Wolves & Bilston AC welcomes Birmingham & District Invitation Cross Country League and Womens Midlands Cross Country League 2025

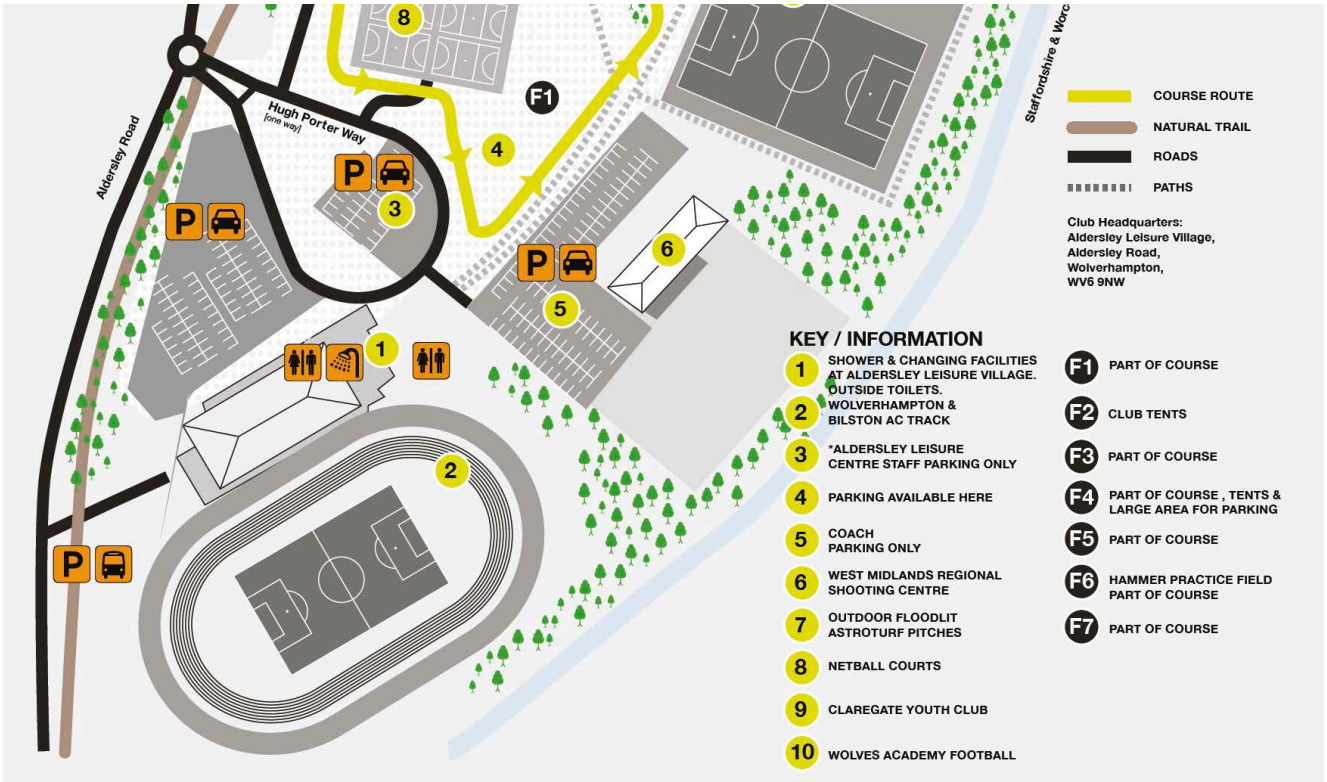
Dear Colleagues, Wolverhampton & Bilston AC welcome you to Aldersley Leisure Village Wolverhampton for the final fixture of the Division Two Birmingham & District Cross Country League & The Womens Midland Cross Country League - Saturday 8th February 2025. Postcode: **WV6 9NW**

Start times: Womens: 13.30pm Mens 14.30pm. Course map on page 3. All facilities including the main building and travel directions are included with this information sheet.

Car Parking: Please follow instruction from the car park marshals for those of you traveling by car We recommend when traveling that you car share where possible as car parking space will be limited. If teams are arriving by **mini bus or coach use car park zone 5** see facilities layout below.

Registration/Information/Officials signing will be located in the tent near the finish area for registration enquirers results and officials signing in.

Refreshments are available from Costa Coffee and a burger van will be located near the course. Toilets and showers are available in the leisure centre **NO muddy shoes.** Outside toilets are also situated just inside silver gates in the stadium, porto loos will be situated near the course.



Wolves & Bilston AC welcomes Birmingham & District Invitation Cross Country League.

Directions to WV Active Aldersley Leisure Village WV6 9NW

Approach from North Wales (A5 Shrewsbury)

Leave M54 at junction 3 – A41. Continue along A41 entering Wolverhampton. After approx. 1.5 miles, at traffic lights turn left, (signposted Aldersley / Codsall) into Lower Street. After approx ¼ mile, turn right into Aldersley Road. (Signposted Aldersley Leisure Village). Proceed through traffic signals at the top of the hill turn right at the small island which will take you to the entrance to Aldersley Leisure Village Hugh Porter way.

Approach from South (M1, M5, M6, M54)

Leave M6 at Junction with M54, (signed Telford / North Wales). Leave M54 at Junction 2 signed A449. Turn left at bottom of slip road, along A449 (Stafford Road). Proceed through a set of traffic lights straight over two roundabouts at the next set of traffic lights, turn right along Oxley Moor Road (brown sign Aldersley Stadium). Proceed along Oxley Moor Road carry on straight over three small islands, you then come to a set of traffic lights just before the railway bridge. Then on to the Aldersley road keep going straight ahead and look for the brown sign on the right Aldersley Leisure Village. Entrance to Aldersley Leisure Village is on the left sign posted Hugh Porter Way.

Approach from North – M6

Exit M6 Junction 11-Cannock. Proceed along A460 towards Wolverhampton to junction 1 of M54. Go along M54 to Junction 2, and get off, at A449, as for directions above from South, following signs for Aldersley Leisure Village/Aldersley stadium. Entrance to Aldersley Leisure Village Hugh Porter way is on the left sign posted Hugh Porter way.

Directions from Wolverhampton City Centre / Ring Road

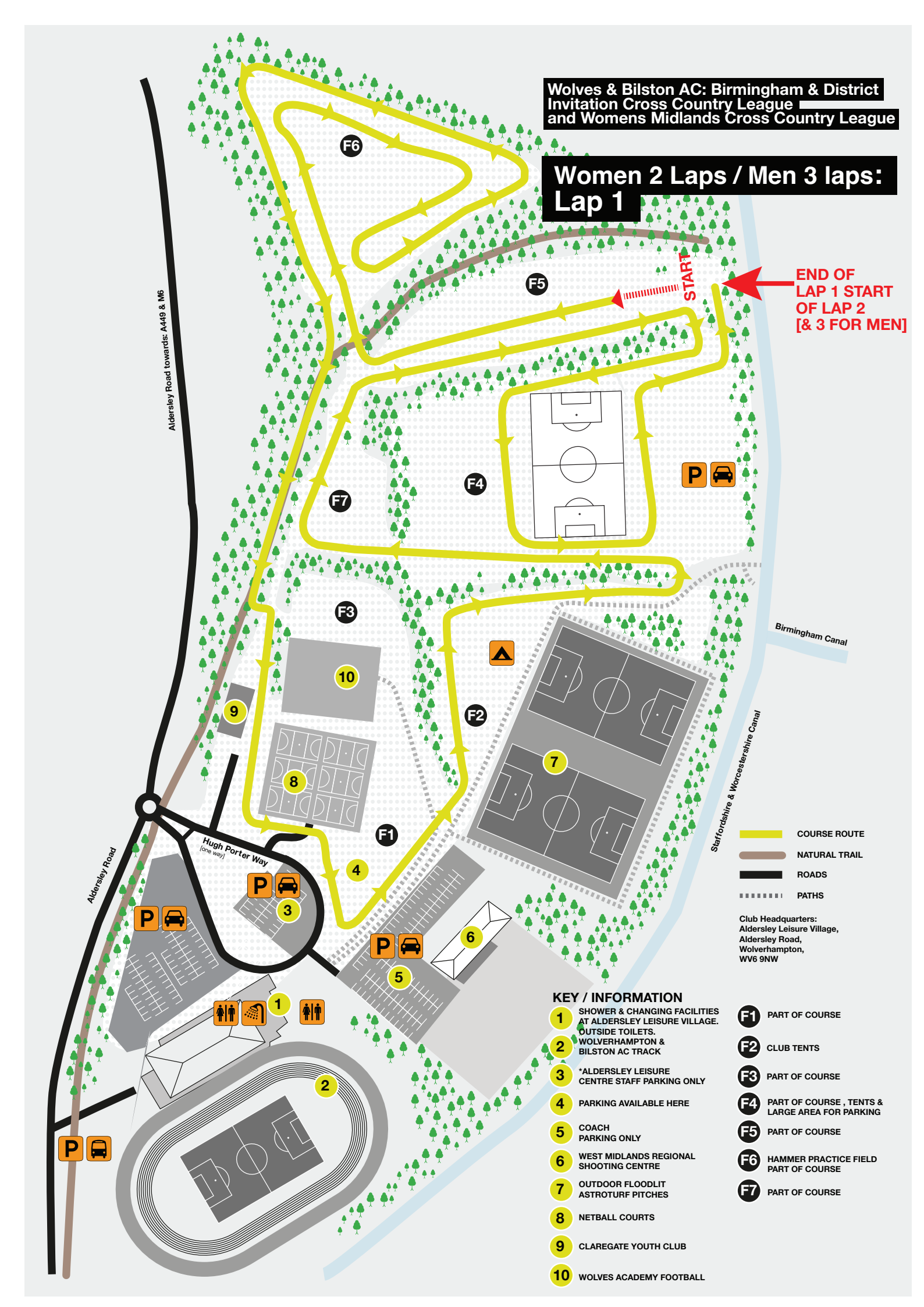
On City ring road, follow signs for A41 (North Wales) at Chapel Ash Island. Proceed along A41, Tettenhall Road, to traffic lights (Majestic Wine) on the left. Turn right along Lower Street, following signs for Aldersley Leisure Village. At the traffic lights go straight on you will be on the Aldersley road at the top of the hill turn right at the small island which will take you to the entrance to Aldersley Leisure Village Hugh Porter way.

MENS COURSE INFORMATION:

The course starts and finishes in the same field F5.
It is a 3 lap course and is approximately 6 miles. Slight change on lap 2 so please read both maps.
The course has recently had a lot of rain but is mostly firm. Large grass sections with some trail that was once and old railway track. We would recommend spikes.
*Course map is on the next page.

WOMEN'S COURSE INFORMATION:

The course starts and finishes in the same field F5.
It is a 2 lap course and is approximately 4 miles. Slight change on lap 2 so please read both maps.
The course has recently had a lot of rain but is mostly firm. Large grass sections with some trail that was once and old railway track. We would recommend spikes.
*Course map is on the next page.


Wolves & Bilston AC: Birmingham & District Invitation Cross Country League and Womens Midlands Cross Country League
Women 2 Laps / Men 3 laps: Lap 1
START
END OF LAP 1 START OF LAP 2 [& 3 FOR MEN]
Aldersley Road towards: A449 & M6
Aldersley Road
Hugh Porter Way (one way)
Birmingham Canal
Staffordshire & Worcestershire Canal
F1
F2
F3
F4
F5
F6
F7
1
2
3
4
5
6
7
8
9
10
COURSE ROUTE
NATURAL TRAIL
ROADS
PATHS
Club Headquarters:
Aldersley Leisure Village,
Aldersley Road,
Wolverhampton,
WV6 9NW
KEY / INFORMATION
1 SHOWER & CHANGING FACILITIES AT ALDERSLEY LEISURE VILLAGE. OUTSIDE TOILETS.
2 WOLVERHAMPTON & BILSTON AC TRACK
3 *ALDERSLEY LEISURE CENTRE STAFF PARKING ONLY
4 PARKING AVAILABLE HERE
5 COACH PARKING ONLY
6 WEST MIDLANDS REGIONAL SHOOTING CENTRE
7 OUTDOOR FLOODLIT ASTROTURF PITCHES
8 NETBALL COURTS
9 CLAREGATE YOUTH CLUB
10 WOLVES ACADEMY FOOTBALL
F1 PART OF COURSE
F2 CLUB TENTS
F3 PART OF COURSE
F4 PART OF COURSE , TENTS & LARGE AREA FOR PARKING
F5 PART OF COURSE
F6 HAMMER PRACTICE FIELD PART OF COURSE
F7 PART OF COURSE


Wolves & Bilston AC: Birmingham & District Invitation Cross Country League and Womens Midlands Cross Country League
Women 2 Laps / Men 3 laps: Laps 2 & 3
Start of Lap 2 for Women and Laps 2 & 3 FOR MEN
FINISH
F1
F2
F3
F4
F5
F6
F7
Aldersley Road towards: A449 & M6
Aldersley Road
Hugh Porter Way (one way)
Birmingham Canal
Staffordshire & Worcestershire Canal
COURSE ROUTE
NATURAL TRAIL
ROADS
PATHS
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10 WOLVES ACADEMY FOOTBALL
F1 PART OF COURSE
F2 CLUB TENTS
F3 PART OF COURSE
F4 PART OF COURSE , TENTS & LARGE AREA FOR PARKING
F5 PART OF COURSE
F6 HAMMER PRACTICE FIELD PART OF COURSE
F7 PART OF COURSE