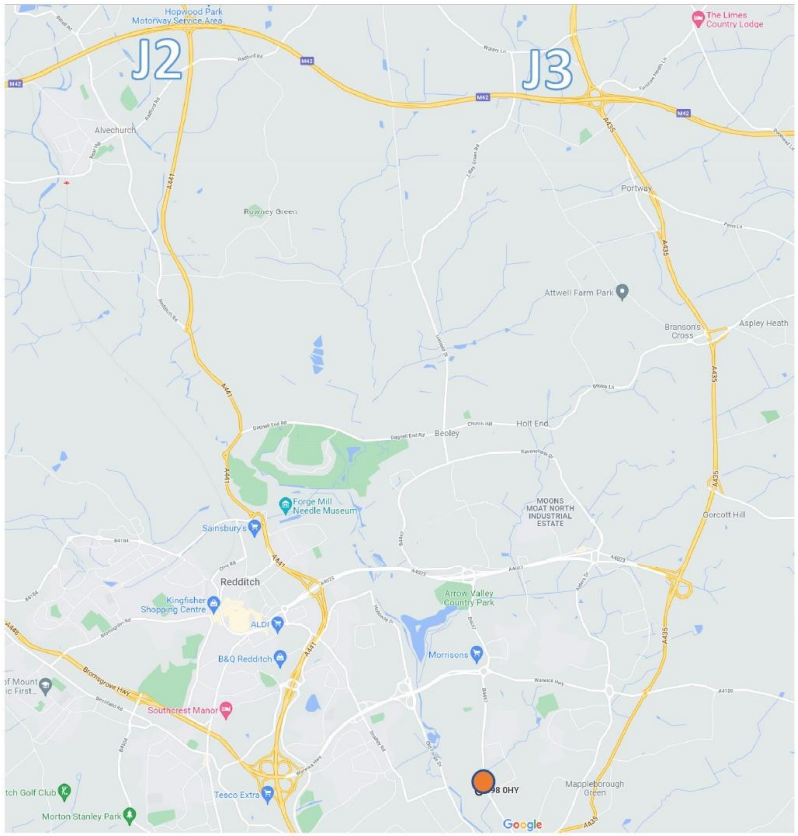
Len Quartly – 01527 501580 / ChairmanBRAC@Hotmail.com (pre race day)
07790950523 (race day only)

Pete Ball – 07730044135 / pball1090@gmail.com

Location

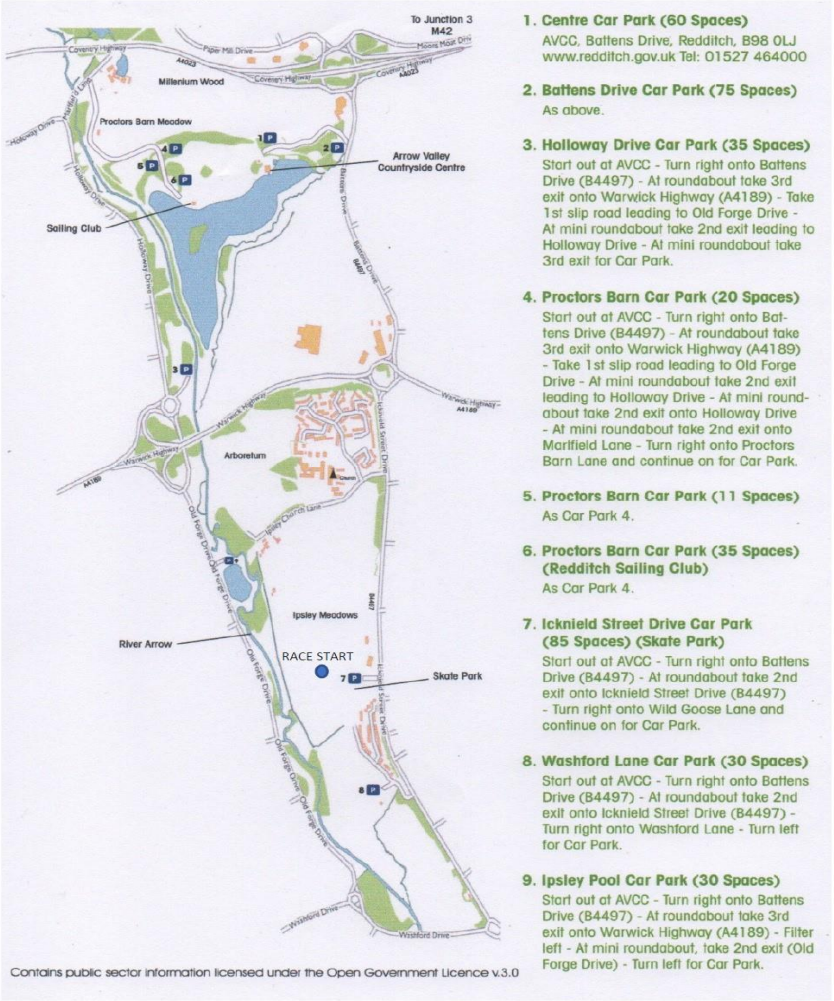
The fixture will be held at Ipsley Meadows, Icknield Street Drive, Redditch, B98 0DD

The course is approx. 6 miles from the M42 can be reached from junctions 2 (via A441) & 3 (via A435)



You are strongly advised to car share and allow plenty of time to get parked and walk to the course, especially if you find yourself using a more remote car park (see next page).

Parking

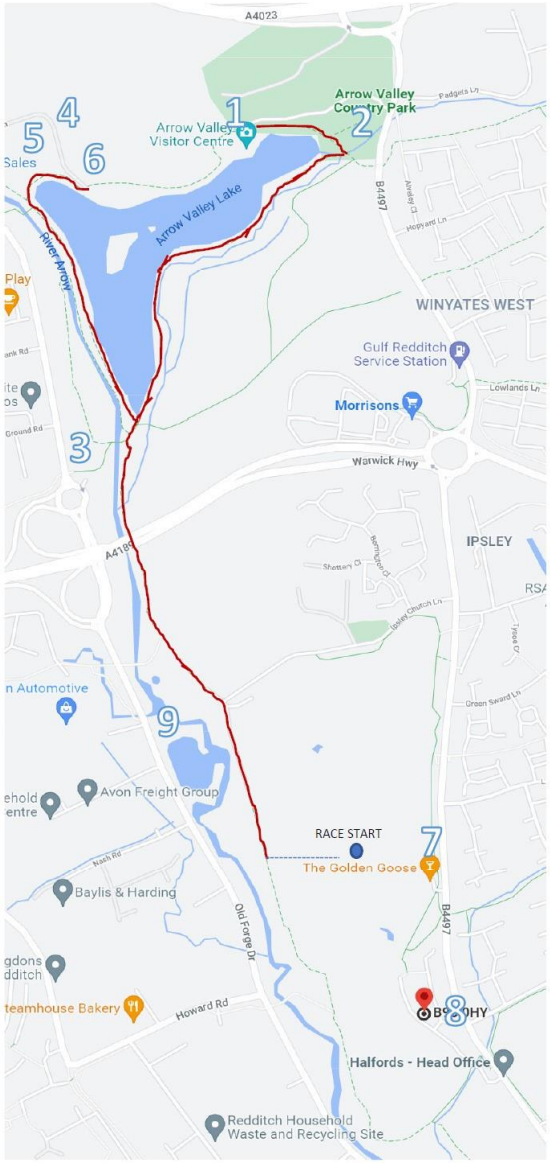


Parking close to the course will be severely limited. Note that: There is no parking on the Golden Goose car park which will be marshalled.

We expect car park 7 (Skate Park off Icknield Street Drive, B98 0DD) to be filled quickly. Note there will be a number of spaces reserved for league officials. Please do not obstruct either the access for the first aid/other emergency vehicles onto the fields or onto Icknield Street Drive. This car park will be marshalled and closed when full.

There is no parking on Washford Lane & Merevale Close as these are residential areas. This will be marshalled.
Further car parking will be available in car park 8 off Washford Lane, B98 0HY

Parking

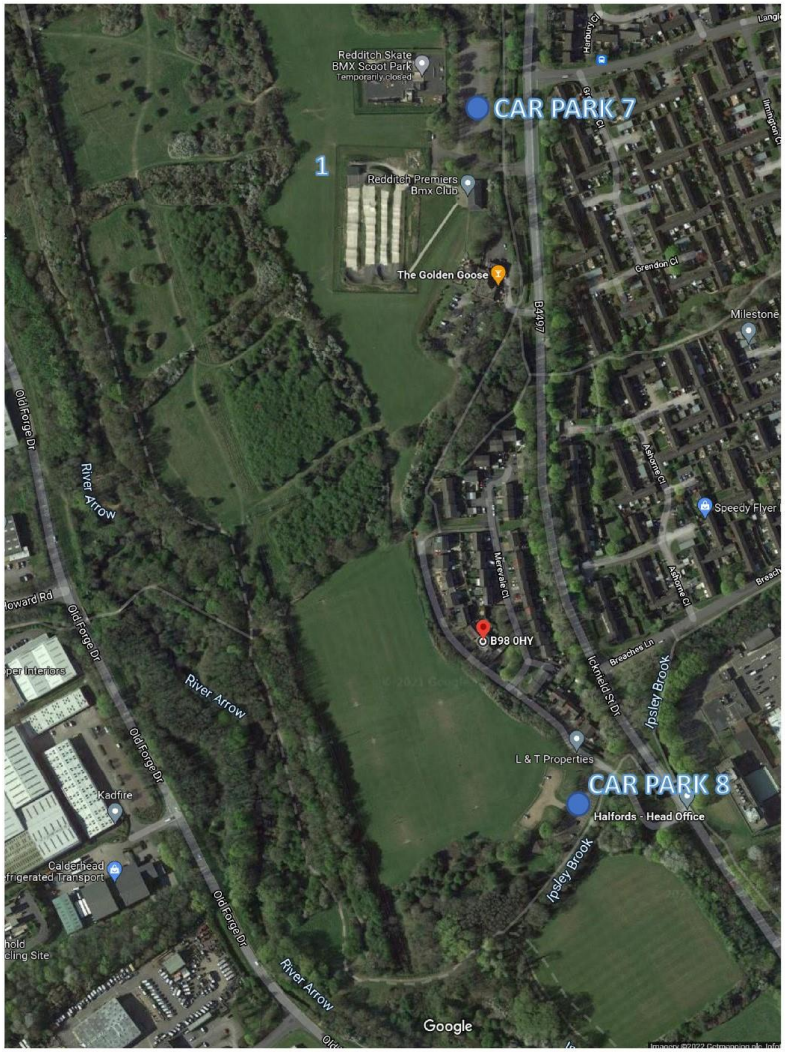


Footpaths leading from upper car parks to the course

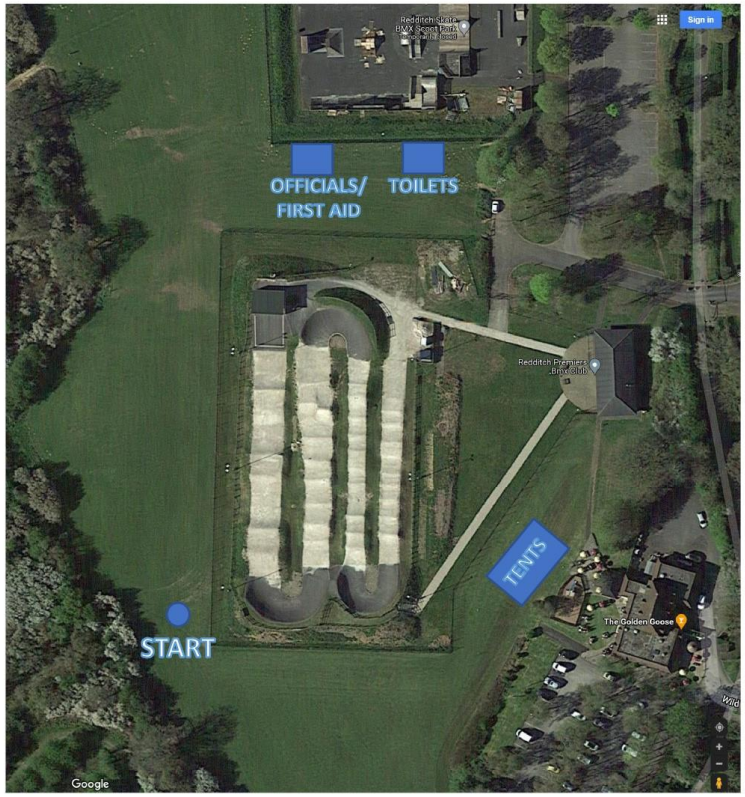
The longest distance (from car parks 1 & 2) to the start is 1.5 miles

Access to the start/tents from the tarmac path is eastwards via grass paths through gaps in hedge rows

Facilities Etc.

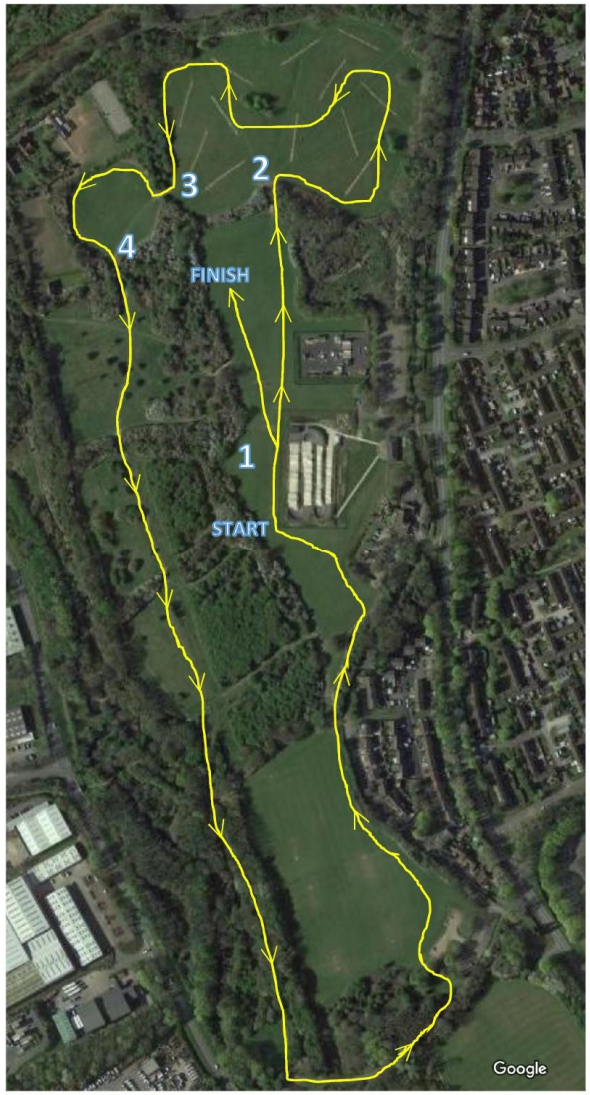


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Toilets will be placed near the start by car park 7.
Unfortunately we cannot offer changing facilities so club tents will have to be used.
Club tents can be dropped on the grass verge by the entrance to the Golden Goose car park while vehicles are parked elsewhere. Access to the tent village is then 100m distant; on foot only; and through the Golden Goose car park.

The Course



One lap of the course is approximately 1.95miles; runners will complete three laps totalling ~5.9miles
The course starts on a slight incline where runners will head straight toward the upper field via a narrow passage (see detail 2). Runners then weave around the upper field, where they will see a couple of sharper climbs before moving on via another narrow passage (see detail 3).
Following the perimeter of the small field, runners will then cross a small wooden footbridge into the flat/downhill section of the course (see detail 4). The course then opens up into a straight run down through the woodland before two left turns bring runners on to the lower field by the football pitches. It is then slightly uphill back towards the start/finish (detail 1).
We recommend that you walk/recce the course before your race. Also please be aware that the park is a public space and while marshals will endeavour to keep it clear, members of the public may be on the course.

