

TRX WOLVES AC WELCOMES YOU TO WOLVERHAMPTON

Birmingham & District Invitation Cross Country League and Women's Midland Cross Country League – 2026/27 Season

Saturday **5 December 2026** | Aldersley Leisure Village, Wolverhampton

Dear Clubs, Athletes and Officials,

On behalf of everyone at TRX Wolves AC, we are delighted to welcome you to Aldersley Leisure Village in Wolverhampton for the second fixture of the Birmingham & District Invitation Cross Country League Division Three and the Women's Midland Cross Country League for the 2026/27 season.

As a new club, we are incredibly proud to be hosting this fixture and look forward to welcoming runners, supporters and officials from across the Midlands for what promises to be a fantastic afternoon of cross country racing.

We hope you enjoy your visit to Wolverhampton and have a brilliant day of racing. Our volunteers and marshals will be on hand throughout the event, so please don't hesitate to ask if you need any assistance.

EVENT INFORMATION

Date: **Saturday 5 December 2026**

Venue: WV Active Aldersley Leisure Village, Wolverhampton

Postcode: **WV6 9NW**

Race Start Times:

Women's Race: 1.00pm

Men's Race: 2.30pm

Course Information

Women's Race – Approximately 4 miles (2 laps)

The women's race will consist of two laps of the course. Runners will be directed towards the finish near the end of their second lap.

Men's Race – Approximately 6 miles (3 laps)

The men's race will consist of three laps of the course. Runners will be directed towards the finish near the end of their third lap.

Please follow the directions of the course marshals and refer to the course map on page 4 for the full route and layout.

PARKING AND TRAVEL

WV Active **charges £4** per car for parking at Aldersley Leisure Village. Please be aware that neither TRX Wolves AC nor the leagues receive any of this money.

Parking spaces are limited, so we strongly encourage clubs and athletes to car share wherever possible.



If the main car park is full, please use suitable on-street parking outside the venue, taking care not to obstruct residents' driveways or access.

Arriving by Bus

There are regular bus services from Wolverhampton city centre. The number 6 bus runs approximately every 15 minutes, with a journey time of around 20 minutes.

Minibuses and Coaches

Clubs arriving by minibus or coach should use the designated parking area marked **F5** on the facilities map.

FACILITIES AND EVENT INFORMATION

Registration, Information and Officials

The registration and information point will be located near the finish area, marked **F4** on the facilities map.

This area will also be used for officials' signing in, race enquiries and results information.

Club Tents

Club tents must be positioned in the designated area marked **F2 ONLY.**

Please help us keep the course and surrounding areas clear by using this space.

Refreshments

Costa Coffee is located within the main leisure centre building and will be available for refreshments.

Toilets and Showers

Toilets and showers are available inside the leisure centre.

Please ensure all muddy footwear is removed before entering the building.

Additional outside toilets are located near field F2.

DIRECTIONS TO ALDERSLEY LEISURE VILLAGE

WV Active Aldersley Leisure Village, Hugh Porter Way, Wolverhampton, **WV6 9NW**

Approaching from North Wales (A5 Shrewsbury)

Leave the M54 at Junction 3 and join the A41 towards Wolverhampton.

Continue along the A41 for approximately 1.5 miles. At the traffic lights, turn left into Lower Street, signposted Aldersley/Codsall.

After approximately ¼ mile, turn right into Aldersley Road, following signs for Aldersley Leisure Village.

Continue through the traffic lights and, at the top of the hill, turn right at the small roundabout.

Follow Hugh Porter Way to the entrance of Aldersley Leisure Village.

Approaching from the South (M1, M5, M6 and M54)



From the M6, join the M54 towards Telford/ North Wales.

Leave the M54 at Junction 2, signposted A449, and turn left at the bottom of the slip road onto Stafford Road (A449).

Continue through the traffic lights and straight over two roundabouts.

At the next set of traffic lights, turn right onto Oxley Moor Road, following the brown tourist signs for Aldersley Stadium.

Continue along Oxley Moor Road, travelling straight over three small roundabouts.

At the traffic lights just before the railway bridge, continue onto Aldersley Road.

Follow the brown signs for Aldersley Leisure Village. The entrance is on the left via Hugh Porter Way.

Approaching from the North (M6)

Leave the M6 at Junction 11 (Cannock).

Follow the A460 towards Wolverhampton and join the M54 at Junction 1.

Continue to Junction 2 and exit onto the A449.

From here, follow the directions above from the South, using the signs for Aldersley Leisure Village and Aldersley Stadium.

The entrance is on the left via Hugh Porter Way.

From Wolverhampton City Centre / Ring Road

From the city ring road, follow signs for the A41 towards North Wales at Chapel Ash Island.

Continue along Tettenhall Road (A41) until you reach the traffic lights near Majestic Wine.

Turn right into Lower Street, following signs for Aldersley Leisure Village.

Continue straight ahead at the next traffic lights onto Aldersley Road.

At the top of the hill, turn right at the small roundabout and follow Hugh Porter Way to the entrance of Aldersley Leisure Village.

WE LOOK FORWARD TO SEEING YOU!

Everyone at TRX Wolves AC is looking forward to welcoming you to Wolverhampton.

A huge thank you in advance to all the clubs, athletes, officials, volunteers and supporters who help make these league fixtures possible.

We hope you enjoy the course, the racing and the atmosphere. Whether you're chasing a position, supporting your teammates or simply enjoying a proper afternoon of muddy cross country, we hope you have a fantastic day.

If you require any further information ahead of the event, please don't hesitate to contact us at **bepartoftrx@gmail.com** We'll be more than happy to help.

Safe travels, good luck and we'll see you on the start line!

TRX Wolves AC


WOLVES AC
TRX WOLVES AC: Birmingham & District Invitation Cross Country League and Women's Midlands Cross Country League
Women 2 Laps / Men 3 laps:
Each lap Approx: 2 miles
Aldersley Road towards: A449 & M6
F7
F6
F4
F5
FINISH
START
END OF LAP 1 START OF LAP 2 & LAP 3 FOR MEN
F3
Birmingham Canal
10
9
F2
8
7
Staffordshire & Worcestershire Canal
WOLVES AC WV6 9NW
Hugh Porter Way
(one way)
Aldersley Road
F1
4
6
3
5
1
2
COURSE ROUTE
NATURAL TRAIL
ROADS
PATHS
KEY / INFORMATION
1 SHOWER & CHANGING FACILITIES AT ALDERSLEY LEISURE VILLAGE.
2 WV ACTIVE TRACK
3 PARKING AVAILABLE HERE £4
4 PARKING AVAILABLE HERE £4
5 PARKING AVAILABLE HERE & COACH PARKING £4
6 WEST MIDLANDS REGIONAL SHOOTING CENTRE
7 OUTDOOR FLOODLIT ASTROTURF PITCHES
8 NETBALL COURTS
9 CLAREGATE YOUTH CLUB
10 WOLVES ACADEMY FOOTBALL
F1 PART OF COURSE
F2 CLUB TENTS ONLY
F3 PART OF COURSE
F4 PART OF COURSE
F5 PART OF COURSE
F6 PART OF COURSE
F7 PART OF COURSE