MAPMYRUN
POWERED BY Outside

2025 BIRMINGHAM AND DISTRICT MENS DIV 3 / RACE 4 ROUTE

Wayne Broadbent | Created Oct 20, 2024 | Friends

Brandon, United Kingdom

x2 Short laps followed by x2 long laps

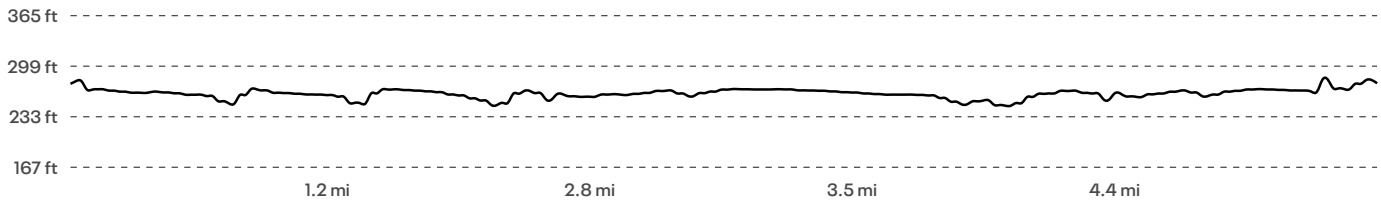
5.63 mi	77 ft	Run
Distance	Elevation Gain	Activity Type

- Log Workout
- Share
- Edit Route
- Duplicate Route
- Add Route to Website
- Print
- Download



Elevation

Start	Max	Gain
278 ft	283 ft	77 ft



MAPMYRUN
POWERED BY Outside

Download on the App Store

GET IT ON Google Play

Help

Account Settings
Privacy Center
Support
Developer / API

About

Contact Us
Join Our Team

Connect

Facebook

Outside

© 2024 Outside Interactive®, Inc. All rights reserved

Privacy Policy
Terms of Use
Cookie Policy
Manage Cookie Preferences